

BAYLOR®

Acrobatics & Tumbling | Ferrell Center | Waco, Texas | @BaylorAcroTumb | BaylorBears.com

BAYLOR HIGH SCORES IN 2022

COMPULSORY - Total:	38.90
Heat 1 (Acro):	9.90
Heat 2 (Pyramid):	9.95
Heat 3 (Toss):	9.95
Heat 4 (Tumbling):	9.60
ACRO - Total:	29.80
Heat 1 (5 Element):	9.95
Heat 2 (6 Element):	9.90
Heat 3 (7 Element):	9.95
PYRAMID - Total:	29.90
Heat 1 (Inversion):	9.95
Heat 2 (Synchronized):	10.00
Heat 3 (Open):	10.00
TOSS - Total:	29.15
Heat 1 (450 Salto):	9.70
Heat 2 (Synchronized):	9.70
Heat 3 (Open):	9.85
TUMBLING - Total:	58.075
Heat 1 (Duo):	9.650
Heat 2 (Triple):	9.650
Heat 3 (Quad):	9.750
Heat 4 (Aerial):	9.850
Heat 5 (6 Element):	9.900
Heat 6 (Open):	9.975
TEAM -	101.16

MEET TOTAL: 285.240, March 8, Saint Leo



#1 Baylor (6-0) vs. #7 Hawaii Pacific (1-4)

Saturday, Apr. 2, 2022

5:00 p.m. CT

Ferrell Center | Waco, Texas

Series History: Baylor leads, 6-0

In Waco: 3-0

Last Meeting: Baylor 273.385 - 269.300, 3/27/21, Waco

Television/Live Stream: ESPN+

Live Scoring: BaylorBears.com

Live Updates on Twitter: @BaylorAcroTumb



STORYLINES

- The Bears are coming into the meet after a 279.460-257.725 victory against UMHB on March 25.
- Baylor is on a 11-match winning streak, dating back to 3/27/21.
- Jordan Gruendler & Bayley Humphrey, Emily Tobin & Riley Chimwala continue to impress as they perform never-before-competed elements like a one-handed handstand and one-handed split handstand.
- Humphrey has been named Specialist of the Week twice this season, while Gruendler has earned it once.
- Emily Tobin has been named Athlete of the Week four times this season.
- Baylor was named the preseason favorite in the NCATA poll on Feb. 9.
- The Bears have been the No. 1 team in both Championship Rankings thus far.

2022 SCHEDULE & RESULTS

DATE	OPPONENT	LOCATION	RESULT/TIME (CT)
Feb. 5	#14 Mary Hardin-Baylor	WACO	W
Feb. 16	at East Texas Baptist	Marshall, Texas	W
Feb. 27	#3 Oregon	WACO	W
Mar. 8	at Saint Leo	Saint Leo, Fla.	W
Mar. 19	at Quinnipiac	Hamden, Conn.	W
Mar. 25	at Mary Hardin-Baylor	Belton, Texas	W
Apr. 2	Hawaii Pacific	WACO	5pm CT
Apr. 10	at Oregon	Eugene, Oregon	4pm CT
Apr. 28-30	NCATA Championships	Eugene, Oregon	TBA

NOTABLES

TOBIN ON TOP

Junior top Emily Tobin has earned the NCATA's Athlete of the Week honor four times so far this season, while earning Honorable Mention for the award twice.

NEW TRICKS

The Bears continue to roll out new elements this season, taking inspiration from acrobatic gymnastics. Jordan Gruendler and Bayley Humphrey have competed most of the elements, including two new hand-to-hand elements in acro – split one-handed handstand and a one-handed handstand. BU has also debuted a new pyramid. None of these elements had previously been performed in A&T.

JUST WIN, BABY

Baylor head coach Felecia Mulkey has won all ten NCATA National Championships since the sport's first postseason tournament in the 2011 season. Mulkey won four titles while coaching at Oregon from 2009-2014, and has won the last six as head coach of the Bears from 2015-2021.

MORE W'S, PLEASE

Mulkey is currently 68-2 during her tenure as head coach of the Bears.

BRANCHING OUT

The coaching tree for Felecia Mulkey continues to gain new branches. The most recent Bear to find herself in a coaching position is 2021 grad Camryn Bryant, who was named the head coach of the Texas Lutheran squad on February 14, 2022. TLU is one of the newest programs, and Bryant is its inaugural A&T head coach.

6-STRAIGHT NATTY'S

Baylor has won six-consecutive NCATA national championships, all under head coach Felecia Mulkey. From 2015 to 2021, the Bears have dominated the sport, going 62-2 while picking up the six titles.

BEARS ON TOP

Baylor has been ranked No. 1 to start each of the last seven seasons.

ON AND OFF THE MAT

The Bears had a 3.40 GPA for the 2021 fall semester, with 10 student-athletes boasting a 4.0 GPA. There were 11 athletes who had their best-ever term GPA in that semester. There were 31 Bears named Academic Champions. Overall, 79% of the squad had a 3.0 semester GPA or better.

