BAYLOR®

Acrobatics & Tumbling | Ferrell Center | Waco, Texas | @BaylorAcroTumb | BaylorBears.com

BAYLOR HIGH SCORES IN 2022

39.10 (4/10)
9.90 (3/8)
9.95 (3x)
10.00 (4/10)
9.10 (2/10)
29.80 (2/27)
9.95 (2x)
9.90 (3x)
9.95 (2/27)
29.90 (2/10)
9.95 (3x)
10.00 (2x)
10.00 (3x)
29.15 (3/8)
9.70 (2x)
9.70 (2x)
9.95 (4/2)
58.075 (2/27)
9.650 (2/27)
9.650 (2/16)
9.750 (3/8)
9.875 (4/10)
9.900 (2/16)
9.975 (4/2)
101.16 (3/19)



NCATA Championships – Semifinals #1 Baylor (9-0) vs. #4 Quinnipiac (6-3) Friday, Apr. 29, 2022 9 p.m. CT



Matthew Knight Arena | Eugene, Ore. Series History: Baylor leads, 11-1 Neutral: 2-0 | Home: 6-0 | Away: 3-1

Last Meeting: Baylor 284.460 \cdot 280.685, Camden, Conn., 3/19/22

Television/Live Stream: ESPN+ Live Stats: https://baylorbea.rs/3LtBDGr Live Updates on Twitter: @BaylorAcroTumb

STORYLINES

- The Bears are coming into the second meet of the Championships after a 11.205-point victory over eighth-seeded Converse in the quarterfinals on April 28 in Eugene.
- Baylor is on a 14-match winning streak, dating back to 3/27/21.
- Riley Chimwala, Bayley Humphrey and Emily Tobin were all named NCATA All-Americans on April 25. Tobin earned five Athlete of the Week honors with Humphrey earning three Specialist titles.
- The Bears were the No. 1 team in all sets of Championship Rankings.
- Baylor was named the preseason favorite in the NCATA poll on Feb. 9.
- Jordan Gruendler & Bayley Humphrey, Emily Tobin & Riley Chimwala have impressed all season as they perform never-before-competed elements like a one-handed handstand and one-handed split handstand.

MEET TOTAL: 285.240, 3/8, Saint Leo

2022 SC	HEDULE & RESULTS		
DATE	OPPONENT	LOCATION	RESULT/TIME (CT)
Feb. 5	#14 Mary Hardin-Baylor	WACO	W 277.930 - 251.305
Feb. 16	at East Texas Baptist	Marshall, Texas	W 281.330 - 211.680
Feb. 27	#3 Oregon	WACO	W 281.505 - 275.495
Mar. 8	at Saint Leo	Saint Leo, Fla.	W 285.240 - 261.890
Mar. 19	at #4 Quinnipiac	Hamden, Conn.	W 284.460 - 280.685
Mar. 25	at Mary Hardin-Baylor	Belton, Texas	W 279.460 - 257.725
Apr. 2	#7 Hawaii Pacific	WACO	W 279.775 - 255.395
Apr. 10	at #5 Oregon	Eugene, Ore.	W 281.990 - 270.775
Apr. 28	#8 Converse \$	Eugene, Ore.	W 271.400 - 260.195
Apr. 29	#4 Quinnipiac \$	Eugene, Ore.	9pm CT

NOTABLES

MISS GIRL

After a Halloween practice, Baylor's uniform manneguin gained a wig and other props. She began appearing in team hijinks, appeared on BU's broadcast of the HPU meet and asked questions at the Coach's Show with Coach Fee and John Morris. She's currently on the roadtrip to Oregon & posting her journey on Instagram: @miss.girl 29.

PERFECT PROWESS

The Bears earned three perfect 10s in pyramid's third heat in the regular season, and had one perfect score in compulsory toss against Oregon on 4/10.

TOBIN ON TOP / BASE IT ON BAYLEY

Junior top Emily Tobin earned the NCATA's Athlete of the Week honor five times this season, while earning Honorable Mention for the award twice. Sophomore base Bayley Humphrey has been named Specialist of the Week three times. They both earned NCATA All-American status, Tobin's second and Humphrey's first time earning the accolade.

NEW TRICKS

The Bears continue to roll out new elements this season, taking inspiration from acrobatic gymnastics. Jordan Gruendler and Bayley Humphrey have competed most of the elements, including two new hand-to-hand elements in acro - split one-handed handstand Alma Mater (Year): and a one-handed handstand. BU has also a debuted a new pyramid. None of these elements had previously been performed in A&T.

JUST WIN, BABY

Baylor head coach Felecia Mulkey has won all ten NCATA National Championships since Associate AD, Communications: the sport's first postseason tournament in the 2011 season. Mulkey won four titles while coaching at Oregon from 2009-2014, and has won the last six as head coach of the Bears from 2015-2021.

BRANCHING OUT

The coaching tree for Felecia Mulkey continues to gain new branches. The most recent Bear to find herself in a coaching position is 2021 grad Camryn Bryant, who was named PROGRAM HISTORY the head coach of the Texas Lutheran squad on February 14, 2022. TLU is one of the newest programs, and Bryant is its inaugural A&T head coach.

6-STRAIGHT NATTYS

Baylor has won six-consecutive NCATA national championships, all under head coach Felecia Mulkey. From 2015 to 2021, the Bears have dominated the sport, going 62-2 while picking up the six titles.

BEARS ON TOP

Baylor has been ranked No. 1 to start each of the last seven seasons.

ON AND OFF THE MAT

The Bears had a 3.40 GPA for the 2021 fall semester, with 10 student-athletes boasting a 4.0 GPA. There were 11 athletes who had their best-ever term GPA in that semester. There were 31 Bears named Academic Champions. Overall, 79% of the squad had a 3.0 semester GPA or better.

