

BAYLOR®

Acrobatics & Tumbling | Ferrell Center | Waco, Texas | @BaylorAcroTumb | BaylorBears.com

BAYLOR HIGH SCORES IN 2020

COMPULSORY - Total:	39.10
Heat 1 (Acro):	9.75
Heat 2 (Pyramid):	9.95
Heat 3 (Toss):	9.95
Heat 4 (Tumbling):	9.45
ACRO - Total:	29.70
Heat 1 (5 Element):	9.95
Heat 2 (6 Element):	9.85
Heat 3 (7 Element):	9.90
PYRAMID - Total:	29.65
Heat 1 (Inversion):	9.95
Heat 2 (Synchronized):	9.90
Heat 3 (Open):	9.90
TOSS - Total:	29.70
Heat 1 (450 Salto):	9.90
Heat 2 (Synchronized):	9.80
Heat 3 (Open):	9.80
TUMBLING - Total:	58.900
Heat 1 (Duo):	9.700
Heat 2 (Triple):	9.750
Heat 3 (Quad):	9.650
Heat 4 (Aerial):	9.975
Heat 5 (6 Element):	9.975
Heat 6 (Open):	10.00
TEAM - (SV:108.31)	104.15

MEET TOTAL: 290.650
(vs Gannon on March. 3rd)

#1 Baylor (4-0) vs Presbyterian College (0-2)

& St. Leo University (0-1)

Monday, March 9, 2020

5:00 p.m. CT

Clinton, SC



Series History: 0-0

In Waco: 0-0

In NCATA Tournament: 0-0

Last Meeting: N/A

Live Scoring/Video/Blog: BaylorBears.com

Live Updates on Twitter: @BaylorAcroTumb

Television: ESPN+

STORYLINES

- Baylor's first time in program history to compete against Presbyterian College or St. Leo University.
- The Bears are 17-1 on the road under head coach Felecia Mulkey, with the only loss on the road dating back to February 25, 2017, when they last lost to Oregon 285.025 to 277.900 in Eugene, Ore.
- The Bears are 4-0 heading into Monday's competition after defeating fifth-ranked Gannon University, 290.650 – 280.665 on March 3 in Waco. Baylor's win was led by 13 new season-high scores.
- The Bears are currently 57 -1 all-time under sixth-year head coach, Felecia Mulkey.

2020 SCHEDULE & RESULTS

DATE	OPPONENT	LOCATION	RESULT/TIME (CT)
Feb. 1	at Mary Hardin-Baylor	Belton, TX.	W, 266.305 - 225.655
Feb. 9	at Limestone College	Gaffney, TX.	W, 277.205 - 263.000
Feb. 23	Oregon	WACO	W, 281.350 - 275.475
Mar. 3	Gannon University	WACO	W, 290.650 - 280.665
Mar. 9	at Presbyterian College/St. Leo University	Clinton, SC.	TBD/5:00 P.M. CT
Mar. 22	at Quinnipiac	Hamden, CT.	TBD/2:00 P.M. CT
Mar. 28	Azusa Pacific University (Calif.)	WACO	TBD/5:00 P.M. CT
April 4	at Oregon	Eugene, OR	TBD/12:00 P.M. CT
April 23	TBD (NCATA Championship)	Eugene, OR	TBD
April 24	TBD (NCATA Championship)	Eugene, OR	TBD
April 25	TBD (NCATA Championship)	Eugene, OR	TBD

TEAM NOTES

SETTING THE BAR

Baylor has outscored their opponents by an average of 17.64 points in their first four meets of the 2020 season.

JUST WIN, BABY

Baylor head coach Felecia Mulkey has won all nine NCATA National Championships since the sport's first postseason tournament in the 2011 season. Mulkey won four titles while coaching at Oregon from 2009-2014, and has won the last five as head coach of the Bears from 2015-2019.

MORE W'S, PLEASE

Mulkey is currently 57-1 during her stint as head coach of the Bears. Her only loss came in 2017 to her former school, Oregon.

GOING STREAKING

The Bears have won 35 consecutive meets dating back to February 25, 2017, when they last lost to Oregon 285.025 to 277.900 in Eugene, Ore.

YOU SHOULD SEE THEM IN A CROWN

In 2019, Baylor had multiple athletes including senior top Ashley Echelberger as NCATA Most Outstanding Athlete, junior top Joie Hensley as NCATA Specialist of the Year, and four NCATA All-Americans in senior top/base Kaylee Adams, senior top Hope Bravo, senior base Ceara Gray and Echelberger.

BACK TO BACK TO BACK TO BACK

Baylor has won five consecutive NCATA national championships, all under head coach Felecia Mulkey. From 2015 to 2019, the Bears have dominated the sport, going 57-1 while picking up the five titles.

REACHING NEW HEIGHTS

In their March 3, 2020 meet vs. Gannon, the Bears set a program record with a 290.650 total score.

ON AND OFF THE MAT

Baylor landed 18 student-athletes on the 2019 NCATA Academic Honor Roll.

QUICK FACTS

UNIVERSITY

Location:	Waco, Texas
Chartered:	1845, by Republic of Texas
Enrollment:	17, 217
President:	Dr. Linda A. Livingstone
Faculty Representative:	Jeremy Counsellor
Director of Athletics:	Mack Rhoades
Sport Administrator:	Nancy Post
SWA:	Nancy Post
Conference:	Big 12
Nickname:	Bears
Mascots:	Joy and Lady (live Black Bears)
Colors:	Green (PMS 560) & Gold (PMS 1235)
Facility:	Ferrell Center (6,000)

ACROBATICS & TUMBLING INFORMATION

2020 Overall Record:	4-0
Current Ranking:	No. 1
Returners/Newcomers:	28/14

COACHING STAFF

Head Coach:	Felecia Mulkey
Alma Mater, Year:	Kennesaw State, 1997
Career Record (years):	100-4 (11th season)
Record at Baylor (years):	57-1 (6th season)
Assistant Coach:	Kelsey Rowell
Alma Mater (Year):	Oregon, 2012
Assistant Coach:	Kaelun Cowan
Alma Mater (Year):	Baylor, 2017
Director of Operations:	Treasure Fields
Alma Mater (Year):	XXXXXXX

ATHLETIC COMMUNICATIONS

Associate AD, Communications:	David Kaye
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Official Athletics Website:	www.BaylorBears.com
Official Athletics Twitter Feed:	@BaylorAthletics
Official A&T Twitter Feed:	@BaylorAcroTumb

PROGRAM HISTORY

First Season:	2011
All-Time Record:	65-22
All-Time NCATA Championships Record:	17-4
NCATA Appearances:	9 (2011-19)
NCATA Titles:	4 (2015-18)
NCATA Individual Event Titles:	28
All-American Honors:	19

THE EVENTS

COMPULSORY - Each team competes identical pre-determined set of skills with a pre-determined starting value of 10.0. There are four heats that include acro, pyramid, toss and tumbling. Each heat can score up to a perfect 10, with the total combined event score of 40 points.