QUICK FACTS

UNIVERSITY

Location:	Waco, Texas
Chartered:	1845, by Republic of Texas
Enrollment:	20,626
President:	Dr. Linda A. Livingstone
Faculty Representative:	Dr. Carson Mencken
Director of Athletics:	Mack Rhoades
Sport Administrator:	Mabry Hermann
Conference:	Big 12
Nickname:	Bears
Mascots:	Joy and Lady (live Black Bears)
Colors:	Green (PMS 560) & Gold (PMS 1235)
Facility:	Ferrell Center (6,000)
University Website:	www.Baylor.edu

ACROBATICS & TUMBLING INFORMATION

2021 Overall Record:	6-1
Current Ranking:	No. 1
Returners/Newcomers:	38/10

COACHING STAFF

Head Coach:	Felecia Mulkey
Alma Mater, Year:	Kennesaw State, 1997
Career Record (years):	111-5 (12th season)
Record at Baylor (years):	68-2 (8th season)
Assistant Coach:	Kelsey Rowell (6th season)
Alma Mater (Year):	Oregon, 2012
Assistant Coach:	Alia Stark (1st season)
Alma Mater (Year):	Alderson Broaddus, 2017
Director of Operations:	Treasure Fields
Alma Mater (Year):	Concordia Wisconsin, 2016

ATHLETIC COMMUNICATIONS

Associate AD, Communications:	David Kaye
Associate Director/A&T Contact:	Madelon Allen
E-mail:	Madelon_Allen@Baylor.edu
Cell Phone:	254-252-7168
Office Mailing Address:	1500 S. University Parks Dr. Waco, TX 76706
Official Athletics Website:	www.BaylorBears.com
Official Athletics Twitter Feed:	@BaylorAthletics
Official A&T Twitter/FB/Insta Feed:	@BaylorAcroTumb

PROGRAM HISTORY

First Season:	2011
All-Time Record:	77-23
All-Time NCATA Championships Record:	19-4
NCATA Appearances:	10 (2011-19,21)
NCATA Titles:	5 (2015-19)
NCATA Individual Event Titles:	36
All-American Honors:	26

THE EVENTS

COMPULSORY – Each team competes identical pre-determined set of skills with a pre-determined starting value of 10.0. There are four heats that include acro, pyramid, toss and tumbling. Each heat can score up to a perfect 10, with the total combined event score of 40 points.

ACRO – In the acro event, teams compete in three different heats of 5, 6, and 7 element acro skills. In the acro event, teams of typically 2-4 athletes will compete acrobatic movements demonstrating great strength, balance, technique and core from both the bases and tops. Each heat may score up to a perfect 10 with a total combined score in this event up to 30 points.

PYRAMID – In this event, teams compete in three individual heats of pyramids valued at up to 10 points per heat for a maximum of 30 points for the event. Teams want to use as few athletes as possible to create the most unique and difficult pyramid. Each heat has a different requirement: inverted top, synchronized and open.

TOSS – The toss event is a high-flying event with four athletes tossing a fifth athlete (top) high in the air, while completing flipping and/or twisting forward or backward. Two of the three heats are solo tosses while one heat is a synchronized toss. Each of the three toss heats may score up to 10 points each for a total maximum score for the event of up to 30 points.

TUMBLING – The tumbling event shows the sheer power of each team. Six heats construct the Tumbling Event with 10 points each for a maximum of 60 points for the event. Athletes may compete in both the synchronized portion and in one solo pass. In this event, tumbling combinations will feature difficulty, multiple flips, and twists in various passes with athletes tumbling both forward and backward.

TEAM – In this event, athletes perform synchronized choreographed skills in a 2 1/2 minute routine set to music. Each team competes up to 24 athletes. Routines are composed to showcase all skill sets that have been competed in the previous five events. This event has a maximum of 110 points, making it extremely crucial to the outcome of the meet.