QUICK FACTS

UNIVERSITY

Waco, Texas Location: Chartered: 1845, by Republic of Texas Enrollment: 20,626 Dr. Linda A. Livingstone President: Faculty Representative: Dr. Carson Mencken Director of Athletics: Mack Rhoades Snort Administrator Mabry Hermann Conference: Big 12 Nickname: Bears Mascots: Joy and Lady (live Black Bears) Colors: Green (PMS 560) & Gold (PMS 1235) Facility: Ferrell Center (6,000) **University Website:** www.Baylor.edu

ACROBATICS & TUMBLING INFORMATION

2021 Overall Record: 6-1 Current Ranking: No. 1 Returners/Newcomers: 38/10

COACHING STAFF

Head Coach: Felecia Mulkey Alma Mater, Year: Kennesaw State, 1997 Career Record (years): 114-5 (12th season) Record at Baylor (years): 71-2 (8th season) Assistant Coach: Kelsey Rowell (6th season) Oregon 2012 Alia Stark (1st season) Assistant Coach: Alma Mater (Year): Alderson Broaddus, 2017 **Director of Operations:** Treasure Fields Alma Mater (Year): Concordia Wisconsin, 2016

ATHLETIC COMMUNICATIONS

David Kaye Associate Director/A&T Contact: Madelon Allen Madelon Allen@Baylor.edu E-mail: Cell Phone: 254-252-7168 Office Mailing Address: 1500 S. University Parks Dr. Waco, TX 76706 Official Athletics Website: www.BaylorBears.com Official Athletics Twitter Feed: @BaylorAthletics Official A&T Twitter/FB/Insta Feed: @BaylorAcroTumb

First Season:	2011
All-Time Record:	80-23
All-Time NCATA Championships Record:	20-4
NCATA Appearances:	11 (2011-19,21-22)
NCATA Titles:	5 (2015-19)
NCATA Individual Event Titles	36
All-American Honors:	29

THE EVENTS

COMPULSORY – Each team competes identical pre-determined set of skills with a pre-determined starting value of 10.0. There are four heats that include acro, pyramid, toss and tumbling. Each heat can score up to a perfect 10, with the total combined event score of 40 points.

ACRO – In the acro event, teams compete in three different heats of 5, 6, and 7 element acro skills. In the acro event, teams of typically 2-4 athletes will compete acrobatic movements demonstrating great strength, balance, technique and core from both the bases and tops. Each heat may score up to a perfect 10 with a total combined score in this event up to 30 points.

PYRAMID – In this event, teams compete in three individual heats of pyramids valued at up to 10 points per heat for a maximum of 30 points for the event. Teams want to use as few athletes as possible to create the most unique and difficult pyramid. Each heat has a different requirement: inverted top, synchronized and open.

TOSS – The toss event is a high-flying event with four athletes tossing a fifth athlete (top) high in the air, while completing flipping and/or twisting forward or backward. Two of the three heats are solo tosses while one heat is a synchronized toss. Each of the three toss heats may score up to 10 points each for a total maximum score for the event of up to 30 points.

TUMBLING – The tumbling event shows the sheer power of each team. Six heats construct the Tumbling Event with 10 points each for a maximum of 60 points for the event. Athletes may compete in both the synchronized portion and in one solo pass. In this event, tumbling combinations will feature difficulty, multiple flips, and twists in various passes with athletes tumbling both forward and backward.

TEAM – In this event, athletes perform synchronized choreographed skills in a 2 1/2 minute routine set to music. Each team competes up to 24 athletes. Routines are composed to showcase all skill sets that have been competed in the previous five events. This event has a maximum of 110 points, making it extremely crucial to the outcome of the meet.