ACRO - In the acro event, teams compete in three different heats of 5, 6, and 7 element acro skills. In the acro event, teams of typically 2-4 athletes will compete acrobatic movements demonstrating great strength, balance, technique and core from both the bases and tops. Each heat may score up to a perfect 10 with a total combined score in this event up to 30 points.

PYRAMID - In this event, teams compete in three individual heats of pyramids valued at up to 10 points per heat for a maximum of 30 points for the event. Teams want to use as few athletes as possible to create the most unique and difficult pyramid. Each heat has a different requirement: inverted top, synchronized and open.

TOSS - The toss event is a high-flying event with four athletes tossing a fifth athlete (top) high in the air, while completing flipping and/or twisting forward or backward. Two of the three heats are solo tosses while one heat is a synchronized toss. Each of the three toss heats may score up to 10 points each for a total maximum score for the event of up to 30 points.

TUMBLING - The tumbling event shows the sheer power of each team. Six heats construct the Tumbling Event with 10 points each for a maximum of 60 points for the event. Athletes may compete in both the synchronized portion and in one solo pass. In this event, tumbling combinations will feature difficulty, multiple flips, and twists in various passes with athletes tumbling both forward and backward.

TEAM - In this event, athletes perform synchronized choreographed skills in a 2 1/2 minute routine set to music. Each team competes up to 24 athletes. Routines are composed to showcase all skill sets that have been competed in the previous five events. This event has a maximum of 110 points, making it extremely crucial to the outcome of the meet.

THE SCORES

- The Bears are averaging a 36.56 score in the compulsory event in the 2020 season.
- Three heats of five total athletes (2-4 performing, one counter) make up the acro event. The Bears average a 29.12 in acro in the 2020 season.
- Baylor averages a score of 29.45 total in the pyramid in the 2020 season.
- The Bears average a 28.12 total in the toss event in the 2020 season.
- BU averages a 56.76 in the tumbling event in the 2020 season.
- In the team event, the Bears average a 97.42 total in the 2020 season.
- Baylor's starting value for the team event has increased over the duration of the season. Most recently, the Bears performed a team routine with an SV of 108.31 against Gannon (March 3rd).

2020 NUMERICAL ROSTER

NO.	NAME	POSITION	CLASS	HOMETOWN/PREVIOUS SCHOOL
2	Kate Puentes	Base	SO	Yorba Linda, Calif./Yorba Linda HS
3	Drew Silker	Top/Tumbler	FR	Brighton, Tenn./Brighton HS
4	Abigail Luong	Top	FR	Loomis, Calif./Del Oro HS
5	Olivia Felton	Top	SO	Solon, Iowa/Solon HS
6	Dayandrea Thompson	Top/Base	JR	Bolingbrook, Ill./Bolingbrook HS
7	Emily Tobin	Top/Tumbler	FR	Templeton, Calif./Templeton HS
8	Kamryn Kitchens	Top	FR	Kennesaw, Georgia/Mount Paran Christian School
9	Haley Mustafa	Base	FR	Placentia Calif./Valenica HS
12	Shaye Lauro	Top	FR	Chicago, Illinois/ West Chicago Community High School
13	Ava White	Base/Top	SO	Waco, Texas/China Spring HS
14	Kristin Dyson	Top	FR	Woodstock, Georgia/Etowah HS
15	Madison Kruse	Base/Top	JR	Oviedo, Fla./Oviedo HS
16	Faith Spivey	Top	SR	Lakeland, Fla./McKeel Academy of Technology
18	Hannah Cobin	Base/Top	SO	Pipersville, Pa./Central Bucks East HS
19	Emily Hoppie	Top/Base	JR	Coppell, Texas/Coppell HS
20	Hannah Chrisman	Base/Top	SO	Pittsburgh, Pa./Norwin HS
21	Mercy Seay	Base	SO	Waco, Texas/Home School
22	Keri Collins	Top/Tumbler	FR	Houston, Texas/Woodway HS
23	Kennedy Riley	Base/Top	SO	Atlanta, Ga./South Cobb HS
24	Alexsis Amrhein	Top	SR	Scottsburg, Ind./Scottsburg HS
25	Tori Harris	Tumbler	FR	Waco, Texas/Woodway HS
26	Jaila Williams	Base/Top	SO	Atlanta, Ga./Sequoyah HS
27	Briana Harris	Base	JR	Cibolo, Texas/Steele HS
28	Mikaela Robinson	Base	FR	Spring, Texas/Klein Collins HS
29	Jayla Simmons	Top	SO	Garden Ridge, Texas/North Thurston HS
30	Aundria Crittenden	Top	SO	Cumming, Ga./West Forsyth HS
31	Maddie McNamee	Top	SO	Nixa, Mo./Whitmore Online HS
32	Elise Manning	Base	SR	Belton, Texas/Belton HS
33	Alexis Fowlkes	Base	JR	Fresno, Calif./Clovis West HS
34	Navy Villar	Base	Fr	McKinney, Texas/Prosper HS
35	Sophia Ranni	Top	SO	Poughkeepsie, NY/Arlington HS
36	Raegan Dover	Base	SO	Alpharetta, Ga./South Forsyth HS
39	Kourtney Coven	Base	SO	Fort Lauderdale, Fla./Saint Thomas Aquinas HS
40	Karsyn Campbell	Top/Tumbler	FR	Elk Grove, Calif./Bradshaw Christian School
41	Hannah Schumacher	Base/Base	SR	Monroe, Wash./Monroe HS
42	Alayja Reynolds	Top/Base	FR	Maricope/Arizona/Maricope HS
43	Camryn Bryant	Base	SR	Suwanee, Ga./Peachtree Ridge HS
44	Tawn Gurnsey	Top	SO	Winter Haven, Fla./All Saints Academy
45	Morgan Celum	Base/Base	JR	Georgetown, Texas/Georgetown HS
47	Esther Cuevas	Top	FR	Jacksonville, Fla./Trinity Christian Academy
48	Katherine Shiffer	Base	FR	Fairfac, VA./Robinson Secondary School
49	Raffaella Scotto	Base/Back	SO	Kemah, Texas/Lutheran South Academy
50	Faith Coor	Back/Base	SO	The Colony, Texas/The Colony HS

