

BAYLOR

Acrobatics & Tumbling | Ferrell Center | Waco, Texas | @BaylorAcroTumb | BaylorBears.com

BAYLOR HIGH SCORES IN 2019

#1 Baylor (8-0) vs #2 Oregon (5-1)

Sunday, April 7, 2019

12:00 p.m. CT

Ferrell Center | Waco, Texas

Series History

All-Time: Tied, 12-12

In Waco: Baylor leads, 5-4

Last Meeting: March 3, 2019, Baylor 285.150, Oregon 277.355 (Eugene, Ore.)

Television: Fox Sports Southwest Plus

Live Scoring/Video/Blog: BaylorBears.com

Live Updates on Twitter: @BaylorAcroTumb

COMPULSORY - Total:	38.75
Heat 1 (Acro):	9.75
Heat 2 (Pyramid):	9.95
Heat 3 (Toss):	(x3)10.00
Heat 4 (Tumbling):	9.30
ACRO - Total:	29.60
Heat 1 (5 Element):	9.95
Heat 2 (6 Element):	10.00
Heat 3 (7 Element):	9.90
PYRAMID - Total:	29.85
Heat 1 (Inversion):	9.95
Heat 2 (Synchronized):	9.90
Heat 3 (Open):	(x3)10.00
TOSS - Total:	29.70
Heat 1 (450 Salto):	9.90
Heat 2 (Synchronized):	9.80
Heat 3 (Open):	10.00
TUMBLING - Total:	58.875
Heat 1 (Duo):	9.70
Heat 2 (Triple):	9.75
Heat 3 (Quad):	9.65
Heat 4 (Aerial):	9.95
Heat 5 (6 Element):	9.975
Heat 6 (Open):	9.925
TEAM -	(SV: 109.11) 103.51

STORYLINES

- A matchup between the NCATA's two best teams will take place at the Ferrell Center on Sunday, April 7 at noon. The meet will be televised on Fox Sports Southwest Plus. For updates throughout the meet, fans can follow @BaylorAcroTumb on Twitter.
- The Bears and Ducks will be meeting for the 25th time in program history. The teams have split the previous contests evenly at 12 wins a side.
- Baylor carries a 26-meet win streak into Sunday's matchup, with its last lost coming at Oregon on Feb. 25, 2017 in Eugene, Ore.
- The Bears are currently 49-1 all-time under fifth-year head coach Felecia Mulkey.
- Baylor has won four consecutive NCATA National Championships from 2015-2018.
- The Bears are coming off their 2019 season-high in points, scoring 288.310 in a tri-meet victory over Arizona Christian and Hawai'i Pacific on Saturday in Phoenix, Ariz., Baylor's second-highest meet total all-time. The program record for total points is 289.745, which came on April 2, 2017, vs Oregon.

MEET TOTAL: 288.310, March 30 (Phoenix, Ariz.)

*Tri-Meet Victory over Arizona

Christian and Hawai'i Pacific

2019 SCHEDULE & RESULTS

DATE	OPPONENT	LOCATION	RESULT/TIME (CT)
Feb. 3	at West Liberty	West Liberty, W. Va.	W, 275.805 - 227.695
Feb. 9	at East Texas Baptist	Marshall, TX	W, 282.180 - 161.950
Feb. 24	#3 QUINNIPIAC	WACO	W, 280.775 - 269.675
Mar. 3	at #2 Oregon	Eugene, Ore.	W, 285.150 - 277.355
Mar. 12	at Hawai'i Pacific	Honolulu, Hawai'i	W, 284.190 - 277.355
Mar. 26	#8 CONVERSE	WACO	W, 284.735 - 270.415
Mar. 30	at Arizona Christian*	Phoenix, Ariz.	W, 288.310 - 256.970
	vs Hawai'i Pacific*	Phoenix, Ariz.	W, 288.310 - 275.335
April 7	#2 OREGON	WACO	12:00 p.m.

TEAM NOTES

SETTING THE BAR

Baylor has scored above 280.000 total points in six different meets this season. Only one other program in the NCATA has topped 280.000, Oregon, which did so on March 12, scoring a 280.900 total.

JUST WIN, BABY

Baylor head coach Felecia Mulkey has won all eight NCATA National Championships since the sport's first postseason tournament in the 2011 season. Mulkey won four titles while coaching at Oregon from 2009-2014, and has won the last four as head coach of the Bears from 2015-2018.

MORE W'S, PLEASE

Mulkey is currently 49-1 during her stint as head coach of the Bears. Her only loss came in 2017 to her former school, Oregon.

FEARLESS LEADER

Mulkey was named the NCATA Coach of the Year in 2018, earning the award for the second time in her career, after an undefeated 11-0 season en route to Baylor's fourth national championship.

GOING STREAKING

The Bears have won 26 consecutive meets dating back to February 25, 2017, when they last lost to Oregon 285.025 to 277.900 in Eugene, Ore.

BLING BLING

The Bears have earned seven NCATA weekly awards in 2019. Junior top Joie Hensley has been named Specialist of the Week three times, senior top Ashley Echelberger has earned Athlete of the Week twice, while senior top Hope Bravo and senior base Ceara Gray have each been named Athlete of the Week once.

YOU SHOULD SEE THEM IN A CROWN

In 2018, Baylor had two athletes receive some of the NCATA's most prestigious awards. Ceara Gray was named Most Outstanding Athlete and Kaylee Adams earned Specialist of the Year honors.