2022 NCATA WEEKLY AWARD WINNERS

Emily Tobin – Athlete of the Week – 2/9/22

Jordan Gruendler – Specialist of the Week – 2/9/22

Aliyah Kaloostian – Honorable Mention Freshman of the Week – 2/9/22

Emily Tobin – Athlete of the Week – 2/23/22

Bayley Humphrey – Specialist of the Week – 2/23/22

Jordan Gruendler – Honorable Mention Freshman of the Week – 2/23/22

Emily Tobin – Athlete of the Week –3/2/22

Riley Chimwala – Honorable Mention Specialist of the Week – 3/2/2022

Emily Tobin – Honorable Mention Athlete of the Week – 3/16/22

Briana Harris – Honorable Mention Specialist of the Week – 3/16/22

Emily Tobin – Honorable Mention Athlete of the Week – 3/23/22

Kristen McCain - Honorable Mention Specialist of the Week - 3/23/22

Emily Tobin – Athlete of the Week – 3/30/22

Bayley Humphrey – Specialist of the Week – 3/30/22

Emily Tobin – Athlete of the Week – 4/6/22

Bayley Humphrey - Specialist of the Week - 4/6/22

Jordan Gruendler – Honorable Mention Freshman of the Week – 4/6/22

Briana Harris – Specialist of the Week – 4/15/22

Bayley Humphrey – Honorable Mention Athlete of the Week – 4/15/22

Jordan Gruendler – Honorable Mention Freshman of the Week – 4/15/22

2022 NCATA POSTSEASON AWARD WINNERS

Emily Tobin - Most Outstanding Athlete of the Year

Bayley Humphrey – Specialist of the Year

Bayley Humphrey - All-America

Riley Chimwala - All-America

Emily Tobin – All-America

Kamryn Kitchens – All-Academic

OTHER ACCOLADES

Big 12 Dr. Gerald Lage Academic Achievement Award

Keri Collins / Olivia Felton / Tawn Gurnsey / Kamryn Kitchens

Abby Luong / Ava White

Academic All-Big 12 At-Large Team

21 Named First Team / 6 Named Second Team

NCATA Academic Honor Roll – 26 Named to the Team

2022 ROSTER NO. NAME	POSITION	CLASS	HOMETOWN/PREVIOUS SCHOOL
43 Layla Alexander	Tumbler	FR	Waco, Texas/Homeschool
53 Bailey Baughn	Base/Tumbler	FR	Austin, Texas/Lake Travis HS
46 Morgan Brown	Base/Tumbler	FR	Charlotte, N.C./Charlotte Christian
40 Karsyn Campbell	Top/Tumbler	JR	Elk Grove, Calif./Bradshaw Christian School
37 Riley Chimwala	Base	SR	Plano, Texas/Plano Senior HS
20 Hannah Chrisman	Base/Top	SR	Pittsburgh, Pa./Norwin HS
18 Hannah Cobin	Base	SR	Pipersville, Pa./Central Buck East HS
22 Keri Collins	Top/Tumbler	JR	Houston, Texas/Stratford HS
32 Zoë Collins	Base	SO	Newark, Del./Sanford HS
50 Faith Coor	Back/Base	SR	The Colony, Texas/The Colony HS
11 Brennah Cotner	Top	SO	Katy, Texas/Seven Lakes HS
39 Kourtney Coven	Base	SR	Ft. Lauderdale, Fla./Saint Thomas Aquinas HS
30 Aundria Crittenden		SR	Cumming, Ga./West Forsyth HS
19 Talia De La Cruz	Top Tumbler	FR	Clermont, Fla./Lake Minneola HS
	Base	rn SR	Alpharetta, Ga./South Forsyth HS
36 Raegan Dover 33 Addi Grandy	Base	on FR	Niceville, Fla./Niceville HS
38 Jordan Gruendler		FR	
44 Tawn Gurnsey	Top	rn SR	San Antonio, Texas/Pearson Online Academy
27 Briana Harris	Top Base	GR	Winter Haven, Fla./All Saints Academy
25 Tori Harris	Tumbler	JR	Cibolo, Texas/Steele HS
		SO	Waco, Texas/Woodway HS
45 Bayley Humphrey	Base Tumbler/Top	FR	Chandler, Ariz./Hamilton HS
51 Rakel Jeffries 17 Ally Joswick		SO	Canton, Ohio/Perry HS Plainfield, III./Benet Academy
17 Ally Joswick 54 Aliyah Kaloostian	Top Tumbler	FR	
6 Kacie Kier	Base/Top/Tumbler	FR	Phoenix, Ariz./Pinnacle HS
		rn JR	Clearwater, Fla./Calvary Christian HS
	Top	Jn JR	Kennesaw, Ga./Mount Paran Christian School
12 Shaye Lauro 1 Kristen McCain	Top	SO	Chicago, III./West Chicago Community HS
	Top	SO SO	Cypress, Texas/Cypress Woods HS
	Base Base	JR	Cedar Park, Texas/Cedar Park HS
10 Haley Mustafa 52 Emi Nelson	Base/Tumbler	Jn FR	Placentia, Calif./Mater Valencia HS Pittsburgh, Pa./Norwin HS
24 Mariah Polk	Base/Tumbler	SO	
2 Kate Puentes	Base	SR	Dallas, Ga./Harrison HS Yorba Linda, Calif./Yorba Linda HS
35 Sophia Ranni	Тор	SR	Poughkeepsie, N.Y./Arlington HS
42 Alayja Reynolds	Top/Base	JR	Maricopa, Ariz./Maricopa HS
23 Kennedy Riley	Base/Top	SR	Atlanta, Ga./South Cobb HS
28 Mikaela Robinson	Base	JR	Spring, Texas/Klein Collins HS
49 Raffaela Scotto	Back/Base	SR	Kemah, Texas/Lutheran South Academy
48 Katherine Shiffer	Base	JR	Fairfax, Va./Robinson Secondary School
3 Drew Sliker	Top/Tumbler	JR	Brighton, Tenn./Brighton HS
15 Maggie Smith	Tumbler/Top	FR	Katy, Texas/Tompkins HS
7 Emily Tobin	Top/Tumbler	JR	Templeton, Calif./Templeton HS
8 Gianna Vaiarelli	Tumbler	Jn FR	Delran, N.J./Delran HS
14 Adelaide Vezzosi	Top/Tumbler	FR	Briok, N.J./Denan HS Briok, N.J./Donovan Catholic HS
16 Sara Weber	Top/Tulliblei	SO	Bryant, Ark/Bryant HS
26 Catie Wilkins	Tumbler/Top	FR	Huntsville, Utah/Morgan HS
20 Gatie Wilkins	i dilibici / i up	III	Hullisville, Otali/Worgali Ho

Head Coach: Felecia Mulkey (Kennesaw State, 1997), eighth season at Baylor **Assistant Coaches:** Kelsey Rowell (Oregon, 2012), sixth season at Baylor, Alia Stark (Alderson Broaddus, 2017), first season at Baylor **Director of Operations:** Treasure Fields (Concordia [Wis.], 2016), third season at Baylor

PRONUNCIATIONS

Riley CHIMWALA	Chim-wall-uh
Faith COOR	Core
Jordan GRUENDLER	grend-ler
Sophia RANNI	Ray-Knee
ALAYJA Reynolds	Uh-LAY-shuh
RAFAELLA SCOTTO	Raf-aye-Ella Sko-Tow
Adelaide VEZZOSI	Vez-oh-zi
Gianna VAIARFIII	Vi-ah-rell-ee

THE LAST TIME BAYLOR...

Won at Home Lost at Home Won Away Lost Away **Won Neutral Meet Lost Neutral Meet** Won by Less Than 1 Point Won by 1-2 Points Won by 2-5 Points Won by 5-10 Points Won by 10 or More Points Lost by Less Than 1 Point Lost by 1-2 Points Lost by 2-5 Points Lost by 5-10 Points Lost by 10 or More Points Largest Margin of Victory **Largest Margin of Loss** Most Recent Win Streak Most 10pt Scores in a Meet

2/5/22 vs. HPU (279.775-255.395)
4/12/14 vs. Azusa Pacific (280.880-277.960)
4/10/22 at Oregon (281.990-270.775)
3/6/21 at Oregon (281.635-280.660)
4/28/21 vs. Converse (271.325-260.195)
4/26/14 vs. Oregon (286.600-280.295)
3/18/14 at Azusa Pacific (281.370-281.100)
3/31/16 at Oregon (282.025-280.180)
4/10/21 vs. Oregon (287.430-283.885)
4/22/21 vs. Oregon (281.865-276.810)
4/28/22 vs. Converse (271.325-260.195)
3/6/21 at Oregon (2801.635-280.660)
N/A
4/12/14 vs. Azusa Pacific (280.880-277.960
2/25/17 at Oregon (287.115-267.220)