Head Coach: Felecia Mulkey (Kennesaw State, 1997), sixth season at Baylor

Assistant Coaches: Kelsey Rowell (Oregon, 2012), third season at Baylor, Kaelun Cowan (Baylor 2017), first season at Baylor

Director of Operations: Treasure Fields

PRONUNCIATIONS

Alexsis AMRHEIN.....	AMMER-ine
Morgan CELUM	KELL-um
Faith COOR	Koore
Kourtney COVEN	COE-ven
AUNDRIA CRITTENDEN.....	On-DRAY-Ah Critt-en-DEN
Maddie MCNAMEE.....	MAC-nah-mee
Sophia RANNI.....	RAN-ee
RAFFAELA SCOTTO.....	Raf-aye-ELLA Sko-Tow
Hannah SCHUMACHER.....	SHOE-mock-er
JAILA Williams.....	JAY-la
FELECIA Mulkey.....	FUH-lee-sha



THE LAST TIME BAYLOR

Won at Home.....	3/3/20 vs. Gannon (290.650-280.665)
Lost at Home.....	4/12/14 vs. Azusa Pacific (280.880-277.960)
Won Away	2/9/20 at Limestone (277.205-263.000)
Lost Away	2/25/17 at Oregon (285.025-277.900)
Won Neutral Meet	4/28/18 vs. Quinnipiac (283.360-274.650)
Lost Neutral Meet.....	4/26/14 vs. Oregon (286.600-280.295)
Won by Less Than 1 Point.....	3/18/14 at Azusa Pacific (281.370-281.100)
Won by 1-2 Points.....	3/31/16 at Oregon (282.025-280.180)
Won by 2-5 Points.....	4/8/18 at Oregon (286.750-284.285)
Won by 5-10 Points.....	3/3/20 vs. Gannon (290.650-280.665)
Won by 10 or More Points.....	2/9/20 at Limestone (277.205-263.000)
Lost by Less Than 1 Point.....	2/23/14 at Quinnipiac (279.390-278.830)
Lost by 1-2 Points.....	N/A
Lost by 2-5 Points.....	4/12/14 vs. Azusa Pacific (280.880-277.960)
Lost by 5-10 Points.....	2/25/17 at Oregon (285.025-277.900)
Lost by 10 or More Points.....	4/6/13 vs Oregon (281.350-266.280)
Largest Margin of Victory	120.230 points, 2/9/19 at East Texas Baptist (282.180-161.950)
Largest Margin of Loss.....	19.895, 3/4/12 at Oregon (287.115-267.220)



COACHING STAFF



FELECIA MULKEY

HEAD COACH | SIXTH SEASON
KENNESAW STATE, 1997

Baylor acrobatics & tumbling head coach Felecia Mulkey has completely changed the program since arriving in Waco in June of 2014. Entering her fifth season in 2019, she has led the Bears to four-straight National Collegiate Acrobatics & Tumbling Association (NCATA) championships with a 41-1 four-year record and has tutored 13 NCATA All-Americans in her four seasons. Mulkey has won all eight NCATA titles in the sport's history. Baylor is 12-0 in NCATA National Championships under Mulkey.

In 2018, the Bears went 11-0, the third undefeated season in four years en route to winning the program's fourth-straight NCATA title. Mulkey was named NCATA Coach of the Year for the second time in her career. The 11 wins are a program record. The Bears defeated Quinnipiac, 283.360-274.650, while winning all six events. Ceara Gray earned Most Outstanding Player and Kaylee Adams Specialist of the Year. Gray, Adams and Lauren Sturm earned All-America honors.

In 2017, Mulkey's squad went 9-1 and finished the season with eight straight wins to secure the program's third straight NCATA national title. When it was all said and done, the Bears had three NCATA All-Americans (Kiara Nowlin (NCATA Most Outstanding Player), Kaelyn Cowan and Lauren Sturm) for the second consecutive year and third time since 2013, five NCATA individual event titles, 15 Academic All-Big 12 At-Large honorees and a program-record four NCATA Player of the Week awards.

During the 2016 season, Mulkey led Baylor to a second straight perfect record (10-0) en route to claiming the 2016 NCATA national championship. Along the way, Kiara Nowlin, Shayla Moore and Kaelyn Cowan earned NCATA All-American honors.

After guiding the Oregon Ducks to four consecutive NCATA national championships in five years, Mulkey, in her first season as Baylor's head coach, guided the Bears to the program's first NCATA national championship, defeating the defending champion Oregon Ducks three times en route to the crown. The Bears posted a program-best 11-0 record. Sophomore Kiara Nowlin, freshman Shayla Moore and senior Keegan Johnson received 2015 NCATA All-America honors and the Bears claimed eight event titles. In addition, Nowlin was named the 2015 NCATA Most Outstanding Player and Moore earned Freshman of the Year recognition.

In her eight seasons as a head coach, Mulkey, a native of Atlanta, Ga., has an overall record of 73-4 while winning seven national titles, 48 event titles, coached 20 student-athletes to All-America honors with four earning athlete of the year awards.

Off the mat, Mulkey works tirelessly in growing the sport of acrobatics and tumbling. She continues to play a key role in the progression of acrobatics & tumbling's effort to gain NCAA sport status. Prior to the 2010-11 season, Mulkey was a catalyst in developing the scoring format that is currently in practice in acrobatics and tumbling meets.