2022 NCATA WEEKLY AWARD WINNERS

Emily Tobin – Athlete of the Week – 2/9/22

Jordan Gruendler – Specialist of the Week – 2/9/22

Aliyah Kaloostian – Honorable Mention Freshman of the Week – 2/9/22

Emily Tobin – Athlete of the Week – 2/23/22

Bayley Humphrey – Specialist of the Week – 2/23/22

Jordan Gruendler – Honorable Mention Freshman of the Week – 2/23/22

Emily Tobin – Athlete of the Week – 3/2/22

Riley Chimwala – Honorable Mention Specialist of the Week – 3/2/2022

Emily Tobin – Honorable Mention Athlete of the Week – 3/16/22

Briana Harris – Honorable Mention Specialist of the Week – 3/16/22

Emily Tobin – Honorable Mention Athlete of the Week – 3/23/22

Kristen McCain – Honorable Mention Specialist of the Week – 3/23/22

Emily Tobin – Athlete of the Week – 3/30/22

Bayley Humphrey – Specialist of the Week – 3/30/22

OTHER ACCOLADES

Big 12 Dr. Gerald Lage Academic Achievement Award

Keri Collins / Olivia Felton / Tawn Gurnsey / Kamryn Kitchens

Abby Luong / Ava White

Academic All-Big 12 At-Large Team

21 Named First Team / 6 Named Second Team

2022 ROSTER

NO.	NAME	POSITION	CLASS	HOMETOWN/PREVIOUS SCHOOL
43	Layla Alexander	Tumbler	FR	Waco, Texas/Homeschool
53	Bailey Baughn	Base/Tumbler	FR	Austin, Texas/Lake Travis HS
46	Morgan Brown	Base/Tumbler	FR	Charlotte, N.C./Charlotte Christian
40	Karsyn Campbell	Top/Tumbler	JR	Elk Grove, Calif./Bradshaw Christian School
37	Riley Chimwala	Base	SR	Plano, Texas/Plano Senior HS
20	Hannah Chrisman	Base/Top	SR	Pittsburgh, Pa./Norwin HS
18	Hannah Cobin	Base	SR	Pipersville, Pa./Central Buck East HS
22	Keri Collins	Top/Tumbler	JR	Houston, Texas/Stratford HS
32	Zoë Collins	Base	SO	Newark, Del./Sanford HS
50	Faith Coor	Back/Base	SR	The Colony, Texas/The Colony HS
11	Brennah Cotner	Top	SO	Katy, Texas/Seven Lakes HS
39	Kourtney Coven	Base	SR	Ft. Lauderdale, Fla./Saint Thomas Aquinas HS
30	Aundria Crittenden	Top	SR	Cumming, Ga./West Forsyth HS
19	Talia De La Cruz	Tumbler	FR	Clermont, Fla./Lake Minneola HS
36	Raegan Dover	Base	SR	Alpharetta, Ga./South Forsyth HS
5	Olivia Felton	Top	SR	Solon, Iowa/Solon HS
33	Addi Grandy	Base	FR	Niceville, Fla./Niceville HS
38	Jordan Gruendler	Top	FR	San Antonio, Texas/Pearson Online Academy
44	Tawn Gurnsey	Top	SR	Winter Haven, Fla./All Saints Academy
27	Briana Harris	Base	GR	Cibolo, Texas/Steele HS
25	Tori Harris	Tumbler	JR	Waco, Texas/Woodway HS
45	Bayley Humphrey	Base	SO	Chandler, Ariz./Hamilton HS
51	Rakel Jeffries	Tumbler/Top	FR	Canton, Ohio/Perry HS
17	Ally Joswick	Top	SO	Plainfield, Ill./Benet Academy
54	Aliyah Kaloostian	Tumbler	FR	Phoenix, Ariz./Pinnacle HS
6	Kacie Kier	Base/Top/Tumbler	FR	Clearwater, Fla./Calvary Christian HS
9	Kamryn Kitchens	Top	JR	Kennesaw, Ga./Mount Paran Christian School
12	Shaye Lauro	Top	JR	Chicago, Ill./West Chicago Community HS
4	Abby Luong	Top	JR	Loomis, Calif./Del Oro HS
1	Kristen McCain	Top	SO	Cypress, Texas/Cypress Woods HS
41	Grayson Moore	Base	SO	Cedar Park, Texas/Cedar Park HS
10	Haley Mustafa	Base	JR	Placentia, Calif./Mater Valencia HS
52	Emi Nelson	Base/Tumbler	FR	Pittsburgh, Pa./Norwin HS
24	Mariah Polk	Base/Tumbler	SO	Dallas, Ga./Harrison HS
2	Kate Puentes	Base	SR	Yorba Linda, Calif./Yorba Linda HS
35	Sophia Ranni	Top	SR	Poughkeepsie, N.Y./Arlington HS
42	Alayja Reynolds	Top/Base	JR	Maricopa, Ariz./Maricopa HS
23	Kennedy Riley	Base/Top	SR	Atlanta, Ga./South Cobb HS
28	Mikaela Robinson	Base	JR	Spring, Texas/Klein Collins HS
49	Raffaella Scotto	Back/Base	SR	Kemah, Texas/Lutheran South Academy
48	Katherine Shiffer	Base	JR	Fairfax, Va./Robinson Secondary School
3	Drew Sliker	Top/Tumbler	JR	Brighton, Tenn./Brighton HS
15	Maggie Smith	Tumbler/Top	FR	Katy, Texas/Tompkins HS
7	Emily Tobin	Top/Tumbler	JR	Templeton, Calif./Templeton HS
8	Gianna Vaiarelli	Tumbler	FR	Delran, N.J./Delran HS
14	Adelaide Vezzosi	Top/Tumbler	FR	Briok, N.J./Donovan Catholic HS
16	Sara Weber	Top	SO	Bryant, Ark/Bryant HS
13	Ava White	Base/Top	SR	Waco, Texas/China Spring HS
26	Catie Wilkins	Tumbler/Top	FR	Huntsville, Utah/Morgan HS

Head Coach: Felecia Mulkey (Kennesaw State, 1997), eighth season at Baylor

Assistant Coaches: Kelsey Rowell (Oregon, 2012), sixth season at Baylor, Alia Stark (Alderson Broaddus, 2017), first season at Baylor

Director of Operations: Treasure Fields (Concordia [Wis.], 2016), third season at Baylor

PRONUNCIATIONS

Riley CHIMWALA.....	Chim-wall-uh
Faith COOR.....	Core
Jordan GRUENDLER.....	grend-ler
Sophia RANNI.....	Ray-Knee
ALAYJA Reynolds.....	Uh-LAY-shuh
RAFAELLA SCOTTO.....	Raf-aye-Ella Sko-Tow
Adelaide VEZZOSI.....	Vez-oh-zi
Gianna VAIARELLI.....	Vi-ah-rell-ee

THE LAST TIME BAYLOR...

Won at Home	2/5/22 vs. UMHB (277.930-251.305)
Lost at Home	4/12/14 vs. Azusa Pacific (280.880-277.960)
Won Away	3/25/22 at UMHB (279.460-257.725)
Lost Away	3/6/21 at Oregon (2801.635-280.660)
Won Neutral Meet	4/28/18 vs. Quinnipiac (283.360-274.650)
Lost Neutral Meet	4/26/14 vs. Oregon (286.600-280.295)
Won by Less Than 1 Point	3/18/14 at Azusa Pacific (281.370-281.100)
Won by 1-2 Points	3/31/16 at Oregon (282.025-280.180)
Won by 2-5 Points	4/10/21 vs. Oregon (287.430-283.885)
Won by 5-10 Points	4/22/21 vs. Oregon (281.865-276.810)
Won by 10 or More Points	3/25/22 at UMHB (279.460-257.725)
Lost by Less Than 1 Point	3/6/21 at Oregon (2801.635-280.660)
Lost by 1-2 Points	N/A
Lost by 2-5 Points	4/12/14 vs. Azusa Pacific (280.880-277.960)
Lost by 5-10 Points	2/25/17 at Oregon (285.025-277.900)
Lost by 10 or More Points	3/4/12 at Oregon (287.115-267.220)
Largest Margin of Victory	124.190, 3/9/20 at Presbyterian/vs. St. Leo (275.940-253.825-151.750)
Largest Margin of Loss	19.895, 3/4/12 at Oregon (287.115-267.220)
Most Recent Win Streak	11 in a row (3/27/21 to 3/25/2022)
Most 10pt Scores	4 at Oregon (3/12/2015)