124.190, 3/9/20 at Presbyterian/vs. St. Leo (275.940-253.825-151.750) 19.895, 3/4/12 at Oregon (287.115-267.220)

14 in a row (3/27/21 to 4/28/22)

4 at Oregon (3/12/15)

NCATA Rankings (4/6)

- 1. Baylor
- 2. Azusa Pacific
- 3. Gannon
- 4. Quinnipiac
- 5. Oregon
- 6. Limestone
- Fairmont State
- 8. Converse

PERFECT 10's IN 2022

Compulsory: Toss (Oregon 2)

Acro:

Pyramid: Heat 2 (ETBU), Heat 3 (ETBU), Heat 2 (Saint Leo), Heat 3 (UMHB 2),

Heat 3 (HPU), Heat 1 (QU 2)

Toss:

COACHES



FELECIA MULKEY
HEAD COACH | EIGHTH SEASON
KENNESAW STATE, 1997

A transcendent leader on the forefront of the growing sport of acrobatics and tumbling, Felecia Mulkey has won all 10 of the National Collegiate Acrobatics and Tumbling Association (NCATA) championships offered and boasts a career record of 108-5 over 11 seasons as a head coach of acrobatics and tumbling.

Entering the 2021-22 season, she is in her eighth year as the head coach at Baylor University and has completely changed the program since arriving in Waco in June of 2014. After winning four-straight NCATA titles at the University of Oregon, she has led the Bears to six-straight NCATA championships with a 65-2 seven-year record in Waco and compiled a 38-meet win streak (2017-21) as she has tutored 19 NCATA-All-Americans in seven seasons.

Mulkey won her 10th-career national championship and sixth-straight while at the helm at Baylor in 2021 as the No. 2 seed in the 2021 NCATA National Championships hosted inside the Ferrell Center. The Bears first defeated No. 3 seed Oregon in the semifinal, before downing No. 1 seed Azusa Pacific in the championship meet. Baylor finished the season with a 6-1 record, while earning a number of individual honors at the end of the season. For the fourth-consecutive time, a Baylor student-athlete was named the NCATA Most Outstanding Athlete as Emily Tobin earned the honor, while Riley Chimwala was named the NCATA Freshman of the Year. Tobin, Chimwala and Kam Kitchens all earned All-America honors, while Maddie McNamee was named the Louise Goodrum Academic Award winner.

In 2020, Mulkey's Bears were ranked No. 1 nationally, were 6-0 and had won four meets to start the season before it was cancelled due to COVID-19.

In 2019 she guided the Bears to an unprecedented fifth-straight NCATA title, winning a programrecord 14 meets as the Bears went 14-0 on the year to finish with a 278.400-271.725 victory over Oregon in the NCATA team final in front of the home fans at the Ferrell Center. Ashley Echelberger was named the NCATA Most Outstanding Athlete, becoming the third-straight Bear to win the title and the fourth such honor under Mulkey's leadership. Top Joie Hensley was named NCATA Specialist of the Year and four Bears (Kaylee Adams, Hope Bravo, Ceara Gray and Echlelberger) were named NCATA All-Americans.

In 2018, the Bears went 11-0, the third undefeated season in four years en route to winning the program's fourth-straight NCATA title. Mulkey was named NCATA Coach of the Year for the second time in her career. The Bears defeated Quinnipiac, 283.360-274.650, while winning all six events. Ceara Gray earned Most Outstanding Player and Kaylee Adams Specialist of the Year. Gray, Adams and Lauren Sturm earned All-America honors.

In 2017, Mulkey's squad went 9-1 and finished the season with eight straight wins to secure the program's third straight NCATA national title. When it was all said and done, the Bears had three NCATA All-Americans (Kiara Nowlin (NCATA Most Outstanding Player), Kaelyn Cowan and Lauren Sturm) for the second consecutive year and third time since 2013, five NCATA individual event titles, 15 Academic All-Big 12 At-Large honorees and a then-program-record four NCATA Player of the Week awards.

During the 2016 season, Mulkey led Baylor to a second straight perfect record (10-0) en route to claiming the 2016 NCATA national championship. Along the way, Kiara Nowlin, Shayla Moore and Kaelyn Cowan earned NCATA All-American honors.

After guiding the Oregon Ducks to four consecutive NCATA national championships in five years, Mulkey, in her first season as Baylor's head coach, guided the Bears to the program's first NCATA national championship, defeating the defending champion Oregon Ducks three times en route to the crown. The Bears posted a program-best 11-0 record. Sophomore Kiara Nowlin, freshman Shayla Moore and senior Keegan Johnson received 2015 NCATA All-America honors and the Bears claimed eight event titles. In addition, Nowlin was named the 2015 NCATA Most Outstanding Player and Moore earned Freshman of the Year recognition.

Mulkey was the head coach at the University of Oregon from 2009 through 2014, first at the helm of the competitive stunts and gymnastics team and that evolved into acrobatics and tumbling and the inaugural season of the NCATA in 2011. At the helm of the Ducks, Mulkey

boasted a 43-3 overall record while winning four national championships, 30 event titles, 11 All-America honors, two Athlete of the Year accolades, a Newcomer of the Year honor and a Coach of the Year award.

In her 10 seasons as a head coach of acrobatics and tumbling, Mulkey, a native of Atlanta, Ga., has an overall record of 105-4 while winning nine national titles, 62 event titles, coached 27 student-athletes to All-America honors with six earning Athlete of the Year awards.

Off the mat, Mulkey works tirelessly in growing the sport of acrobatics and tumbling. She continues to play a key role in the progression of acrobatics & tumbling's effort to gain NCAA sport status. Prior to the 2010-11 season, Mulkey was a catalyst in developing the scoring format that is currently in practice in acrobatics and tumbling meets. She currently serves as the Director of Expansion for the NCATA (National Collegiate Acrobatics and Tumbling Association), acting as the liaison between the sport and athletic directors looking to add the sport as A&T pushes into becoming an NCAA emerging sport. It currently has been adopted as an emerging sport by Divisions II and III, with Division I expected to follow suit in the coming months.