Prior to her stint at Oregon, Mulkey built the Kennesaw State competitive cheer program into a national powerhouse. The Owls finished fourth in the 2008 All-Women's Division I Collegiate Championships after capturing national titles in 2004 and 2005.

Mulkey, a 1998 Kennesaw State health and exercise science graduate, oversaw the development of a program that finished no worse than third nationally from 2001 through 2007. Her success resulted in the program ascending to the Division I level in 2006.

Prior to transferring and taking over the head coaching reins at the Kennesaw, Ga., school in May 1997, Mulkey cheered for two years at Southern Union State (Wadley, Ala.), and led the Bison to an eighth-place national finish in 1995.

In addition to directing the Owls' spirit and competitive programs, Mulkey served as the school's sports operations director from 2007-2008 as well as the sports marketing and promotions director from 2000-06.



KELSEY ROWELL

ASSISTANT COACH | THIRD SEASON
OREGON, 2012

After spending two seasons as an assistant coach at Oregon and the 2016 season as a volunteer assistant at Baylor, former Oregon All-American Kelsey Rowell is in her third season as an assistant coach of the Baylor acrobatics and tumbling team.

"I am delighted to have Kelsey join our Baylor staff," said Mulkey. "She knows the girls and the program and will be a fantastic asset to Baylor. She brings a wealth of knowledge and experience and will be invaluable to our program."

"I am beyond excited and grateful to officially be a Baylor Bear. The support from the school and administration is absolutely amazing here at Baylor. I am eager for fall to arrive to get to work on another championship season with the best team in the country," said Rowell.

In her second season as an assistant coach, Rowell helped the program win its fourth-straight NCATA title (second under her tenure). The Bears won six NCATA individual event titles and she coached three NCATA All-Americans, including the Most Outstanding Athlete (Ceara Gray) and Specialist of the Year Kaylee Adams.

In her first season as assistant coach, Rowell played a large role in guiding Baylor to its third straight NCATA national title and five NCATA individual event titles. She also helped coach three NCATA All-Americans.

Rowell, in her role as a volunteer assistant with the Bears, helped lead Baylor to the 2016 NCATA national championship, the program's second straight crown.

Rowell, a member of the Oregon acrobatics and tumbling team from 2009-2012 while coach Mulkey was the Ducks' coach, helped lead Oregon to the 2011 and 2012 NCATA National Championships. She earned several individual tumbling event national titles and was honored as an NCATA All-American as a senior.

Rowell (rhymes with towel), an Oregon native, has 12 years of all-around experience in gymnastics, competing nationally in Oregon, California and Texas before joining the Oregon squad 2009. Prior to competing collegiately, she was a 2001 Level IX Western National Qualifier and a Level 10 National Qualifier in 2002 and 2003. She garnered regional championship titles on floor, beam and vault.

After graduating from Oregon in 2012 with a degree in sociology and prior to entering the coaching ranks, Rowell worked at Vircon Inc., in Portland, Ore., as a consultant relations manager in the human resources department.

COACHING STAFF



KAELYN COWAN

ASSISTANT COACH | FIRST SEASON
BAYLOR 2017

TREASURE FIELDS

DIRECTOR OF OPERATIONS | FIRST SEASON

Cowan, a 2017 graduate of Baylor, enters her first season with the Bears as an assistant coach after spending the last two years as the first head acrobatics and tumbling coach at Limestone College, helping the Saints to a 6-2 record in their first season of competition in 2019.

Cowan took over at Limestone College after spending time as an assistant acrobatics & tumbling coach at West Virginia Wesleyan College in Buckhannon, W. Va. During her short stint with the Bobcats, she helped with recruiting, fundraising, the organization of clinics, and was in charge of coaching the tumblers.

Prior to her time at West Virginia Wesleyan, the Hewitt, Texas native spent four years with Baylor University where she earned consecutive National Collegiate Acrobatics & Tumbling Association (NCATA) All-American honors in 2016 and 2017.

She helped lead the Baylor Bears to back-to-back-to-back NCATA National Championships from 2015-17. Cowan, a Baylor University Scholar Athlete, was a four-time First-Team Academic All-Big 12 honoree, and was named to the Big 12 Commissioner's Honor Roll and to the Dean's List.

Along with her acrobatics & tumbling experience, Cowan was a competitive team coach at Zero Gravity Gymnastics Academy in Waco, Texas and is currently a USA Women's Gymnastics Level 1-9 judge.

Cowan obtained her bachelor's degree in Corporate Communication from Baylor in May 2017 and is currently working towards a Masters of Communication Studies from West Virginia University.

2020 SEASON SCORES

SEASON AVERAGES AND HIGH SCORES

EVENT	AVERAGE	SEASON HIGH	10 SCORES
COMPULSORIES	36.550	39.10 (VS GANNON (MAR. 3))	0
ACRO	29.120	29.70 (VS GANNON (MAR. 3))	0
PYRAMID	29.450	29.65 (AT LIMESTONE (FEB. 9))	0
TOSS	28.120	29.20 (VS GANNON (MAR. 3))	0
TUMBLING	56.760	58.900 (VS GANNON (MAR. 3))	1
TEAM ROUTINE	97.420	104.15 (VS GANNON (MAR. 3))	N/A
FINAL SCORE	278.877	290.650 (VS GANNON (MAR. 3))	N/A

TOTAL SCORES

OPPONENT	COMPULSORIES	ACRO	PYRAMID	TOSS	TUMBLING	TEAM ROUTINE	SCORE
AT UMHB (FEB. 1)	36.55	29.26	28.95	26.50	54.625	90.43	266.305
AT LIMESTONE (FEB. 9)	38.55	29.10	29.65	28.65	55.975	95.28	277.205
VS OREGON (FEB. 23)	37.80	28.45	29.60	28.15	57.550	99.80	281.350
VS GANNON (MAR. 3)	39.10	29.70	29.60	29.20	58.900	104.15	290.650