BACK TO BACK TO BACK TO BACK

Baylor has won four consecutive NCATA national championships, all under head coach Felecia Mulkey. From 2015 to 2018, the Bears have dominated the sport, going 41-1 while picking up the four titles.

REACHING NEW HEIGHTS

In their March 26 meet vs. Converse, the Bears set a program record with a 58.875 score in the tumbling event.

QUICK FACTS

UNIVERSITY

Location:	Waco, Texas
Chartered:	1845, by Republic of Texas
Enrollment:	17, 217
President:	Dr. Linda A. Livingstone
Faculty Representative:	Jeremy Counsellor
Director of Athletics:	Mack Rhoades
Sport Administrator:	Nancy Post
SWA:	Nancy Post
Conference:	Big 12
Nickname:	Bears
Mascots:	Joy and Lady (live Black Bears)
Colors:	Green (PMS 560) & Gold (PMS 1235)
Facility:	Ferrell Center (6,000)

ACROBATICS & TUMBLING INFORMATION

2019 Overall Record:	8-0
Current Ranking:	No. 1
Returners/Newcomers:	24/21

COACHING STAFF

Head Coach:	Felecia Mulkey
Alma Mater, Year:	Kennesaw State, 1997
Career Record (years):	92-4 (10th season)
Record at Baylor (years):	49-1 (5th season)
Assistant Coach:	Angela Ucci
Alma Mater (Year):	Kennesaw State, 2009
Assistant Coach:	Kelsey Rowell
Alma Mater (Year):	Oregon, 2012
Director of Operations:	McKenzie Wilcox
Alma Mater (Year):	Oregon, 2014

ATHLETIC COMMUNICATIONS

Associate AD, Communications:	David Kaye
Assistant Director/A&T Contact:	Rachel Caton
E-mail:	Rachel_Caton@Baylor.edu
Assistant A&T Contact:	Max Calderone
E-mail:	Max_Calderone@Baylor.edu
Media Relations Fax:	254-710-1369
Office Mailing Address:	1500 S. University Parks Dr. Waco, TX 76706
Official Athletics Website:	www.BaylorBears.com
Official Athletics Twitter Feed:	@BaylorAthletics
Official A&T Twitter Feed:	@BaylorAcroTumb

PROGRAM HISTORY

First Season:	2011
All-Time Record:	60-22
All-Time NCATA Championships Record:	15-4
NCATA Appearances:	8 (2011-18)
NCATA Titles:	4 (2015-18)
NCATA Individual Event Titles:	28
All-American Honors:	19

THE EVENTS

COMPULSORY - Each team competes identical pre-determined set of skills with a pre-determined starting value of 10.0. There are four heats that include acro, pyramid, toss and tumbling. Each heat can score up to a perfect 10, with the total combined event score of 40 points.

ACRO - In the acro event, teams compete in three different heats of 5, 6, and 7 element acro skills. In the acro event, teams of typically 2-4 athletes will compete acrobatic movements demonstrating great strength, balance, technique and core from both the bases and tops. Each heat may score up to a perfect 10 with a total combined score in this event up to 30 points.

PYRAMID - In this event, teams compete in three individual heats of pyramids valued at up to 10 points per heat for a maximum of 30 points for the event. Teams want to use as few athletes as possible to create the most unique and difficult pyramid. Each heat has a different requirement: inverted top, synchronized and open.

TOSS - The toss event is a high flying event with four athletes tossing a fifth athlete (top) high in the air, while completing flipping and/or twisting forward or backward. Two of the three heats are solo tosses while one heat is a synchronized toss. Each of the three toss heats may score up to 10 points each for a total maximum score for the event of up to 30 points.

TUMBLING - The tumbling event shows the sheer power of each team. Six heats construct the Tumbling Event with 10 points each for a maximum of 60 points for the event. Athletes may compete in both the synchronized portion and in one solo pass. In this event, tumbling combinations will feature difficulty, multiple flips, and twists in various passes with athletes tumbling both forward and backward.

TEAM - In this event, athletes perform synchronized choreographed skills in a 2 1/2 minute routine set to music. Each team competes up to 24 athletes. Routines are composed to showcase all skill sets that have been competed in the previous five events. This event has a maximum of 110 points, making it extremely crucial to the outcome of the meet.

THE SCORES

- The Bears average a total score of 38.588 in the compulsory event.
- Baylor has scored three perfect 10's in the compulsory event this season, all in the toss heat.
- Three heats of five total athletes (2-4 performing, one caller) make up the acro event. The Bears average a 29.286 in acro in 2019.
- Baylor has earned one perfect 10 in an acro heat, coming in its last meet at Arizona Christian/vs. Hawai'i Pacific on March 30 during the 6-element heat.
- Baylor averages a 29.60 total in the pyramid, picking up three 10's so far this season, all in heat 3, the open pyramid.
- The squad of seniors Kati Horstmann, Gigi Mendoza, Ceara Gray, Ashley Echelberger and junior Hannah Schumacher earned BU's last perfect 10 in the pyramid on March 26 vs. Converse.
- The Bears average a 29.20 total in the toss event and have earned one perfect 10 in heat 3, the open toss.
- Junior top Joie Hensley served as the flier in Baylor's perfect-scoring toss heat on March 30 at ACU/vs. HPU.
- BU averages a 57.204 in the tumbling event.
- Seniors Hope Bravo, Kaylee Adams and Bailey Hollier have recorded some of Baylor's highest-scoring tumbling passes this season.
- In the team event, the Bears average a 99.146 total.
- Baylor's starting value for the team event has increased over the duration of the season. Most recently, the Bears performed a team routine with an SV of 109.11 on March 30 at Arizona Christian/vs. Hawai'i Pacific.