She has also influenced many of her former student-athletes to give back to the sport that has given them so much, as 10 of them are currently head coaches of collegiate acrobatics & tumbling programs at universities and colleges around the country. With 33 active programs entering the 2021 season, that accounts for almost a third of the head coaches nationally.

Prior to her stint at Oregon, Mulkey built the Kennesaw State competitive cheer program into a national powerhouse. She was also the The Owls finished fourth in the 2008 All-Women's Division I Collegiate Championships after capturing national titles in 2004 and 2005.

Mulkey, a 1998 Kennesaw State health and exercise science graduate, oversaw the development of a program that finished no worse than third nationally from 2001 through 2007. Her success resulted in the program ascending to the Division I level in 2006. Her dedication to her alma mater led her to being inducted into the Kennesaw State Athletics Hall of Fame in the fall of 2019.

Prior to transferring and taking over the head coaching reins at the Kennesaw, Ga., school in May 1997, Mulkey cheered for two years at Southern Union State (Wadley, Ala.), and led the Bison to an eighth-place national finish in 1995.

In addition to directing the Owls' spirit and competitive programs, Mulkey served as the school's sports operations director from 2007-2008 as well as the sports marketing and promotions director from 2000-06.

COACHES



KELSEY ROWELL
ASSISTANT COACH | SIXTH SEASON
OREGON, 2012

ALIA STARK

ASSISTANT COACH | FIRST SEASON ALDERSON BROADDUS, 2017



After spending two seasons as an assistant coach at Oregon and the 2016 season as a volunteer assistant at Baylor, former Oregon All-American Kelsey Rowell is in her sixth season as an assistant coach of the Baylor acrobatics and tumbling team in 2021-22.

In her five seasons as an assistant coach, Rowell helped the program win its sixth-straight NCATA title (four under her tenure) in 2021. For the fourth-consecutive time, a Baylor student-athlete was named the NCATA Most Outstanding Athlete in 2021 as Emily Tobin earned the honor, while Riley Chimwala was named the NCATA Freshman of the Year. Tobin, Chimwala and Kam Kitchens all earned All-America honors, while Maddie McNamee was named the Louise Goodrum Academic Award winner.

Baylor won another nine individual event titles in 2019, as she has coached three NCATA All-Americans, including the NCATA Most Outstanding Athlete, Ashley Echelberger and the Specialist of the Year Joie Hensley.

The Bears won six NCATA individual event titles in 2018 and she coached three NCATA All-Americans, including the Most Outstanding Athlete (Ceara Gray) and Specialist of the Year Kaylee Adams.

In her first season as assistant coach, Rowell played a large role in guiding Baylor to its third straight NCATA national title and five NCATA individual event titles. She also helped coach three NCATA All-Americans.

Rowell, in her role as a volunteer assistant with the Bears, helped lead Baylor to the 2016 NCATA national championship, the program's second straight crown.

Rowell, a member of the Oregon acrobatics and tumbling team from 2009-2012 while coach Mulkey was the Ducks' coach, helped lead Oregon to the 2011 and 2012 NCATA National Championships. She earned several individual tumbling event national titles and was honored as an NCATA All-American as a senior.

Rowell (rhymes with towel), an Oregon native, has 12 years of all-around experience in gymnastics, competing nationally in Oregon, California and Texas before joining the Oregon squad 2009. Prior to competing collegiately, she was a 2001 Level IX Western National Qualifier and a Level 10 National Qualifier in 2002 and 2003. She garnered regional championship titles on floor, beam and vault.

After graduating from Oregon in 2012 with a degree in sociology and prior to entering the coaching ranks, Rowell worked at Vircon Inc., in Portland, Ore., as a consultant relations manager in the human resources department.

Stark was named assistant coach at Baylor on July 2 of 2021 after a four-year stint as an assistant for the acrobatics and tumbling program at Gannon University in Erie, Pa.

In her time at Gannon, Stark served as the team's recruiting coordinator, as well as in all facets of team training, practice and preparation and helped lead the Golden Knights to the NCATA National Championships in 2018 and 2019. In 2021, Gannon finished the season a perfect 6-0 and ranked No. 5 in the final NCATA rankings.

In addition, she coached the Golden Knights to the 2018 inversion pyramid event national championship, while assisting in getting seven groups to qualify for the national event finals, with all seven placing in the top three in the nation. She has coached 2021 NCATA All-American Nikki Pizzi, 2018 NCATA All-American Chelsea Cowan, NCATA All-Academic Team honorees Jocelyn Scott and Abigail Miller, as well as 82 NCATA Academic Honor Roll recipients and four NCATA national weekly award winners.

Gannon teams with Stark as part of the coaching staff hold the program record in total score, three of six events, and 17 of 19 heats, and have posted six perfect scores, including three perfect 10s.

A native of Reno, Nevada, Stark was a four-year member and three-time NCATA All-American with the acrobatics and tumbling team at Alderson Broaddus. She graduated with a degree in political science from Alderson Broaddus in 2017 and earned her master's in curriculum and instruction from Gannon in August 2021.

Stark (nee Nolan) was married in the summer of 2021.

.

STAFF



TREASURE FIELDS
DIRECTOR OF OPERATIONS | THIRD SEASON
ALDERSON BROADDUS, 2017

Entering the 2020-21 campaign, Treasure Fields is in her second season as the Director of Operations for the program.

Fields was previously named West Liberty's first Acrobatics and Tumbling coach in December 2016 and quickly hit the recruiting trail in preparation for the Hilltoppers' varsity debut in March 2018. The hard work and attention to detail paid off in 2018 as WLU posted the first tri-meet sweep in school history and produced the program's first MEC Athlete of the Week along with four All-MEC selections.

In 2019, Fields coached the Hilltoppers to victories over Concordia and Davis & Elkins College, while coaching four student-athletes to All-Mountain East Conference honors. Fields' programs didn't just succeed in the gym but also in the classroom, with nine Hilltoppers being named to the NCATA Academic Honor Roll.

A native of Richmond, Va. who was an Acrobatics & Tumbling standout at Concordia (Wis.), Fields had been serving as a graduate assistant coach at Concordia before coming to the hilltop. The Hilltopper coach was a Dean's List student at Concordia and graduated with a degree in Justice and Public Policy.