NCATA Rankings (3/30)

1. Baylor
2. Azusa Pacific
3. Gannon
4. Oregon
5. Quinnipiac
6. Limestone
7. Hawaii Pacific
8. Fairmont State
9. King
10. Converse

PERFECT 10's IN 2022

Compulsory:

Acro:

Pyramid: Heat 2 (ETBU), Heat 3 (ETBU), Heat 2 (Saint Leo), Heat 3 (UMHB)

Toss:

COACHES



FELECIA MULKEY

HEAD COACH | EIGHTH SEASON
KENNESAW STATE, 1997

A transcendent leader on the forefront of the growing sport of acrobatics and tumbling, Felecia Mulkey has won all 10 of the National Collegiate Acrobatics and Tumbling Association (NCATA) championships offered and boasts a career record of 108-5 over 11 seasons as a head coach of acrobatics and tumbling.

Entering the 2021-22 season, she is in her eighth year as the head coach at Baylor University and has completely changed the program since arriving in Waco in June of 2014. After winning four-straight NCATA titles at the University of Oregon, she has led the Bears to six-straight NCATA championships with a 65-2 seven-year record in Waco and compiled a 38-meet win streak (2017-21) as she has tutored 19 NCATA-All-Americans in seven seasons.

Mulkey won her 10th-career national championship and sixth-straight while at the helm at Baylor in 2021 as the No. 2 seed in the 2021 NCATA National Championships hosted inside the Ferrell Center. The Bears first defeated No. 3 seed Oregon in the semifinal, before downing No. 1 seed Azusa Pacific in the championship meet. Baylor finished the season with a 6-1 record, while earning a number of individual honors at the end of the season. For the fourth-consecutive time, a Baylor student-athlete was named the NCATA Most Outstanding Athlete as Emily Tobin earned the honor, while Riley Chimwala was named the NCATA Freshman of the Year. Tobin, Chimwala and Kam Kitchens all earned All-America honors, while Maddie McNamee was named the Louise Goodrum Academic Award winner.

In 2020, Mulkey's Bears were ranked No. 1 nationally, were 6-0 and had won four meets to start the season before it was cancelled due to COVID-19.

In 2019 she guided the Bears to an unprecedented fifth-straight NCATA title, winning a program-record 14 meets as the Bears went 14-0 on the year to finish with a 278,400-271,725 victory over Oregon in the NCATA team final in front of the home fans at the Ferrell Center. Ashley Echelberger was named the NCATA Most Outstanding Athlete, becoming the third-straight Bear to win the title and the fourth such honor under Mulkey's leadership. Top Joie Hensley was named NCATA Specialist of the Year and four Bears (Kaylee Adams, Hope Bravo, Ceara Gray and Echelberger) were named NCATA All-Americans.

In 2018, the Bears went 11-0, the third undefeated season in four years en route to winning the program's fourth-straight NCATA title. Mulkey was named NCATA Coach of the Year for the second time in her career. The Bears defeated Quinnipiac, 283,360-274,650, while winning all six events. Ceara Gray earned Most Outstanding Player and Kaylee Adams Specialist of the Year. Gray, Adams and Lauren Sturm earned All-America honors.

In 2017, Mulkey's squad went 9-1 and finished the season with eight straight wins to secure the program's third straight NCATA national title. When it was all said and done, the Bears had three NCATA All-Americans (Kiara Nowlin (NCATA Most Outstanding Player), Kaelyn Cowan and Lauren Sturm) for the second consecutive year and third time since 2013, five NCATA individual event titles, 15 Academic All-Big 12 At-Large honorees and a then-program-record four NCATA Player of the Week awards.

During the 2016 season, Mulkey led Baylor to a second straight perfect record (10-0) en route to claiming the 2016 NCATA national championship. Along the way, Kiara Nowlin, Shayla Moore and Kaelyn Cowan earned NCATA All-American honors.

After guiding the Oregon Ducks to four consecutive NCATA national championships in five years, Mulkey, in her first season as Baylor's head coach, guided the Bears to the program's first NCATA national championship, defeating the defending champion Oregon Ducks three times en route to the crown. The Bears posted a program-best 11-0 record. Sophomore Kiara Nowlin, freshman Shayla Moore and senior Keegan Johnson received 2015 NCATA All-America honors and the Bears claimed eight event titles. In addition, Nowlin was named the 2015 NCATA Most Outstanding Player and Moore earned Freshman of the Year recognition.

Mulkey was the head coach at the University of Oregon from 2009 through 2014, first at the helm of the competitive stunts and gymnastics team and that evolved into acrobatics and tumbling and the inaugural season of the NCATA in 2011. At the helm of the Ducks, Mulkey

boasted a 43-3 overall record while winning four national championships, 30 event titles, 11 All-America honors, two Athlete of the Year accolades, a Newcomer of the Year honor and a Coach of the Year award.

In her 10 seasons as a head coach of acrobatics and tumbling, Mulkey, a native of Atlanta, Ga., has an overall record of 105-4 while winning nine national titles, 62 event titles, coached 27 student-athletes to All-America honors with six earning Athlete of the Year awards.

Off the mat, Mulkey works tirelessly in growing the sport of acrobatics and tumbling. She continues to play a key role in the progression of acrobatics & tumbling's effort to gain NCAA sport status. Prior to the 2010-11 season, Mulkey was a catalyst in developing the scoring format that is currently in practice in acrobatics and tumbling meets. She currently serves as the Director of Expansion for the NCATA (National Collegiate Acrobatics and Tumbling Association), acting as the liaison between the sport and athletic directors looking to add the sport as A&T pushes into becoming an NCAA emerging sport. It currently has been adopted as an emerging sport by Divisions II and III, with Division I expected to follow suit in the coming months.