COMPULSORIES

OPPONENT	ACRO	PYRAMID	TOSS	TUMBLING	SCORE
AT UMHB (FEB. 1)	8.20	9.85	9.70	8.80	36.55
AT LIMESTONE (FEB. 9)	9.50	9.75	9.85	9.45	38.55
VS OREGON (FEB. 23)	9.45	9.90	9.70	8.75	37.80
VS GANNON (MAR. 3)	9.75	9.95	9.95	9.45	39.10

ACRO

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
AT UMHB (FEB. 1)	9.70	9.65	9.90	29.26
AT LIMESTONE (FEB. 9)	9.60	9.80	9.70	29.10
VS OREGON (FEB. 23)	9.00	9.75	9.70	28.45
VS GANNON (MAR. 3)	9.95	9.85	9.90	29.70

PYRAMID

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
AT UMHB (FEB. 1)	9.80	9.35	9.80	28.95
AT LIMESTONE (FEB. 9)	9.95	9.90	9.80	29.65
VS OREGON (FEB. 23)	9.90	9.80	9.90	29.60
VS GANNON (MAR. 3)	9.90	9.80	9.90	29.60

TOSS

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
AT UMHB (FEB. 1)	9.15	8.65	8.70	26.50
AT LIMESTONE (FEB. 9)	9.30	9.55	9.80	28.65
VS OREGON (FEB. 23)	9.45	9.45	9.25	28.15
VS GANNON (MAR. 3)	9.80	9.60	9.80	29.20

TUMBLING

OPPONENT	DUO	TRIPLE	QUAD	AERIAL	SIX ELEMENT	OPEN	SCORE
AT UMHB (FEB. 1)	8.90	8.100	8.900	8.750	9.875	9.100	54.625
AT LIMESTONE (FEB. 9)	8.50	8.800	9.150	9.800	9.900	9.825	55.975
VS OREGON (FEB. 23)	9.70	9.100	9.200	9.825	9.875	9.850	57.550
VS GANNON (MAR. 3)	9.550	9.750	9.650	9.975	9.975	10.000	58.900

TEAM EVENT

OPPONENT	SCORE
AT UMHB (FEB. 1)	90.43
AT LIMESTONE (FEB. 9)	95.28
VS OREGON (FEB. 23)	99.80
VS GANNON (MAR. 3)	104.15

ALL-TIME NCATA TOURNAMENT SCORES

TOTAL SCORES

OPPONENT	COMPULSORIES	ACRO	PYRAMID	TOSS	TUMBLING	TEAM ROUTINE	SCORE
VS. FAIRMONT STATE (2011 QTR)	37.36	28.64	29.25	26.95	50.18	104.82	277.200
AT OREGON (2011 SEMI)	38.18	28.25	28.70	27.25	50.25	104.24	276.873
VS. FAIRMONT STATE (2012 QTR)	36.45	25.35	28.90	27.90	56.50	95.48	270.580
VS. OREGON (2012 SEMI)	38.55	27.70	29.40	28.35	57.45	93.96	275.410
VS. FAIRMONT STATE (2013 QTR)							
VS. FAIRMONT STATE (2014 QTR)	38.20	28.50	29.55	28.45	58.45	93.77	276.920
VS. OREGON (2014 SEMI)	38.95	29.35	29.95	29.40	58.45	100.50	286.600
VS. KING UNIVERSITY (2015 QTR)	38.75	27.85	29.70	28.60	57.625	101.09	283.615
VS. AZUSA PACIFIC (2015 SEMI)	38.50	29.70	29.85	29.05	58.675	102.14	287.915
VS. OREGON (2015 FINAL)	39.05	29.50	29.75	29.20	57.500	101.69	286.690
VS. GANNON (2016 QTR)	38.75	29.55	29.65	29.35	57.775	100.10	285.175
VS. HAWAII PACIFIC (2016 SEMI)	38.85	29.55	29.80	29.35	56.850	100.40	284.800
VS. OREGON (2016 FINAL)	38.90	29.40	29.80	29.45	58.675	100.05	286.275
VS. GANNON (2017 QTR)	38.75	29.25	28.90	28.95	57.525	92.90	276.275
VS. QUINNIPIAC (2017 SEMI)	38.10	29.40	29.40	28.20	57.675	96.55	279.325
VS. OREGON (2017 FINAL)	38.20	28.95	29.20	28.00	57.35	97.65	279.350
VS. CONVERSE (2018 QTR)	38.15	29.475	28.35	28.75	58.150	94.66	277.535
VS. OREGON (2018 SEMI)	38.575	29.55	29.65	29.275	58.250	96.11	281.410
VS. QUINNIPIAC (2018 FINAL)	38.775	29.55	29.55	29.325	57.750	98.41	283.260
VS. GANNON (2019 QTR)	38.150	29.225	29.500	28.725	57.050	96.550	279.200
VS. QUINNIPIAC (2019 SEMI)	37.750	28.600	29.275	29.225	56.275	96.950	278.075
VS. OREGON (2019 FINAL)	37.600	26.675	29.200	29.000	29.000	92.550	271.725

COMPULSORIES

OPPONENT	ACRO	PYRAMID	TOSS	TUMBLING	SCORE
VS. FAIRMONT STATE (2011 QTR)					37.36
AT OREGON (2011 SEMI)	9.55	9.70	9.30	9.63	38.18
VS. FAIRMONT STATE (2012 QTR)					36.45
VS. OREGON (2012 SEMI)	9.55	9.50	9.95	9.55	38.55
VS. FAIRMONT STATE (2013 QTR)					
VS. FAIRMONT STATE (2014 QTR)	9.60	9.95	9.75	8.90	38.20
VS. OREGON (2014 SEMI)	9.70	9.85	9.85	9.10	38.50
VS. KING UNIVERSITY (2015 QTR)	9.75	10.00	9.90	9.10	38.75
VS. AZUSA PACIFIC (2015 SEMI)	9.60	10.00	9.95	8.95	38.50
VS. OREGON (2015 FINAL)	9.75	9.95	9.95	9.40	39.05
VS. GANNON (2016 QTR)	9.55	10.00	9.90	9.30	38.75
VS. HAWAII PACIFIC (2016 SEMI)	9.55	9.95	9.90	9.45	38.85
VS. OREGON (2016 FINAL)	9.70	9.95	9.80	9.45	38.90
VS. GANNON (2017 QTR)	9.55	9.85	9.80	9.55	38.75
VS. QUINNIPIAC (2017 SEMI)	9.50	9.65	9.75	9.20	38.10
VS. OREGON (2017 FINAL)	9.40	9.90	9.80	9.10	38.20
VS. CONVERSE (2018 QTR)	9.00	9.90	9.85	9.40	38.15
VS. OREGON (2018 SEMI)	9.70	9.925	9.95	9.00	38.575
VS. QUINNIPIAC (2018 FINAL)	9.625	9.85	9.925	9.375	38.775
VS. GANNON (2019 QTR)	9.425	9.900	9.875	8.950	38.150
VS. QUINNIPIAC (2019 SEMI)	9.350	9.825	9.875	8.700	37.750
VS. OREGON (2019 FINAL)	9.425	9.650	9.850	8.675	37.600