2019 NUMERICAL ROSTER

NO.	NAME	POSITION	CLASS	HOMETOWN/PREVIOUS SCHOOL
1	Rachel Jillson	Top	FR	Mustang, Okla./Mustang HS
2	Kate Puentes	Base	FR	Yorba Linda, Calif./Yorba Linda HS
3	Hope Bravo	Top	SR	Dallas, Texas/Penn Foster Homeschool/Navarro JC
5	Olivia Felton	Top	FR	Solon, Iowa/Solon HS
6	Dayandrea Thompson	Top/Base	SO	Bolingbrook, Ill./Bolingbrook HS
7	Kaylee Adams	Top/Base	SR	China Spring, Texas/China Spring HS
8	Mary Berdis	Base	JR	Winter Haven, Fla./Chain of Lakes HS
9	Ashley Echelberger	Top	SR	Georgetown, Texas/Georgetown HS
11	Jazmine Hall	Top/Base	JR	Keller, Texas/Byron Nelson HS
12	Makenah Cotner	Top/Base	SR	Katy, Texas/Seven Lakes HS
13	Ava White	Base/Top	FR	Waco, Texas/China Spring HS
14	Bailey Hollier	Top	SR	Flower Mound, Texas/Flower Mound HS
15	Madison Kruse	Base/Top	SO	Oviedo, Fla./Oviedo HS
16	Faith Spivey	Top	JR	Lakeland, Fla./McKeel Academy of Technology
17	Joie Hensley	Top	JR	Castle Pines, Colo./Rock Canyon HS
18	Hannah Cobin	Base/Top	FR	Pipersville, Pa./Central Bucks East HS
19	Emily Hoppie	Top/Base	SO	Coppell, Texas/Coppell HS
20	Hannah Chrisman	Base/Top	FR	Pittsburgh, Pa./Norwin HS
21	Mercy Seay	Base	FR	Waco, Texas/Home School
23	Kennedy Riley	Base/Top	FR	Atlanta, Ga./South Cobb HS
24	Alexis Amrhein	Top	JR	Scottsburg, Ind./Scottsburg HS
25	Ariel Brown	Back/Base	FR	Carrollton, Ga./Carrollton HS
26	Jaila Williams	Base/Top	FR	Atlanta, Ga./Sequoyah HS
27	Briana Harris	Base	SO	Cibolo, Texas/Steele HS
28	Caytie Jenkins	Base/Back	FR	Austin, Texas/Westwood HS
29	Jayla Simmons	Top	FR	Garden Ridge, Texas/North Thurston HS
30	Aundria Crittenden	Top	FR	Cumming, Ga./West Forsyth HS
31	Maddie McNamee	Top	FR	Nixa, Mo./Whitmore Online HS
32	Elise Manning	Base	JR	Belton, Texas/Belton HS
33	Alexis Fowlkes	Base	SO	Fresno, Calif./Clovis West HS
35	Sophia Ranni	Top	FR	Poughkeepsie, NY/Arlington HS
36	Raegan Dover	Base	FR	Alpharetta, Ga./South Forsyth HS
37	Kati Horstmann	Base	SR	Liberty Hill, Texas/University of Texas at Austin HS
38	Tinsley Fisher	Base/Top	FR	Hockley, Texas/Cy Fair HS
39	Kourtney Coven	Base	FR	Fort Lauderdale, Fla./Saint Thomas Aquinas HS
40	Gigi Mendoza	Base	SR	Seal Beach, Calif./Mater Dei HS
41	Hannah Schumacher	Base/Back Base	JR	Monroe, Wash./Monroe HS
43	Camryn Bryant	Base	JR	Suwanee, Ga./Peachtree Ridge HS
44	Tawn Gurnsey	Top	FR	Winter Haven, Fla./All Saints Academy
45	Morgan Celum	Base/Back Base	SO	Georgetown, Texas/Georgetown HS
48	Ceara Gray	Base/Back Base	SR	Birmingham, Ala./Clay-Chalkville HS
49	Raffaela Scotto	Base/Back	FR	Kemah, Texas/Lutheran South Academy
50	Faith Coor	Back/Base	FR	The Colony, Texas/The Colony HS

Head Coach: Felecia Mulkey (Kennesaw State, 1997), fifth season at Baylor

Assistant Coaches: Angela Ucci (Kennesaw State, 2009), fifth season at Baylor; Kelsey Rowell (Oregon, 2012), third season at Baylor

Director of Operations: McKenzie Wilcox (Oregon, 2014), third season at Baylor

PRONUNCIATIONS

Alexis AMRHEIN.....AMMER-ine
Morgan CELUMKELL-um
Faith COORKoore
Kourtney COVENCOE-ven
AUNDRIA CRITTENDEN.....On-Dree-Ah Critt-en-DEN
Ashley ECHELBERGER ECK-uhl-burger
CEARA GrayCee-AIR-Ah
JOIE Hensley.....JOY
Bailey HOLLIERALL-ee-aye
Maddie MCNAMEE.....MAC-nah-mee
Sophia RANNI.....RAY-knee
RAFFAELA SCOTTO.....Raf-aye-ELLA Sko-Tow
Mercy SEAY.....SEAY
Hannah SCHUMACHER.....SHOE-mock-er
JAILA Williams.....JAY-la
FELECIA Mulkey.....FUH-lee-sha
Kelsey ROWELLRAU-uhl
Angela UCCIOO-chi