She has also influenced many of her former student-athletes to give back to the sport that has given them so much, as 10 of them are currently head coaches of collegiate acrobatics & tumbling programs at universities and colleges around the country. With 33 active programs entering the 2021 season, that accounts for almost a third of the head coaches nationally.

Prior to her stint at Oregon, Mulkey built the Kennesaw State competitive cheer program into a national powerhouse. She was also the The Owls finished fourth in the 2008 All-Women's Division I Collegiate Championships after capturing national titles in 2004 and 2005.

Mulkey, a 1998 Kennesaw State health and exercise science graduate, oversaw the development of a program that finished no worse than third nationally from 2001 through 2007. Her success resulted in the program ascending to the Division I level in 2006. Her dedication to her alma mater led her to being inducted into the Kennesaw State Athletics Hall of Fame in the fall of 2019.

Prior to transferring and taking over the head coaching reins at the Kennesaw, Ga., school in May 1997, Mulkey cheered for two years at Southern Union State (Wadley, Ala.), and led the Bison to an eighth-place national finish in 1995.

In addition to directing the Owls' spirit and competitive programs, Mulkey served as the school's sports operations director from 2007-2008 as well as the sports marketing and promotions director from 2000-06.

COACHES



KELSEY ROWELL

**ASSISTANT COACH | SIXTH SEASON
OREGON, 2012**

After spending two seasons as an assistant coach at Oregon and the 2016 season as a volunteer assistant at Baylor, former Oregon All-American Kelsey Rowell is in her sixth season as an assistant coach of the Baylor acrobatics and tumbling team in 2021-22.

In her five seasons as an assistant coach, Rowell helped the program win its sixth-straight NCATA title (four under her tenure) in 2021. For the fourth-consecutive time, a Baylor student-athlete was named the NCATA Most Outstanding Athlete in 2021 as Emily Tobin earned the honor, while Riley Chimwala was named the NCATA Freshman of the Year. Tobin, Chimwala and Kam Kitchens all earned All-America honors, while Maddie McNamee was named the Louise Goodrum Academic Award winner.

Baylor won another nine individual event titles in 2019, as she has coached three NCATA All-Americans, including the NCATA Most Outstanding Athlete, Ashley Echelberger and the Specialist of the Year Joie Hensley.

The Bears won six NCATA individual event titles in 2018 and she coached three NCATA All-Americans, including the Most Outstanding Athlete (Ceara Gray) and Specialist of the Year Kaylee Adams.

In her first season as assistant coach, Rowell played a large role in guiding Baylor to its third straight NCATA national title and five NCATA individual event titles. She also helped coach three NCATA All-Americans.

Rowell, in her role as a volunteer assistant with the Bears, helped lead Baylor to the 2016 NCATA national championship, the program's second straight crown.

Rowell, a member of the Oregon acrobatics and tumbling team from 2009-2012 while coach Mulkey was the Ducks' coach, helped lead Oregon to the 2011 and 2012 NCATA National Championships. She earned several individual tumbling event national titles and was honored as an NCATA All-American as a senior.

Rowell (rhymes with towel), an Oregon native, has 12 years of all-around experience in gymnastics, competing nationally in Oregon, California and Texas before joining the Oregon squad 2009. Prior to competing collegiately, she was a 2001 Level IX Western National Qualifier and a Level 10 National Qualifier in 2002 and 2003. She garnered regional championship titles on floor, beam and vault.

After graduating from Oregon in 2012 with a degree in sociology and prior to entering the coaching ranks, Rowell worked at Vircon Inc., in Portland, Ore., as a consultant relations manager in the human resources department.



ALIA STARK

**ASSISTANT COACH | FIRST SEASON
ALDERSON BROADDUS, 2017**

Stark was named assistant coach at Baylor on July 2 of 2021 after a four-year stint as an assistant for the acrobatics and tumbling program at Gannon University in Erie, Pa.

In her time at Gannon, Stark served as the team's recruiting coordinator, as well as in all facets of team training, practice and preparation and helped lead the Golden Knights to the NCATA National Championships in 2018 and 2019. In 2021, Gannon finished the season a perfect 6-0 and ranked No. 5 in the final NCATA rankings.

In addition, she coached the Golden Knights to the 2018 inversion pyramid event national championship, while assisting in getting seven groups to qualify for the national event finals, with all seven placing in the top three in the nation. She has coached 2021 NCATA All-American Nikki Pizzi, 2018 NCATA All-American Chelsea Cowan, NCATA All-Academic Team honorees Jocelyn Scott and Abigail Miller, as well as 82 NCATA Academic Honor Roll recipients and four NCATA national weekly award winners.

Gannon teams with Stark as part of the coaching staff hold the program record in total score, three of six events, and 17 of 19 heats, and have posted six perfect scores, including three perfect 10s.

A native of Reno, Nevada, Stark was a four-year member and three-time NCATA All-American with the acrobatics and tumbling team at Alderson Broaddus. She graduated with a degree in political science from Alderson Broaddus in 2017 and earned her master's in curriculum and instruction from Gannon in August 2021.

Stark (nee Nolan) was married in the summer of 2021.

STAFF



TREASURE FIELDS

DIRECTOR OF OPERATIONS | THIRD SEASON
ALDERSON BROADDUS, 2017

Entering the 2020-21 campaign, Treasure Fields is in her second season as the Director of Operations for the program.