ACRO

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
VS. FAIRMONT STATE (2011 QTR)				28.64
AT OREGON (2011 SEMI)	9.63	9.02	9.60	28.25
VS. FAIRMONT STATE (2012 QTR)				25.35
VS. OREGON (2012 SEMI)	9.67	8.83	9.2	27.70
VS. FAIRMONT STATE (2013 QTR)				
VS. FAIRMONT STATE (2014 QTR)	9.15	9.70	9.65	28.50
VS. OREGON (2014 SEMI)	9.60	9.85	9.50	28.95
VS. KING UNIVERSITY (2015 QTR)	9.70	9.65	8.50	27.85
VS. AZUSA PACIFIC (2015 SEMI)	10.00	9.75	9.95	29.70
VS. OREGON (2015 FINAL)	9.95	9.70	9.85	29.50
VS. GANNON (2016 QTR)	9.75	9.95	9.85	29.55
VS. HAWAII PACIFIC (2016 SEMI)	9.75	9.90	9.90	29.55
VS. OREGON (2016 FINAL)	9.75	9.85	9.80	29.40
VS. GANNON (2017 QTR)	9.90	9.90	9.45	29.25
VS. QUINNIPIAC (2017 SEMI)	9.80	9.85	9.75	29.40
VS. OREGON (2017 FINAL)	9.75	9.45	9.75	28.95
VS. CONVERSE (2018 QTR)	9.85	9.80	9.825	29.475
VS. OREGON (2018 SEMI)	9.85	9.80	9.90	29.55
VS. QUINNIPIAC (2018 FINAL)	9.925	9.825	9.80	29.55
VS. GANNON (2019 QTR)	9.850	9.700	9.675	29.225
VS. QUINNIPIAC (2019 SEMI)	9.350	9.700	9.550	28.600
VS. OREGON (2019 FINAL)	9.500	9.650	9.525	28.675

PYRAMID

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
VS. FAIRMONT STATE (2011 QTR)				29.25
AT OREGON (2011 SEMI)				28.70
VS. FAIRMONT STATE (2012 QTR)				28.90
VS. OREGON (2012 SEMI)	9.80	9.65	9.95	29.40
VS. FAIRMONT STATE (2013 QTR)				
VS. FAIRMONT STATE (2014 QTR)	9.95	9.75	9.85	29.55
VS. OREGON (2014 SEMI)	9.80	9.80	9.90	29.50
VS. KING UNIVERSITY (2015 QTR)	9.95	9.95	9.80	29.70
VS. AZUSA PACIFIC (2015 SEMI)	9.95	10.00	9.90	29.85
VS. OREGON (2015 FINAL)	9.95	10.00	9.80	29.75
VS. GANNON (2016 QTR)	9.90	9.90	9.85	29.65
VS. HAWAII PACIFIC (2016 SEMI)	9.95	9.95	9.90	29.80
VS. OREGON (2016 FINAL)	9.90	9.95	9.95	29.80
VS. GANNON (2017 QTR)	9.25	9.80	9.85	28.90
VS. QUINNIPIAC (2017 SEMI)	9.70	9.80	9.90	29.40
VS. OREGON (2017 FINAL)	9.70	9.65	9.85	29.20
VS. CONVERSE (2018 QTR)	9.80	9.85	8.70	28.35
VS. OREGON (2018 SEMI)	9.85	9.925	9.875	29.65
VS. QUINNIPIAC (2018 FINAL)	9.90	9.75	9.90	29.55
VS. GANNON (2019 QTR)	9.850	9.750	9.900	29.500
VS. QUINNIPIAC (2019 SEMI)	9.875	9.650	9.750	29.275
VS. OREGON (2019 FINAL)	9.675	9.625	9.900	29.200

TOSS				
OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
VS. FAIRMONT STATE (2011 QTR)				26.95
AT OREGON (2011 SEMI)	8.75	9.25	9.25	27.25
VS. FAIRMONT STATE (2012 QTR)				27.90
VS. OREGON (2012 SEMI)	9.45	9.40	9.50	28.35
VS. FAIRMONT STATE (2013 QTR)				
VS. FAIRMONT STATE (2014 QTR)	9.75	9.20	9.50	28.45
VS. OREGON (2014 SEMI)	9.85	9.55	9.80	29.20
VS. KING UNIVERSITY (2015 QTR)	9.60	9.60	9.40	28.60
VS. AZUSA PACIFIC (2015 SEMI)	9.60	9.60	9.85	29.05
VS. OREGON (2015 FINAL)	9.70	9.70	9.80	29.20
VS. GANNON (2016 QTR)	9.80	9.70	9.85	29.35
VS. HAWAII PACIFIC (2016 SEMI)	9.85	9.70	9.80	29.35
VS. OREGON (2016 FINAL)	9.85	9.75	9.85	29.45
VS. GANNON (2017 QTR)	9.75	9.45	9.75	28.95
VS. QUINNIPIAC (2017 SEMI)	9.60	9.20	9.40	28.20
VS. OREGON (2017 FINAL)	9.50	9.25	9.25	28.00
VS. CONVERSE (2018 QTR)	9.425	9.525	9.80	28.75
VS. OREGON (2018 SEMI)	9.75	9.675	9.85	29.275
VS. QUINNIPIAC (2018 FINAL)	9.75	9.65	9.925	29.325
VS. GANNON (2019 QTR)	9.725	9.475	9.525	28.725
VS. QUINNIPIAC (2019 SEMI)	9.725	9.625	9.875	29.225
VS. OREGON (2019 FINAL)	9.625	9.575	9.800	29.000