2019 NCATA WEEKLY AWARDS WINNERS

Hope Bravo (Athlete – Feb. 7, 2019)
Joie Hensley (Specialist – Feb. 7, 2019)
Ceara Gray (Athlete – Feb. 14, 2019)
Ashley Echelberger (Athlete – March 8, 2019)
Joie Hensley (Specialist – March 8, 2019)
Joie Hensley (Specialist – March 22, 2019)
Ashley Echelberger (Athlete - March 29, 2019)

THE LAST TIME BAYLOR...

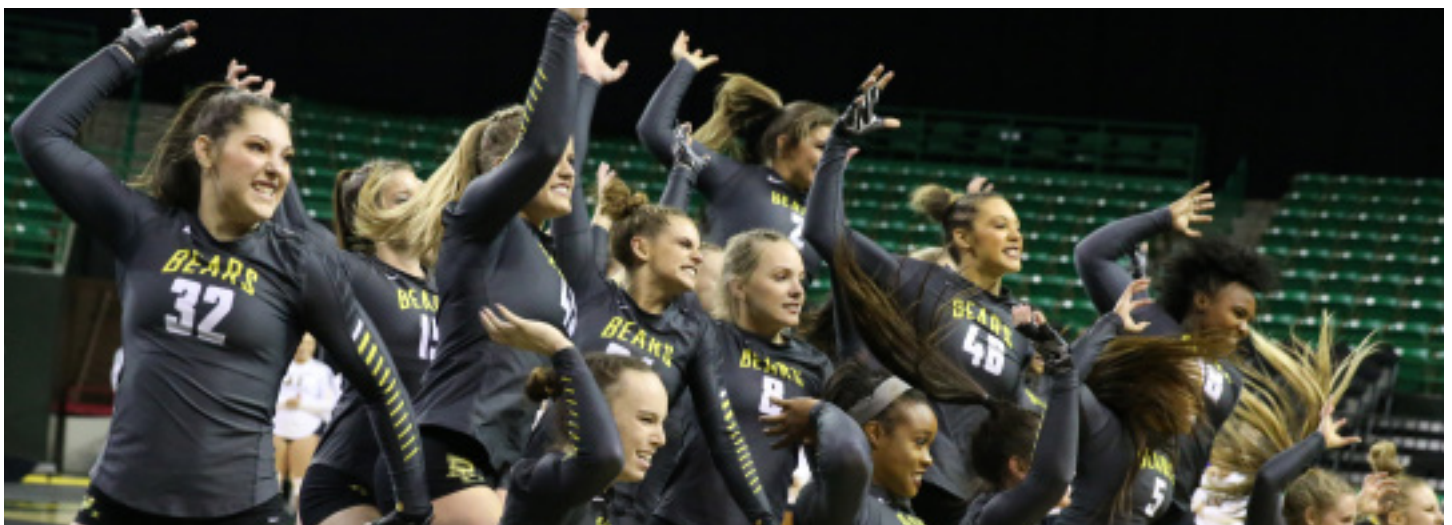
Won at Home.....	3/26/19 vs. Converse (284.735-270.415)
Lost at Home.....	4/12/14 vs. Azusa Pacific (280.880-277.960)
Won Away.....	3/30/19 at Arizona Christian/vs. Hawai'i Pacific (288.310-256.970-275.335)
Lost Away	2/25/17 at Oregon (285.025-277.900)
Won Neutral Meet	4/28/18 vs. Quinnipiac (283.360-274.650)
Lost Neutral Meet.....	4/26/14 vs. Oregon (286.600-280.295)
Won by Less Than 1 Point.....	3/18/14 at Azusa Pacific (281.370-281.100)
Won by 1-2 Points.....	3/31/16 at Oregon (282.025-280.180)
Won by 2-5 Points.....	4/8/18 at Oregon (286.750-284.285)
Won by 5-10 Points.....	3/12/19 at Hawai'i Pacific (285.150-277.355)
Won by 10 or More Points.....	3/30/19 at Arizona Christian/vs. Hawai'i Pacific (288.310-256.970-275.335)
Lost by Less Than 1 Point.....	2/23/14 at Quinnipiac (279.390-278.830)
Lost by 1-2 Points.....	N/A
Lost by 2-5 Points.....	4/12/14 vs. Azusa Pacific (280.880-277.960)
Lost by 5-10 Points.....	2/25/17 at Oregon (285.025-277.900)
Lost by 10 or More Points.....	4/6/13 vs Oregon (281.350-266.280)
Largest Margin of Victory	120.230 points, 2/9/19 at East Texas Baptist (282.180-161.950)
Largest Margin of Loss.....	19.895, 3/4/12 at Oregon (287.115-267.220)

NCATA RANKINGS - 4/3/19

1. Baylor
2. Oregon
3. Azusa Pacific
4. Quinnipiac
5. Fairmont State
6. Converse
7. Hawaii Pacific
8. Gannon
9. Glenville State
10. King