Fields was previously named West Liberty's first Acrobatics and Tumbling coach in December 2016 and quickly hit the recruiting trail in preparation for the Hilltoppers' varsity debut in March 2018. The hard work and attention to detail paid off in 2018 as WLU posted the first tri-meet sweep in school history and produced the program's first MEC Athlete of the Week along with four All-MEC selections.

In 2019, Fields coached the Hilltoppers to victories over Concordia and Davis & Elkins College, while coaching four student-athletes to All-Mountain East Conference honors. Fields' programs didn't just succeed in the gym but also in the classroom, with nine Hilltoppers being named to the NCATA Academic Honor Roll.

A native of Richmond, Va. who was an Acrobatics & Tumbling standout at Concordia (Wis.), Fields had been serving as a graduate assistant coach at Concordia before coming to the hilltop. The Hilltopper coach was a Dean's List student at Concordia and graduated with a degree in Justice and Public Policy.

A key member of the Concordia team, Fields competed in every meet as a base during her two seasons with the Falcons. Fields earned national recognition as a senior when she was named to the National Collegiate Acrobatics and Tumbling Association (NCATA) Honor Roll for the week of Feb. 19.

She spent the first two years of her collegiate journey at Old Dominion University, which does not have an Acrobatics and Tumbling program, before transferring to the Wisconsin school to pursue her passion with the Falcons' fledgling A&T program.

Fields developed her skills through a lifetime of dedication and hard work fueled by more than 15 years of competitive cheerleading experience while growing up in Richmond. The highlight of Fields' competitive cheerleading career came during her high school years when she competed as a member of the prestigious Fame All-Stars Super Seniors team in Midlothian, Va.

Fields honed her leadership skills by helping lead the Virginia squad to three consecutive Top 10 finishes in the United States All Star Federation (USASF) World Championships in Orlando, Fla.

2022 SEASON SCORES

DATE	BU RANK	RESULT	OPPONENT	SCORE (BU - OPP)	ATT.	W/L BY #POINTS
2/5/22	#1	W	#14 MARY HARDIN-BAYLOR	277.930 - 251.305	1191	W by 26.625
2/16/22	#1	W	@ East Texas Baptist	281.330 - 211.680	331	W by 69.65
2/27/22	#1	W	#3 OREGON	281.505 - 275.495	1825	W by 6.01
3/8/22	#1	W	@ Saint Leo	285.240 - 261.890	---	W by 23.35
3/19/22	#1	W	@ #4 Quinnipiac	284.460 - 280.685	---	W by 3.775
3/25/22	#1	W	@ Mary Hardin-Baylor	279.460 - 257.725	---	W by 21.735
4/2/22	#1		#7 HAWAII PACIFIC			
4/10/22			@ Oregon			
4/28-30			NCATA Championships †			

SEASON AVERAGES AND HIGH SCORES

EVENT	AVERAGE	SEASON HIGH	10 SCORES
COMPULSORIES	38.56	38.90 (2/16)	
ACRO	29.60	29.80 (2/27)	
PYRAMID	29.52	29.90 (2/16)	4
TOSS	28.71	29.15 (3/8)	
TUMBLING	57.30	58.075 (2/27)	
TEAM ROUTINE	97.83	101.16 (3/19)	
FINAL SCORE	281.654	285.240 (3/8)	

TOTAL SCORES

OPPONENT	COMPULSORIES	ACRO	PYRAMID	TOSS	TUMBLING	TEAM ROUTINE	SCORE
VS UMHB (FEB. 5)	38.00*	29.50*	29.65*	28.55*	56.400*	95.83*	277.930*
AT ETBU (FEB. 16)	38.90*	29.55*	29.90*	28.25*	57.400*	97.33*	281.330*
VS OREGON (FEB. 27)	38.80*	29.80*	29.50*	28.25*	58.075*	97.08*	281.505*
AT SAINT LEO (MAR. 8)	38.45*	29.50*	29.65*	29.15*	57.950*	100.54*	285.240*
AT QUINNIPIAC (MAR. 19)	38.60*	29.55*	29.45	29.10*	56.600*	101.16*	284.460*
AT UMHB (MAR. 25)	38.65*	29.70*	28.95*	28.95*	57.400*	95.010*	279.460*
VS HPU (APR. 2)							
AT OREGON (APR. 10)							
NCATA (APR. 28)							

COMPULSORIES

OPPONENT	ACRO	PYRAMID	TOSS	TUMBLING	SCORE
VS UMHB (FEB. 5)	9.75*	9.70	9.95*	8.60*	38.00*
AT ETBU (FEB. 16)	9.55*	9.85*	9.90*	9.60*	38.90*
VS OREGON (FEB. 27)	9.55*	9.95*	9.90*	9.40*	38.80*
AT SAINT LEO (MAR. 8)	9.90*	9.95*	9.90*	8.70*	38.45*
AT QUINNIPIAC (MAR. 19)	9.65*	9.70	9.95*	9.30**	29.55*
AT UMHB (MAR. 25)	9.75*	9.85*	9.95*	9.10*	38.65*
VS HPU (APR. 2)					
AT OREGON (APR. 10)					
NCATA (APR. 28)					

ACRO

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
VS UMHB (FEB. 5)	9.95*	9.75*	9.80*	29.50*
AT ETBU (FEB. 16)	9.90*	9.85*	9.80*	29.55*
VS OREGON (FEB. 27)	9.95*	9.90**	9.95*	29.80*
AT SAINT LEO (MAR. 8)	9.90*	9.90*	9.70*	29.50*
AT QUINNIPIAC (MAR. 19)	9.85	9.85*	9.85**	29.55*
AT UMHB (MAR. 25)	9.90*	9.90*	9.90*	29.70*
VS HPU (APR. 2)				
AT OREGON (APR. 10)				
NCATA (APR. 28)				