A key member of the Concordia team, Fields competed in every meet as a base during her two seasons with the Falcons. Fields earned national recognition as a senior when she was named to the National Collegiate Acrobatics and Tumbling Association (NCATA) Honor Roll for the week of Feb. 19.

She spent the first two years of her collegiate journey at Old Dominion University, which does not have an Acrobatics and Tumbling program, before transferring to the Wisconsin school to pursue her passion with the Falcons' fledgling A&T program.

Fields developed her skills through a lifetime of dedication and hard work fueled by more than 15 years of competitive cheerleading experience while growing up in Richmond. The highlight of Fields' competitive cheerleading career came during her high school years when she competed as a member of the prestigious Fame All-Stars Super Seniors team in Midlothian, Va.

Fields honed her leadership skills by helping lead the Virginia squad to three consecutive Top 10 finishes in the United States All Star Federation (USASF) World Championships in Orlando, Fla.

2022 SEASON SCORES

DATE 2 5 22 #1 2 16 22 #1 2 27 22 #1 3 8 22 #1 3 19 22 #1 3 25 22 #1 4 2 22 #1 4 10 22 #1 4 28-30 #1 4 29 #1	RANK RESULT W W W W W W W W W W W	OPPONENT #14 MARY HAR @ East Texas B: #3 OREGON @ Saint Leo @ #4 Quinnipiac @ Mary Hardin-I #7 HAWAII PAC @ #5 Oregon #8 Converse \$ #4 Quinnipiac \$	aptist : :Baylor	SCORE (BU - OP 277.930 - 251.30 281.330 - 211.60 281.505 - 275.40 285.240 - 261.80 284.460 - 280.60 279.460 - 257.72 279.775 - 255.30 281.990 - 270.77 271.400 - 260.10	05 1 80 3 95 1 90	MIL BY #P0 1191 W by 26.625 331 W by 69.65 1825 W by 6.01	i i	
SEASON AVERAGES EVENT COMPULSORIES ACRO PYRAMID TOSS TUMBLING TEAM ROUTINE FINAL SCORE	S AND HIGH SCORE: AVERAGE 38.66 29.45 29.61 28.71 56.79 97.03 280.343		2/27) 2/16) 3/8) (2/27) (3/19)				10 SCORES 1 (TOSS) 5	
TOTAL SCORES OPPONENT VS UMHB (FEB. 5) AT ETBU (FEB. 16) VS OREGON (FEB. 27 AT SAINT LEO (MAR. AT QUINNIPIAC (MAI. AT UMHB (MAR. 25) VS HPU (APR. 2) AT OREGON (APR. 10 CONVERSE\$ (APR. 20 QUINNIPIAC (APR. 20)	. 8) R. 19) D) 8)	COMPULSORIES 38.00* 38.90* 38.80* 38.45* 38.60* 38.65* 38.85* 39.10* 38.55*	ACRO 29.50* 29.55* 29.80* 29.55* 29.55* 29.70* 28.40* 29.50* 29.60*	PYRAMID 29.65* 29.90* 29.50* 29.65* 29.45 28.95* 29.80* 29.85* 29.725*	TOSS 28.55* 28.25* 28.25* 29.15* 29.10* 28.95* 28.90* 28.95*	TUMBLING 56.400* 57.400* 58.075* 57.950* 56.600* 57.400* 57.175* 56.250* 53.875*	TEAM ROUTINE 95.83* 97.33* 97.08* 100.54* 101.16* 95.010* 96.65* 98.34* 91.325*	SCORE 277.930* 281.330* 281.505* 285.240* 284.460* 279.460* 279.775* 281.990* 271.400*
COMPULSORIES OPPONENT VS UMHB (FEB. 5) AT ETBU (FEB. 16) VS OREGON (FEB. 27 AT SAINT LEO (MAR. AT QUINNIPIAC (MAI. AT UMHB (MAR. 25) VS HPU (APR. 2) AT OREGON (APR. 10 CONVERSE\$ (APR. 20) QUINNIPIAC (APR. 20)	. 8) R. 19) D) 8)	ACRO 9.75* 9.55* 9.55* 9.90* 9.65* 9.75* 9.80* 9.65 9.65*	PYRAMID 9.70 9.85* 9.95* 9.95* 9.70 9.85* 9.90* 9.95* 9.925*	TOSS 9.95* 9.90* 9.90* 9.95* 9.95* 9.85* 10.00* 9.95*	TUMBLING 8.60* 9.60* 9.40* 8.70* 9.30** 9.10* 9.30* 9.50* 9.025*	SCORE 38.00* 38.90* 38.80* 38.45* 29.55* 38.65* 38.85* 39.10* 38.55*		
ACRO OPPONENT VS UMHB (FEB. 5) AT ETBU (FEB. 16) VS OREGON (FEB. 27 AT SAINT LEO (MAR. AT QUINNIPIAC (MAI. AT UMHB (MAR. 25) VS HPU (APR. 2) AT OREGON (APR. 10 CONVERSE\$ (APR. 20) QUINNIPIAC (APR. 20)	. 8) R. 19) D) 8)	HEAT 1 9.95* 9.90* 9.95* 9.90* 9.85 9.90* 8.85 9.80* 9.85*	HEAT 2 9.75* 9.85* 9.90** 9.85* 9.90* 9.75* 9.90* 9.90*	HEAT 3 9.80* 9.80* 9.95* 9.70* 9.85** 9.90* 9.80* 9.80* 9.80*	\$CORE 29.50* 29.55* 29.80* 29.55* 29.55* 29.70* 28.40* 29.50* 29.60*			
PYRAMID OPPONENT VS UMHB (FEB. 5) AT ETBU (FEB. 16) VS OREGON (FEB. 27 AT SAINT LEO (MAR. AT QUINNIPIAC (MAI. AT UMHB (MAR. 25) VS HPU (APR. 2) AT OREGON (APR. 10 CONVERSE\$ (APR. 20 QUINNIPIAC (APR. 20)	. 8) R. 19) D) 8)	HEAT 1 9.85* 9.90* 9.80* 9.75* 9.80 9.95* 9.95* 9.95* 10.00*	HEAT 2 9.90* 10.00* 9.75** 10.00* 9.80* 9.80* 9.85* 9.95* 9.775*	HEAT 3 9.90* 10.00* 9.95* 9.90* 9.85 10.00* 10.00* 9.95* 9.95*	SCORE 29.65* 29.90* 29.50* 29.65* 29.45 29.75* 29.80* 29.85* 29.725*			