PERFECT 10's IN 2019

Compulsory: Heat 3 (Toss)	at West Liberty (2/3/19) at Hawai'i Pacific (3/12/19) at Arizona Christian/vs. Hawai'i Pacific (3/30/19)
Acro: Heat 2 (6 Element)	at Arizona Christian/vs. Hawai'i Pacific (3/30/19)
Pyramid: Heat 3 (Open)	at East Texas Baptist (2/9/19) at Hawai'i Pacific (3/12/19) vs Converse (3/26/19)
Toss: Heat 3 (Open)	at Arizona Christian/vs. Hawai'i Pacific (3/30/19)



COACHING



FELECIA MULKEY

HEAD COACH | FIFTH SEASON
KENNESAW STATE, 1997

Baylor acrobatics & tumbling head coach Felecia Mulkey has completely changed the program since arriving in Waco in June of 2014. Entering her fifth season in 2019, she has led the Bears to four-straight National Collegiate Acrobatics & Tumbling Association (NCATA) championships with a 41-1 four-year record and has tutored 13 NCATA All-Americans in her four seasons. Mulkey has won all eight NCATA titles in the sport's history. Baylor is 12-0 in NCATA National Championships under Mulkey

In 2018, the Bears went 11-0, the third undefeated season in four years en route to winning the program's fourth-straight NCATA title. Mulkey was named NCATA Coach of the Year for the second time in her career. The 11 wins are a program record. The Bears defeated Quinnipiac, 283.360-274.650, while winning all six events. Ceara Gray earned Most Outstanding Player and Kaylee Adams Specialist of the Year. Gray, Adams and Lauren Sturm earned All-America honors.

In 2017, Mulkey's squad went 9-1 and finished the season with eight straight wins to secure the program's third straight NCATA national title. When it was all said and done, the Bears had three NCATA All-Americans (Kiara Nowlin (NCATA Most Outstanding Player), Kaelyn Cowan and Lauren Sturm) for the second consecutive year and third time since 2013, five NCATA individual event titles, 15 Academic All-Big 12 At-Large honorees and a program-record four NCATA Player of the Week awards.

During the 2016 season, Mulkey led Baylor to a second straight perfect record (10-0) en route to claiming the 2016 NCATA national championship. Along the way, Kiara Nowlin, Shayla Moore and Kaelyn Cowan earned NCATA All-American honors.

After guiding the Oregon Ducks to four consecutive NCATA national championships in five years, Mulkey, in her first season as Baylor's head coach, guided the Bears to the program's first NCATA national championship, defeating the defending champion Oregon Ducks three times en route to the crown. The Bears posted a program-best 11-0 record. Sophomore Kiara Nowlin, freshman Shayla Moore and senior Keegan Johnson received 2015 NCATA All-America honors and the Bears claimed eight event titles. In addition, Nowlin was named the 2015 NCATA Most Outstanding Player and Moore earned Freshman of the Year recognition.

In her eight seasons as a head coach, Mulkey, a native of Atlanta, Ga., has an overall record of 73-4 while winning seven national titles, 48 event titles, coached 20 student-athletes to All-America honors with four earning athlete of the year awards.

Off the mat, Mulkey works tirelessly in growing the sport of acrobatics and tumbling. She continues to play a key role in the progression of acrobatics & tumbling's effort to gain NCAA sport status. Prior to the 2010-11 season, Mulkey was a catalyst in developing the scoring format that is currently in practice in acrobatics and tumbling meets.

Prior to her stint at Oregon, Mulkey built the Kennesaw State competitive cheer program into a national powerhouse. The Owls finished fourth in the 2008 All-Women's Division I Collegiate Championships after capturing national titles in 2004 and 2005.

Mulkey, a 1998 Kennesaw State health and exercise science graduate, oversaw the development of a program that finished no worse than third nationally from 2001 through 2007. Her success resulted in the program ascending to the Division I level in 2006.

Prior to transferring and taking over the head coaching reins at the Kennesaw, Ga., school in May 1997, Mulkey cheered for two years at Southern Union State (Wadley, Ala.), and led the Bison to an eighth-place national finish in 1995.

In addition to directing the Owls' spirit and competitive programs, Mulkey served as the school's sports operations director from 2007-2008 as well as the sports marketing and promotions director from 2000-06.



ANGELA UCCI

ASSISTANT COACH | FIFTH SEASON
KENNESAW STATE, 2008

After arriving at Baylor in June 2014, Angela Ucci (pronounced oo-chi) begins her fifth season at Baylor as an assistant coach.

In her first four seasons with the Bears, Ucci has helped BU win four-straight National Collegiate Acrobatics & Tumbling Association (NCATA) national championships with a 41-1 record while coaching 13 NCATA All-Americans, 2015 and 2017 NCATA Most Outstanding Athlete Kiara Nowlin, 2018 Most Outstanding Athlete Ceara Gray, 2018 Specialist of the Year Kaylee Adams and 2015 NCATA Freshman of the Year Shayla Moore. Additionally, Ucci has helped guide Baylor to 23 event national titles.

Ucci served as an assistant coach at the University of Oregon under current BU head coach Felecia Mulkey for five seasons prior to following her to Baylor. The Ducks claimed the NCATA national championship in four of her five seasons and produced 11 All-Americans and two Performers of the Year. During her stint with the program, the Ducks were 39-2 (.951).