PYRAMID

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
VS UMHB (FEB. 5)	9.85*	9.90*	9.90*	29.65*
AT ETBU (FEB. 16)	9.90*	10.00*	10.00*	29.90*
VS OREGON (FEB. 27)	9.80*	9.75**	9.95*	29.50*
AT SAINT LEO (MAR. 8)	9.75*	10.00*	9.90*	29.65*
AT QUINNIPIAC (MAR. 19)	9.80	9.80*	9.85	29.45
AT UMHB (MAR. 25)	9.95*	9.80*	10.00*	29.75*
VS HPU (APR. 2)				
AT OREGON (APR. 10)				
NCATA (APR. 28)				

2022 SEASON SCORES (cont.)

TOSS				
OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
VS UMHB (FEB. 5)	9.45*	9.30*	9.80*	28.55*
AT ETBU (FEB. 16)	9.25*	9.40*	9.60*	28.25*
VS OREGON (FEB. 27)	9.00*	9.70*	9.55*	28.25*
AT SAINT LEO (MAR. 8)	9.70*	9.60*	9.85*	29.15*
AT QUINNIPIAC (MAR. 19)	9.70*	9.70**	9.70*	29.10*
AT UMHB (MAR. 25)	9.60*	9.50*	9.85*	28.95*
VS HPU (APR. 2)				
AT OREGON (APR. 10)				
NCATA (APR. 28)				

TUMBLING							
OPPONENT	DUO	TRIPLE	QUAD	AERIAL	SIX ELEMENT	OPEN	SCORE
VS UMHB (FEB. 5)	9.350*	9.000*	9.100*	9.450*	9.675*	9.825*	56.400*
AT ETBU (FEB. 16)	9.000*	9.650*	9.300*	9.600*	9.900*	9.950*	57.400*
VS OREGON (FEB. 27)	9.650*	9.600*	9.500*	9.850	9.575	9.900*	58.075*
AT SAINT LEO (MAR. 8)	9.300*	9.300*	9.750*	9.825*	9.800*	9.975*	57.950*
AT QUINNIPIAC (MAR. 19)	9.300	8.900*	9.150**	9.800	9.625	9.825*	56.600*
AT UMHB (MAR. 25)	9.300*	9.000*	9.600*	9.775*	9.850*	9.875*	57.400*
VS HPU (APR. 2)							
AT OREGON (APR. 10)							
NCATA (APR. 28)							

TEAM EVENT	
OPPONENT	SCORE
VS UMHB (FEB. 5)	95.83*
AT ETBU (FEB. 16)	97.33*
VS OREGON (FEB. 27)	97.08*
AT SAINT LEO (MAR. 8)	100.54*
AT QUINNIPIAC (MAR. 19)	101.16*
AT UMHB (MAR. 25)	95.010*
VS HPU (APR. 2)	
AT OREGON (APR. 10)	
NCATA (APR. 28)	

* INDICATES EVENT/HEAT WIN

** INDICATES EVENT/HEAT TIE

§ - NCATA NATIONAL CHAMPIONSHIPS, EUGENE, OREGON

PROGRAM RECORDS

Total Score

Score	Opponent	Date
1. 290.650	Gannon	3/3/20
2. 289.745	Oregon	4/2/17
3. 288.310	at Arizona Christian/Hawaii Pacific (Tri Meet)	3/30/19
4. 287.915	Azusa Pacific (NCATA Championships)	4/25/15
5. 287.825	Gannon	3/26/17

Tumbling Score

Score	Opponent	Date
1. 58.900	Gannon	3/3/20
2. 58.875	Converse	3/26/19
58.675	Azusa Pacific (NCATA Championships)	4/25/15
4. 58.65	at Fairmont State	3/8/17
58.65	at Azusa Pacific	4/11/17

Compulsory Score

Score	Opponent	Date
1. 39.44	at Maryland	12/5/10
2. 39.25	Gannon	3/26/17
3. 39.15	Oregon	4/10/21
4. 39.12	Maryland/Azusa Pacific	2/24/11
5. 39.10	Gannon	3/3/20

Attendance

Attendance	Opponent	Date
1. 2,346	Oregon	2/25/18
2. 2,163	Oregon (NCATA Championships)	4/19/16
3. 1,946	Oregon	2/23/20
4. 1,825	Oregon	2/27/22
5. 1,589	Oregon	4/7/19
6. 1,551	Oregon	2/21/16

Acro Score

Score	Opponent	Date
1. 29.90	Concordia/Quinnipiac	2/7/15
2. 29.85	Oregon	4/10/21
3. 29.80	Oregon	2/27/22
4. 29.75	Azusa Pacific (NCATA Championships)	4/23/21
5. 29.70	Azusa Pacific	4/25/15
29.70	Gannon	3/3/20
29.70	at East Texas Baptist	4/1/21
29.70	at UMHB	3/25/22

Pyramid Score

Score	Opponent	Date
1. 30.00	at Oregon	3/12/15
2. 29.95	Oregon (NCATA Championships)	4/26/14
3. 29.90	at East Texas Baptist	2/16/22
4. 29.85	at Fairmont State/vs. Alderson Broaddus	3/28/15
29.85	Converse	3/26/19
6. 29.80	at Presbyterian/Saint Leo (Tri Meet)	3/9/20
29.80	Azusa Pacific	3/28/15
29.80	Hawaii Pacific (NCATA Championships)	4/18/16
29.80	Oregon (NCATA Championships)	4/19/16

Toss Score

Score	Opponent	Date
1. 29.95	at Azusa Pacific/vs. Hawaii Pacific	3/18/14
2. 29.70	at Arizona Christian/Hawaii Pacific (Tri Meet)	3/30/19
3. 29.50	at Hawaii Pacific	3/12/19
29.50	Converse	3/26/19
5. 29.45	Oregon (NCATA Championships)	4/19/16

NCATA MEET FORMAT

MEET STRUCTURE AND TEAM PARTICIPATION

Two to four teams compete at a meet. The typical duration is roughly two hours. A meet is made up of six events: Compulsory, Acro, Pyramid, Tosses, Tumbling and Team Event. A halftime intermission will take place between Pyramid and Toss.