TUMBLING							
OPPONENT	DUO	TRIPLE	QUAD	AERIAL	SIX ELEMENT	OPEN	SCORE
VS. FAIRMONT STATE (2011 QTR)							50.18
AT OREGON (2011 SEMI)	8.67	8.53	8.05	8.20	8.20	8.60	50.25
VS. FAIRMONT STATE (2012 QTR)							56.50
VS. OREGON (2012 SEMI)	9.20	9.25	9.45	9.73	9.93	9.90	57.45
VS. FAIRMONT STATE (2013 QTR)							
VS. FAIRMONT STATE (2014 QTR)	9.65	9.40	9.55	9.90	10.00	9.95	
58.45							
VS. OREGON (2014 SEMI)	9.55	9.35	9.50	9.875	10.00	9.90	58.175
VS. KING UNIVERSITY (2015 QTR)	9.55	9.15	9.35	9.95	9.875	9.75	57.625
VS. AZUSA PACIFIC (2015 SEMI)	9.70	9.50	9.60	10.00	9.925	9.95	58.675
VS. OREGON (2015 FINAL)	9.65	9.20	8.90	10.00	9.825	9.925	57.500
VS. GANNON (2016 QTR)	9.75	9.45	8.90	9.80	10.00	9.875	57.775
VS. HAWAII PACIFIC (2016 SEMI)	8.70	9.10	9.25	9.875	10.00	9.925	56.850
VS. OREGON (2016 FINAL)	9.95	9.50	9.50	9.875	9.95	9.900	58.675
VS. GANNON (2017 QTR)	9.65	9.20	9.30	9.70	9.80	9.875	57.525
VS. QUINNIPIAC (2017 SEMI)	9.75	9.10	9.20	9.85	9.85	9.925	57.675
VS. OREGON (2017 FINAL)	9.60	8.90	9.40	9.725	9.875	9.85	57.35
VS. CONVERSE (2018 QTR)	9.80	9.425	9.35	9.85	9.85	9.875	58.150
VS. OREGON (2018 SEMI)	9.825	9.55	9.20	9.85	9.975	9.85	58.250
VS. QUINNIPIAC (2018 FINAL)	9.80	8.875	9.35	9.85	9.925	9.95	57.750
VS. GANNON (2019 QTR)	9.400	9.000	9.150	9.925	9.825	9.750	57.050
VS. QUINNIPIAC (2019 SEMI)	9.650	9.525	8.625	9.700	9.850	8.925	56.275
VS. OREGON (2019 FINAL)	8.750	9.175	7.725	9.600	9.725	9.725	54.700

TEAM EVENT		SCORE
OPPONENT		
VS. FAIRMONT STATE (2011 QTR)		104.82
AT OREGON (2011 SEMI)		104.24
VS. FAIRMONT STATE (2012 QTR)		95.48
VS. OREGON (2012 SEMI)		93.96
VS. FAIRMONT STATE (2013 QTR)		
VS. FAIRMONT STATE (2014 QTR)		93.77
VS. OREGON (2014 SEMI)		100.50
VS. #KING UNIVERSITY (2015 QTR)		
101.09		
VS. #AZUSA PACIFIC (2015 SEMI)		
102.14		
VS. #OREGON (2015 FINAL)		101.69
VS. GANNON (2016 QTR)		100.10
VS. HAWAII PACIFIC (2016 SEMI)		100.40
VS. OREGON (2016 FINAL)		100.05
VS. GANNON (2017 QTR)		92.90
VS. QUINNIPIAC (2017 SEMI)		96.55
VS. OREGON (2017 FINAL)		97.65
VS. CONVERSE (2018 QTR)		94.66
VS. OREGON (2018 SEMI)		96.11
VS. QUINNIPIAC (2018 FINAL)		98.41
VS. GANNON (2019 QTR)		96.550
VS. QUINNIPIAC (APRIL 26)		96.950
VS. OREGON (2019 FINAL)		92.550

PROGRAM RECORDS

Total Score

Score	Opponent	Date	Attendance	Opponent	Date
1. 290.650	Gannon	3/3/20	1. 2,346	Oregon	2/24/18
1. 289.745	Oregon	4/2/17	2. 2,163	Oregon (NCATA Championships)	4/19/16
2. 288.310	at Arizona Christian/vs. Hawaii Pacific	3/30/19	3. 1,946	Oregon	2/23/20
3. 287.915	Azusa Pacific (NCATA Championships)	4/25/15	3. 1,551	Oregon	2/21/16
4. 287.825	Gannon	3/26/17	4. 1,485	Oregon	4/12/15

Compulsory Score

Score	Opponent	Date
1. 39.44	at Maryland	12/5/10
2. 39.40	vs Oregon	2/24/18
3. 39.25	Gannon	3/26/17
4. 39.12	Maryland/Azusa Pacific	2/24/11
5. 39.10	Azusa Pacific	3/24/18

Acro Score

Score	Opponent	Date
1. 29.90	Concordia/Quinnipiac	2/7/15
	Azusa Pacific	3/24/18
3. 29.80	Fairmont State	3/12/18
	at Oregon	4/8/18
5. 29.70	Azusa Pacific	4/25/15

Pyramid Score

Score	Opponent	Date
1. 30.00	at Oregon	3/12/15
2. 29.95	Oregon (NCATA Championships)	4/26/14
3. 29.85	at Fairmont State/vs. Alderson Broaddus	3/28/15
	Converse	3/26/19
5. 29.80	4x, Last vs. Oregon	2/24/18

Toss Score

Score	Opponent	Date
1. 29.95	at Azusa Pacific/vs. Hawaii Pacific	3/18/14
2. 29.70	at Arizona Christian/vs. Hawaii Pacific	3/30/19
3. 29.55	at Oregon	4/8/18
4. 29.50	at Hawaii Pacific	3/12/19
	Converse	3/26/19

Tumbling Score

Score	Opponent	Date
1. 58.875	Converse	3/26/19
2. 58.675	Azusa Pacific (NCATA Championships)	4/25/15
3. 58.65	at Fairmont State	3/8/17
	at Azusa Pacific	4/11/17
5. 58.50	at Oregon	2/25/17

NCATA MEET FORMAT

MEET STRUCTURE AND TEAM PARTICIPATION

Two to four teams compete at a meet. The typical duration is roughly two hours. A meet is made up of six events: Compulsory, Acro, Pyramid, Tosses, Tumbling and Team Event. A halftime intermission will take place between Pyramid and Toss.