"Angela is a fantastic addition to our team and to the Baylor athletics department," said Mulkey. "She shares the same drive and passion as I do for not only improving our own team, but for nationally advancing acrobatics and tumbling in general."

Ucci's strength as a coach includes training specific tumbling technique for the sport of acrobatics and tumbling. This technical expertise allowed the Ducks to consistently capture individual event titles as Ucci coached 14 national tumbling event champions in her final four seasons at Oregon.

Ucci, a native of Kennesaw, Ga., has 10 years of all-around experience in gymnastics, starting out her career competing nationally for the Gymnastics Academy of Atlanta before joining Mulkey's squad at Kennesaw State University (KSU) in 2003. While with the Owls, Ucci was a five-time All-American selection while competing as a back base for the club competitive cheerleading team.

Ucci was also a member of Mulkey's two national championship teams at KSU in 2004 and 2005.

After graduating from Kennesaw State in 2008 with a degree in exercise and health science, Ucci started a small tumbling program out of Workout Anytime in Kennesaw where she was also employed as a personal trainer. She simultaneously worked as a gymnastics coach for World of Gymnastics and was the curriculum director at World of Cheer.

COACHING



KELSEY ROWELL

ASSISTANT COACH | THIRD SEASON
OREGON, 2012

After spending two seasons as an assistant coach at Oregon and the 2016 season as a volunteer assistant at Baylor, former Oregon All-American Kelsey Rowell is in her third season as an assistant coach of the Baylor acrobatics and tumbling team.

"I am delighted to have Kelsey join our Baylor staff," said Mulkey. "She knows the girls and the program and will be a fantastic asset to Baylor. She brings a wealth of knowledge and experience and will be invaluable to our program."

"I am beyond excited and grateful to officially be a Baylor Bear. The support from the school and administration is absolutely amazing here at Baylor. I am eager for fall to arrive to get to work on another championship season with the best team in the country," said Rowell.

In her second season as an assistant coach, Rowell helped the program win its fourth-straight NCATA title (second under her tenure). The Bears won six NCATA individual event titles and she coached three NCATA All-Americans, including the Most Outstanding Athlete (Ceara Gray) and Specialist of the Year Kaylee Adams.

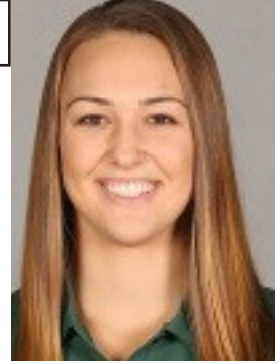
In her first season as assistant coach, Rowell played a large role in guiding Baylor to its third straight NCATA national title and five NCATA individual event titles. She also helped coach three NCATA All-Americans.

Rowell, in her role as a volunteer assistant with the Bears, helped lead Baylor to the 2016 NCATA national championship, the program's second straight crown.

Rowell, a member of the Oregon acrobatics and tumbling team from 2009-2012 while coach Mulkey was the Ducks' coach, helped lead Oregon to the 2011 and 2012 NCATA National Championships. She earned several individual tumbling event national titles and was honored as an NCATA All-American as a senior.

Rowell (rhymes with towel), an Oregon native, has 12 years of all-around experience in gymnastics, competing nationally in Oregon, California and Texas before joining the Oregon squad 2009. Prior to competing collegiately, she was a 2001 Level IX Western National Qualifier and a Level 10 National Qualifier in 2002 and 2003. She garnered regional championship titles on floor, beam and vault.

After graduating from Oregon in 2012 with a degree in sociology and prior to entering the coaching ranks, Rowell worked at Vircon Inc., in Portland, Ore., as a consultant relations manager in the human resources department.



MCKENZIE WILCOX

DIRECTOR OF OPERATIONS | THIRD SEASON
OREGON, 2014

McKenzie Wilcox is in her third season with Baylor acrobatics & tumbling after joining the program in July of 2016. The Salem, Oregon native is the Bears' director of operations.

Prior to coming to Waco, Wilcox was head A&T coach in 2016 at Concordia University Wisconsin. She was promoted to head coach on August 1, 2015 after serving a year as the program's graduate assistant. The 2016 season saw the program reach new heights, with a pair of victories and a multitude of records set. She helped launch the program from scratch by recruiting student-athletes, implementing practice and meet coaching plans, and adding social media content for the team's vast recruiting base.

As a student-athlete, Wilcox helped the University of Oregon's acrobatics & tumbling team to four consecutive National Collegiate Acrobatics & Tumbling Association titles during her time as a Duck.

She graduated from Oregon in 2014 with a bachelor's degree in advertising and earned her MBA in marketing and management at Concordia in 2016.