2022 SEASON SCORES (cont.)

T000							
TOSS							
OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE			
VS UMHB (FEB. 5)	9.45*	9.30*	9.80*	28.55*			
AT ETBU (FEB. 16)	9.25*	9.40*	9.60*	28.25*			
VS OREGON (FEB. 27)	9.00*	9.70*	9.55*	28.25*			
AT SAINT LEO (MAR. 8)	9.70*	9.60*	9.85*	29.15*			
AT QUINNIPIAC (MAR. 19)	9.70*	9.70**	9.70*	29.10*			
AT UMHB (MAR. 25)	9.60*	9.50*	9.85*	28.95*			
VS HPU (APR. 2)	9.45*	9.50*	9.95*	28.90*			
AT OREGON (APR. 10)	9.50	9.65**	9.80*	28.95*			
CONVERSE\$ (APR. 28)	9.275*	9.425*	9.625*	28.325*			
QUINNIPIAC (APR. 29)	0.270	0.720	0.020	20.020			
Continuit IAO (Al II. 20)							
TUMBLING							
OPPONENT	DUO	TRIPLE	QUAD	AERIAL	SIX ELEMENT	OPEN	SCORE
VS UMHB (FEB. 5)	9.350*	9.000*	9.100*	9.450*	9.675*	9.825*	56.400*
AT ETBU (FEB. 16)	9.000*	9.650*	9.300*	9.600*	9.900*	9.950*	57.400*
VS OREGON (FEB. 27)	9.650*	9.600*	9.500*	9.850	9.575	9.900*	58.075*
AT SAINT LEO (MAR. 8)	9.300*	9.300*	9.750*	9.825*	9.800*	9.975*	57.950*
AT QUINNIPIAC (MAR. 19)	9.300	8.900*	9.150**	9.800	9.625	9.825*	56.600*
The state of the s							
AT UMHB (MAR. 25)	9.300*	9.000*	9.600*	9.775*	9.850*	9.875*	57.400*
VS HPU (APR. 2)	9.600*	8.850*	9.650*	9.325	9.775*	9.975*	57.175*

9.500*

7.250

9.875*

8.300

9.675

9.750*

56.250* 53.875*

9.950*

9.925*

TEAM EVENT	
OPPONENT	SCORE
VS UMHB (FEB. 5)	95.83*
AT ETBU (FEB. 16)	97.33*
VS OREGON (FEB. 27)	97.08*
AT SAINT LEO (MAR. 8)	100.54*
AT QUINNIPIAC (MAR. 19)	101.16*
AT UMHB (MAR. 25)	95.010*
VS HPU (APR. 2)	96.65*
AT OREGON (APR. 10)	98.34*
CONVERSE\$ (APR. 28)	91.325*
QUINNIPIAC (APR. 29)	

8.300

9.375*

8.950*

9.275*

VS HPU (APR. 2) AT OREGON (APR. 10)

CONVERSE\$ (APR. 28)

QUINNIPIAC (APR. 29)

^{*} INDICATES EVENT/HEAT WIN

^{\$ -} NCATA NATIONAL CHAMPIONSHIPS, EUGENE, OREGON

^{**} INDICATES EVENT/HEAT TIE

PROGRAM RECORDS

	ı	PROGRAM	M RECORDS		
	Total Score			Tumbling Score	
Score	Opponent	Date	Score	Opponent	Date
1. 290.650	Gannon	3/3/20	1. 58.900	Gannon	3/3/20
2. 289.745	Oregon	4/2/17	2. 58.875	Converse	3/26/19
3. 288.310	at Arizona Christian/Hawaii Pacific (Tri Meet)		58.675	Azusa Pacific (NCATA Championships)	4/25/15
4. 287.915	Azusa Pacific (NCATA Championships)	4/25/15	4. 58.65	at Fairmont State	3/8/17
5. 287.825	Gannon	3/26/17	58.65	at Azusa Pacific	4/11/17
	Commulación Conso			Attendance	
Score	Compulsory Score	Date	Attendance	Opponent	Date
1. 39.44	Opponent at Maryland	12/5/10	1. 2,346	Oregon	2/25/18
2. 39.25	Gannon	3/26/17	2. 2,163	Oregon (NCATA Championships)	4/19/16
3. 39.15	Oregon	4/10/21	3. 1,946	Oregon	2/23/20
4. 39.12	Maryland/Azusa Pacific	2/24/11	4. 1,825	Oregon	2 27 22
5. 39.10	Gannon	3/3/20	5. 1,589	Oregon	4/7/19
51 55115	Sumon	0/0/20	6. 1,551	Oregon	2/21/16
	Acro Score				
Score	Opponent	Date			
1. 29.90	Concordia/Quinnipiac	2/7/15			
2. 29.85	Oregon	4/10/21			
3. 29.80	Oregon	2 27 22			
4. 29.75	Azusa Pacific (NCATA Championships)	4/23/21			
5. 29.70	Azusa Pacific	4/25/15			
29.70	Gannon	3/3/20			
29.70	at East Texas Baptist	4/1/21			
29.70	at UMHB	3/25/22			
	Pyramid Score				
Score	Opponent Soors	Date			
1. 30.00	at Oregon	3/12/15			
2. 29.95	Oregon (NCATA Championships)	4/26/14			
3. 29.90	at East Texas Baptist	2/16/22			
4. 29.85	at Fairmont State/vs. Alderson Broaddus	3/28/15			

3/26/19

3/9/20

3/28/15

4/18/16

4/19/16

Toss Score

at Presbyterian/Saint Leo (Tri Meet)

Oregon (NCATA Championships)

Hawaii Pacific (NCATA Championships)

Converse

Azusa Pacific

29.85

29.80

29.80

29.80

6. 29.80

Sc	ore	Opponent	Date
1.	29.95	at Azusa Pacific/vs. Hawaii Pacific	3/18/14
2.	29.70	at Arizona Christian/Hawaii Pacific (Tri Meet)	3/30/19
3.	29.50	at Hawaii Pacific	3/12/19
	29.50	Converse	3/26/19
5.	29.45	Oregon (NCATA Championships)	4/19/16

NCATA MEET FORMAT

MEET STRUCTURE AND TEAM PARTICIPATION

Two to four teams compete at a meet. The typical duration is roughly two hours. A meet is made up of six events: Compulsory, Acro, Pyramid, Tosses, Tumbling and Team Event. A halftime intermision will take place between Pyramid and Toss.