All event competition is in team rotation throughout each event. The rotation order is predetermined by the Head Official prior to the beginning of the meet, but the home team always performs last.

SCORING

Scoring is based upon pre-determined difficulty start values. Each skill performed is valued by the Officials of the NCATA prior to the meet. Teams submit their skill sequences 72 hours prior to the meet. Officials perform two primary functions at the meet:

1. Monitor the skills being performed to ensure that each element is correctly performed to equate to the posted start difficulty value.
2. Evaluate the execution and technique of the skills performed. Scores are posted immediately following the conclusion of the event and overall standings are displayed throughout the meet. The highest combined score after all events wins the meet. The maximum score in each meet is 300 points.

EVENT 1: COMPULSORY (40 POSSIBLE POINTS)

Four heats construct the Compulsory Event: acro, pyramid, toss, and tumbling. During each heat the teams perform the exact same skills, allowing the officials to compare the technique and execution of each team. No athlete crossover rules apply from the Compulsory to other events.

Acro Heat (10 possible points)

One preset sequence performed by two synchronized groups from each team.

- Straight up heel stretch
- Power press (hold stretch on way down, flyer changes position on the way up)
- Arabesque
- 270 degree front flip cradle dismount (flyers feet to side)
- Unassisted Rewind to Sponge
- Dip to heel stretch
- 720 degree twist cradle dismount

Pyramid Heat (10 possible points)

One preset pyramid performed by one group from each team.

- All feet start on the floor
- 4-2-1. Two shoulder level stunts as second level support (two bases, back, flyer) built before toss up
- Basket up from back (three bases tossing, one flyer)
- Three catchers in front
- 270 degree flip off of the front
- Second level dismounts at the same time as the top flyer, to below shoulder level

Toss Heat (10 Points)

One preset basket toss performed by two synchronized groups from each team.

- Two synchronized back tuck tosses
- Four bases tossing, one flyer, two groups

Tumbling Heat (10 Points)

Four preset skills performed by eight athletes from each team.

- No changing athletes between compulsory skills
- Athletes must be positioned in windows
- Skills must be performed in the following order:
 - a. Standing tuck (to front);
 - b. Toe-touch tuck (to front);
 - c. Handspring tuck (to front);
 - d. Round-off handspring layout from left to right in two lines.

EVENT 2: ACRO EVENT (30 POSSIBLE POINTS)

Three heats construct the Acro Event where each team sends a maximum of four athletes to compete an acro sequence to counts in a maximum of 45 seconds. Athletes may compete in two heats, however no more than two athletes may crossover together from one heat to another. Timing begins with the first movement. Exceeding the 45 seconds will result in a time deduction. In each heat, teams must attempt all required number of elements in addition to the required skill. The required skill counts as an element.

- Heat 1: Required 360 degree flipping skill, five elements (10 pts)
- Heat 2: Required twisting skill, six elements (10 pts)
- Heat 3: Required release skill, seven elements (10 pts)

EVENT 3: PYRAMID EVENT (30 POSSIBLE POINTS)

Three heats construct the Pyramid Event. Each team sends a maximum of 24 athletes and there is no crossover rule. Timing begins with the first movement. Exceeding 30 seconds will result in a time deduction. In each heat, teams must attempt the required skill while changing the top position or pyramid structure from heat to heat.

- Heat 1: Inversion (10 pts)
 - a. Inverted Top position with a minimum of 90-degree twist
- Heat 2: Synchronized (10 pts)
 - a. Must have two identical pyramids
 - b. May not compete compulsory pyramid
 - c. Must have at least two drop down changes from compulsory pyramid and Heat 1
- Heat 3: Open (10 pts)
 - a. Any pyramid may be competed as long as it contains at least two drop down changes from heats 1 and 2

EVENT 4: TOSS EVENT (30 POSSIBLE POINTS)

Three heats construct the Toss Event. Each heat has required elements. A maximum of four athletes must toss a single top. Athletes may crossover and compete in two heats, one of which must be the synchronized toss.

- Heat 1: Salto (10 pts)
 - a. One group
 - b. Required Salto - minimum 450-degree rotation
- Heat 2: Synchronized (10 pts)
 - a. Two groups must perform the same toss
 - b. Open skill, identical and synchronized
- Heat 3: Open (10 pts)
 - a. One group
 - b. Open skill

EVENT 5: TUMBLING EVENT (60 POSSIBLE POINTS)

Six heats construct the Tumbling Event. Athletes may compete in both the synchronized portion and in one single pass, but tumble a maximum of two times.

- Duo (10 pts): Two athletes perform synchronized identical pass
- Trio (10 pts): Three athletes perform synchronized identical pass
- Quad (10 pts): Four athletes perform synchronized identical pass
- Aerial (10 pts): One athlete performs a minimum of two aerial/salto elements
- 6 Element (10 pts): One athlete performs exactly six elements
- Open (10 pts): One athlete performs open pass, no requirements

EVENT 6: TEAM EVENT (110 POSSIBLE POINTS)

One heat constructs the Team Event. Athletes perform synchronized choreographed skills set to music in a maximum of 2 minutes and 45 seconds using a minimum of 18 athletes and a maximum of 24 athletes combining required and optional skills. The required skills include:

- 30 acro elements (20 pts)
- 5 Tosses (20 pts)
- Four pyramids (2.5 high) (20 pts)
- One Jump/Standing Tumbling Pass per number of athletes on the mat (20 pts)
- One Running Tumbling Pass per number of athletes on the mat (20 pts)
- Additional scored categories:
 - a. Routine construction (5 pts)
 - b. Dance/Composition/Artistry - 50 percent of the team must perform two, eight counts