All event competition is in team rotation throughout each event. The rotation order is predetermined by the Head Official prior to the beginning of the meet, but the home team always performs last.

SCORING

Scoring is based upon pre-determined difficulty start values. Each skill performed is valued by the Officials of the NCATA prior to the meet. Teams submit their skill sequences 72 hours prior to the meet. Officials perform two primary functions at the meet:

1. Monitor the skills being performed to ensure that each element is correctly performed to equate to the posted start difficulty value.

2. Evaluate the execution and technique of the skills performed. Scores are posted immediately following the conclusion of the event and overall standings are displayed throughout the meet. The highest combined score after all events wins the meet. The maximum score in each meet is 300 points.

EVENT 1: COMPULSORY (40 POSSIBLE POINTS)

Four heats construct the Compulsory Event: acro, pyramid, toss, and tumbling. During each heat the teams perform the exact same skills, allowing the officials to compare the technique and execution of each team. No athlete crossover rules apply from the Compulsory to other events.

Acro Heat (10 possible points)

One preset sequence performed by two synchronized groups from each team.

- Straight up heel stretch
- Power press (hold stretch on way down, flyer changes position on the way up)
- Arabesque
- 270 degree front flip cradle dismount (flyers feet to side)
- Unassisted Rewind to Sponge
- Dip to heel stretch
- 720 degree twist cradle dismount

Pyramid Heat (10 possible points)

One preset pyramid performed by one group from each team.

- All feet start on the floor
- 4-2-1. Two shoulder level stunts as second level support (two bases, back, flyer) built before toss up
- Basket up from back (three bases tossing, one flyer)
- Three catchers in front
- 270 degree flip off of the front
- Second level dismounts at the same time as the top flyer, to below shoulder level

Toss Heat (10 Points)

One preset basket toss performed by two synchronized groups from each team.

- Two synchronized back tuck tosses
- Four bases tossing, one flyer, two groups

Tumbling Heat (10 Points)

Four preset skills performed by eight athletes from each team.

- No changing athletes between compulsory skills
- Athletes must be positioned in windows
- Skills must be performed in the following order:
 - a. Standing tuck (to front);
 - b. Toe-touch tuck (to front);
 - c. Handspring tuck (to front);
 - d. Round-off handspring layout from left to right in two lines.

EVENT 2: ACRO EVENT (30 POSSIBLE POINTS)

Three heats construct the Acro Event where each team sends a maximum of four athletes to compete an acro sequence to counts in a maximum of 45 seconds. Athletes may compete in two heats, however no more than two athletes may crossover together from one heat to another. Timing begins with the first movement. Exceeding the 45 seconds will result in a time deduction. In each heat, teams must attempt all required number of elements in addition to the required skill. The required skill counts as an element.

- Heat 1: Required 360 degree flipping skill, five elements (10 pts)
- Heat 2: Required twisting skill, six elements (10 pts)
- Heat 3: Required release skill, seven elements (10 pts)

EVENT 3: PYRAMID EVENT (30 POSSIBLE POINTS)

Three heats construct the Pyramid Event. Each team sends a maximum of 24 athletes and there is no crossover rule. Timing begins with the first movement. Exceeding 30 seconds will result in a time deduction. In each heat, teams must attempt the required skill while changing the pyramid structure or flyer plane from heat to heat.

- Heat 1: Flipping (10 pts)
 - a. Entry/dismount must contain flip greater than 90 degrees
- Heat 2: Twisting (10 pts)
 - a. Entry/dismount must contain twist skill greater than 90 degrees
- Heat 3: Release (10 pts)
 - a. Entry/dismount must contain a release skill

EVENT 4: TOSS (30 POSSIBLE POINTS)

Three heats construct the Toss Event. Each heat has required elements. A maximum of four athletes may toss a single flyer. Athletes may crossover and compete in two heats, one of which must be the synchronized toss.

- Heat 1: Minimum 450 degree rotation in a single toss (10 pts)
- Heat 2: Two synchronized tosses (10 pts)
- Heat 3: Open-no skill requirements (10 pts)

EVENT 5: TUMBLING EVENT (60 POSSIBLE POINTS)

Six heats construct the Tumbling Event. Athletes may compete in the both the synchronized portion and in one single pass, but tumble a maximum of two times.

- Duo- Two athletes execute synchronized identical tumbling pass (10 pts)
- Trio- Three athletes execute synchronized identical tumbling pass (10 pts)
- Quad- Four athletes execute synchronized identical tumbling pass (10 pts)
- Aerial- single pass; must execute one flip before final flip in pass (10 pts)
- Six Element single pass; six elements including last skill (10 pts)
- Open single pass; no requirements (10 pts)

EVENT 6: TEAM EVENT (110 POSSIBLE POINTS)

One heat constructs the Team Event. Athletes perform synchronized choreographed skills set to music in a maximum of 2 minutes and 30 seconds using a minimum of 18 athletes and a maximum of 24 athletes combining required and optional skills. The required skills include:

- 30 acro elements (20 pts)
- Five tosses (20 pts)
- Four pyramids (2.5 high) (20 pts)
- One Jump/Standing Tumbling Pass per number of athletes on the mat (20 pts)
- One Running Tumbling Pass per number of athletes on the mat (20 pts)
- Additional scored categories:
 - a. Routine construction (5 pts)
 - b. Dance/Composition/Artistry - 50 percent of the team must perform two, eight counts