All event competition is in team rotation throughout each event. The rotation order is predetermined by the Head Official prior to the beginning of the meet, but the home team always performs last.

SCORING

Scoring is based upon pre-determined difficulty start values. Each skill performed is valued by the Officials of the NCATA prior to the meet. Teams submit their skill sequences 72 hours prior to the meet. Officials perform two primary functions at the meet:

- 1. Monitor the skills being performed to ensure that each element is correctly performed to equate to the posted start difficulty value.
- Evaluate the execution and technique of the skills performed. Scores are posted immediately following the conclusion of the event and overall standings are displayed throughout the meet. The highest combined score after all events wins the meet. The maximum score in each meet is 300 points.

EVENT 1: COMPULSORY (40 POSSIBLE POINTS)

Four heats construct the Compulsory Event: acro, pyramid, toss, and tumbling. During each heat the teams perform the exact same skills, allowing the officials to compare the technique and execution of each team. No athlete crossover rules apply from the Compulsory to other events.

Acro Heat (10 possible points)

One preset sequence performed by two synchronized groups from each team.

- Straight up heel stretch
- Power press (hold stretch on way down, flyer changes position on the way up)
 - Arabesque
 - 270 degree front flip cradle dismount (flyers feet to side)
 - Unassisted Rewind to Sponge
 - Dip to heel stretch
 - 720 degree twist cradle dismount

Pyramid Heat (10 possible points)

One preset pyramid performed by one group from each team.

- All feet start on the floor
- 4-2-1. Two shoulder level stunts as second level support (two bases, back, flyer) built before toss up
- Basket up from back (three bases tossing, one flyer)
- Three catchers in front
- 270 degree flip off of the front
- Second level dismounts at the same time as the top flyer, to below shoulder level

Toss Heat (10 Points)

One preset basket toss performed by two synchronized groups from each team.

- · Two synchronized back tuck tosses
- · Four bases tossing, one flyer, two groups

Tumbling Heat (10 Points)

Four preset skills performed by eight athletes from each team.

- No changing athletes between compulsory skills
- Athletes must be positioned in windows
- Skills must be performed in the following order:
 - a. Standing tuck (to front);
 - b. Toe-touch tuck (to front);
 - c. Handspring tuck (to front);
 - d. Round-off handspring layout from left to right in two lines.

EVENT 2: ACRO EVENT (30 POSSIBLE POINTS)

Three heats construct the Acro Event where each team sends a maximum of four athletes to compete an acro sequence to counts in a maximum of 45 seconds. Athletes may compete in two heats, however no more than two athletes may crossover together from one heat to another. Timing begins with the first movement. Exceeding the 45 seconds will result in a time deduction. In each heat, teams must attempt all required number of elements in addition to the required skill. The required skill counts as an element.

- Heat 1: Required 360 degree flipping skill, five elements (10 pts)
- Heat 2: Required twisting skill, six elements (10 pts)
- Heat 3: Required release skill, seven elements (10 pts)

EVENT 3: PYRAMID EVENT (30 POSSIBLE POINTS)

Three heats construct the Pyramid Event. Each team sends a maximum of 24 athletes and there is no crossover rule. Timing begins with the irst movement. Exceeding 30 seconds will result in a time deduction. In each heat, teams must attempt the required skill while changing the pyramid structure or flyer plane from heat to heat.

- Heat 1: Flipping (10 pts)
 - a. Entry/dismount must contain flip greater than 90 degrees
- Heat 2: Twisting (10 pts)
 - a. Entry/dismount must contain twist skill greater than 90 degrees
- Heat 3: Release (10 pts)
 - a. Entry/dismount must contain a release skill

EVENT 4: TOSS (30 POSSIBLE POINTS)

Three heats construct the Toss Event. Each heat has required elements. A maximum of four athletes may toss a single flyer. Athletes may crossover and compete in two heats, one of which must be the synchronized toss.

- Heat 1: Minimum 450 degree rotation in a single toss (10 pts)
- Heat 2: Two synchronized tosses (10 pts)
- Heat 3: Open-no skill requirements (10 pts)

EVENT 5: TUMBLING EVENT (60 POSSIBLE POINTS)

Six heats construct the Tumbling Event. Athletes may compete in the both the synchronized portion and in one single pass, but tumble a maximum of two times.

- Duo- Two athletes execute synchronized identical tumbling pass (10 pts)
- Trio- Three athletes execute synchronized identical tumbling pass (10 pts)
- Quad- Four athletes execute synchronized identical tumbling pass (10 pts)
- Aerial- single pass; must execute one flip before final flip in pass (10 pts)
- Six Element single pass; six elements including last skill (10 pts)
 Open single pass; no requirements (10 pts)

EVENT 6: TEAM EVENT (110 POSSIBLE POINTS)

One heat constructs the Team Event. Athletes perform synchronized choreographed skills set to music in a maximum of 2 minutes and 30 seconds using a minimum of 18 athletes and a maximum of 24 athletes combining required and optional skills. The required skills include:

- 30 acro elements (20 pts)
- Five tosses (20 pts)
- Four pyramids (2.5 high) (20 pts)
- One Jump/Standing Tumbling Pass per number of athletes on the mat (20 pts)
- One Running Tumbling Pass per number of athletes on the mat (20 pts)
- Additional scored categories:
 - a. Routine construction (5 pts)
 - b. Dance/Composition/Artistry 50 percent of the team must perform two, eight