2019 SEASON SCORES

SEASON AVERAGES AND HIGH SCORES

EVENT	AVERAGE	SEASON HIGH	10 SCORES
COMPULSORIES	38.588	39.75 3X (LAST AT HAWAI'I PACIFIC, MARCH 12)	3
ACRO	29.286	29.60 (AT HAWAI'I PACIFIC, MARCH 12)	1
PYRAMID	29.600	29.85 (VS. CONVERSE, MARCH 26)	3
TOSS	29.200	29.70 (AT ACU/V.S. HPU, MARCH 30)	1
TUMBLING	57.204	58.875 (VS. CONVERSE, MARCH 26)	0
TEAM ROUTINE	99.146	103.51 (AT ACU/V.S. HPU, MARCH 30)	N/A
FINAL SCORE	283.021	288.310 (AT ACU/V.S. HPU, MARCH 30)	N/A

TOTAL SCORES

OPPONENT	COMPULSORIES	ACRO	PYRAMID	TOSS	TUMBLING	TEAM ROUTINE	SCORE
AT WEST LIBERTY (FEB. 3)	38.75	29.15	29.50	28.80	56.225	93.38	275.805
AT EAST TEXAS BAPTIST (FEB. 9)	38.50	29.45	29.60	28.60	56.100	99.93	282.180
VS. QUINNIPIAC (FEB. 24)	38.35	29.20	29.30	28.95	57.325	97.65	280.775
AT OREGON (MARCH 3)	38.75	28.90	29.70	29.35	58.100	100.35	285.150
AT HAWAI'I PACIFIC (MARCH 12)	38.75	29.60	29.60	29.50	56.450	100.29	284.190
VS. CONVERSE (MARCH 26)	38.35	29.25	29.85	29.50	58.875	98.91	284.735
AT ACU/V.S. HPU (MARCH 30)	38.65	29.45	29.65	29.70	57.350	103.51	288.310

COMPULSORIES

OPPONENT	ACRO	PYRAMID	TOSS	TUMBLING	SCORE
AT WEST LIBERTY (FEB. 3)	9.60	9.85	10.00	9.30	38.75
AT EAST TEXAS BAPTIST (FEB. 9)	9.70	9.70	9.90	9.20	38.50
VS. QUINNIPIAC (FEB. 24)	9.65	9.80	9.80	9.10	38.35
AT OREGON (MARCH 3)	9.75	9.75	9.95	9.30	38.75
AT HAWAI'I PACIFIC (MARCH 12)	9.55	9.90	10.00	9.30	38.75
VS. CONVERSE (MARCH 26)	9.20	9.95	9.95	9.25	38.35
AT ACU/V.S. HPU (MARCH 30)	9.55	9.95	10.00	9.15	38.65

ACRO

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
AT WEST LIBERTY (FEB. 3)	9.60	9.70	9.85	29.15
AT EAST TEXAS BAPTIST (FEB. 9)	9.85	9.70	9.90	29.45
VS. QUINNIPIAC (FEB. 24)	9.80	9.60	9.80	29.20
AT OREGON (MARCH 3)	9.80	9.70	9.40	28.90
AT HAWAI'I PACIFIC (MARCH 12)	9.85	9.85	9.90	29.60
VS. CONVERSE (MARCH 26)	9.80	9.70	9.75	29.25
AT ACU/V.S. HPU (MARCH 30)	9.95	10.00	9.50	29.45

PYRAMID

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
AT WEST LIBERTY (FEB. 3)	9.95	9.75	9.80	29.50
AT EAST TEXAS BAPTIST (FEB. 9)	9.90	9.70	10.00	29.60
VS. QUINNIPIAC (FEB. 24)	9.85	9.80	9.65	29.30
AT OREGON (MARCH 3)	9.90	9.85	9.95	29.70
AT HAWAI'I PACIFIC (MARCH 12)	9.85	9.75	10.00	29.60
VS. CONVERSE (MARCH 26)	9.95	9.90	10.00	29.85
AT ACU/V.S. HPU (MARCH 30)	9.95	9.75	9.95	29.65

TOSS

OPPONENT	HEAT 1	HEAT 2	HEAT 3	SCORE
AT WEST LIBERTY (FEB. 3)	9.40	9.60	9.80	28.80
AT EAST TEXAS BAPTIST (FEB. 9)	9.50	9.60	9.50	28.60
VS. QUINNIPIAC (FEB. 24)	9.60	9.60	9.75	28.95
AT OREGON (MARCH 3)	9.65	9.80	9.90	29.35
AT HAWAI'I PACIFIC (MARCH 12)	9.80	9.75	9.95	29.50
VS. CONVERSE (MARCH 26)	9.85	9.80	9.85	29.50
AT ACU/V.S. HPU (MARCH 30)	9.90	9.80	10.00	29.70

TUMBLING

OPPONENT	DUO	TRIPLE	QUAD	AERIAL	SIX ELEMENT	OPEN	SCORE
AT WEST LIBERTY (FEB. 3)	9.55	8.70	8.80	9.70	9.825	9.65	56.225
AT EAST TEXAS BAPTIST (FEB. 9)	9.30	8.65	8.45	9.80	9.975	9.925	56.100
VS. QUINNIPIAC (FEB. 24)	9.60	9.25	8.85	9.925	9.85	9.85	57.325
AT OREGON (MARCH 3)	9.45	9.70	9.25	9.95	9.90	9.85	58.100
AT HAWAI'I PACIFIC (MARCH 12)	9.70	8.05	9.10	9.875	9.90	9.825	56.450
VS. CONVERSE (MARCH 26)	9.70	9.75	9.65	9.95	9.975	9.85	58.875
AT ACU/V.S. HPU (MARCH 30)	9.70	9.55	9.40	8.95	9.90	9.85	57.350

TEAM EVENT

OPPONENT	SCORE
AT WEST LIBERTY (FEB. 3)	93.38
AT EAST TEXAS BAPTIST (FEB. 9)	99.93
VS. QUINNIPIAC (FEB. 24)	97.65
AT OREGON (MARCH 3)	100.35
AT HAWAI'I PACIFIC (MARCH 12)	100.29
VS. CONVERSE (MARCH 26)	98.91
AT ACU/V.S. HPU (MARCH 30)	103.51

PROGRAM RECORDS

Total Score

Score	Opponent	Date	Attendance	Opponent	Date
1. 289.745	Oregon	4/2/17	1. 2,346	Oregon	2/24/18
2. 288.310	at Arizona Christian/vs. Hawaii Pacific	3/30/19	2. 2,163	Oregon (NCATA Championships)	4/19/16
3. 287.915	Azusa Pacific (NCATA Championships)	4/25/15	3. 1,551	Oregon	2/21/16
4. 287.825	Gannon	3/26/17	4. 1,485	Oregon	4/12/15
5. 286.960	at Quinnipiac	2/14/16	5. 1,453	Concordia/Quinnipiac	2/7/15

Compulsory Score

Score	Opponent	Date
1. 39.44	at Maryland	12/5/10
2. 39.40	vs Oregon	2/24/18
3. 39.25	Gannon	3/26/17
4. 39.12	Maryland/Azusa Pacific	2/24/11
5. 39.10	Azusa Pacific	3/24/18

Acro Score

Score	Opponent	Date
1. 29.90	Concordia/Quinnipiac	2/7/15
	Azusa Pacific	3/24/18
3. 29.80	Fairmont State	3/12/18
	at Oregon	4/8/18
5. 29.70	Azusa Pacific	4/25/15

Pyramid Score

Score	Opponent	Date
1. 30.00	at Oregon	3/12/15
2. 29.95	Oregon (NCATA Championships)	4/26/14
3. 29.85	at Fairmont State/vs. Alderson Broaddus	3/28/15
	Converse	3/26/19
5. 29.80	4x, Last vs. Oregon	2/24/18

Toss Score

Score	Opponent	Date
1. 29.95	at Azusa Pacific/vs. Hawaii Pacific	3/18/14
2. 29.70	at Arizona Christian/vs. Hawaii Pacific	3/30/19
3. 29.55	at Oregon	4/8/18
4. 29.50	at Hawaii Pacific	3/12/19
	Converse	3/26/19

Tumbling Score

Score	Opponent	Date
1. 58.875	Converse	3/26/19
2. 58.675	Azusa Pacific (NCATA Championships)	4/25/15
3. 58.65	at Fairmont State	3/8/17
	at Azusa Pacific	4/11/17
5. 58.50	at Oregon	2/25/17

NCATA MEET FORMAT

MEET STRUCTURE AND TEAM PARTICIPATION

Two to four teams compete at a meet. The typical duration is roughly two hours. A meet is made up of six events: Compulsory, Acro, Pyramid, Tosses, Tumbling and Team Event. A halftime intermission will take place between Pyramid and Toss.

All event competition is in team rotation throughout each event. The rotation order is predetermined by the Head Official prior to the beginning of the meet, but the home team always performs last.

SCORING

Scoring is based upon pre-determined difficulty start values. Each skill performed is valued by the Officials of the NCATA prior to the meet. Teams submit their skill sequences 72 hours prior to the meet. Officials perform two primary functions at the meet:

1. Monitor the skills being performed to ensure that each element is correctly performed to equate to the posted start difficulty value.
2. Evaluate the execution and technique of the skills performed. Scores are posted immediately following the conclusion of the event and overall standings are displayed throughout the meet. The highest combined score after all events wins the meet. The maximum score in each meet is 300 points.

EVENT 1: COMPULSORY (40 POSSIBLE POINTS)

Four heats construct the Compulsory Event: acro, pyramid, toss, and tumbling. During each heat the teams perform the exact same skills, allowing the officials to compare the technique and execution of each team. No athlete crossover rules apply from the Compulsory to other events.

Acro Heat (10 possible points)

One preset sequence performed by two synchronized groups from each team.

- Straight up heel stretch
- Power press (hold stretch on way down, flyer changes position on the way up)
- Arabesque
- 270 degree front flip cradle dismount (flyers feet to side)
- Unassisted Rewind to Sponge
- Dip to heel stretch
- 720 degree twist cradle dismount

Pyramid Heat (10 possible points)

One preset pyramid performed by one group from each team.

- All feet start on the floor
- 4-2-1. Two shoulder level stunts as second level support (two bases, back, flyer) built before toss up
- Basket up from back (three bases tossing, one flyer)
- Three catchers in front
- 270 degree flip off of the front
- Second level dismounts at the same time as the top flyer, to below shoulder level

Toss Heat (10 Points)

One preset basket toss performed by two synchronized groups from each team.

- Two synchronized back tuck tosses
- Four bases tossing, one flyer, two groups

Tumbling Heat (10 Points)

Four preset skills performed by eight athletes from each team.

- No changing athletes between compulsory skills
- Athletes must be positioned in windows
- Skills must be performed in the following order:
 - a. Standing tuck (to front);
 - b. Toe-touch tuck (to front);
 - c. Handspring tuck (to front);
 - d. Round-off handspring layout from left to right in two lines.

EVENT 2: ACRO EVENT (30 POSSIBLE POINTS)

Three heats construct the Acro Event where each team sends a maximum of four athletes to compete an acro sequence to counts in a maximum of 45 seconds. Athletes may compete in two heats, however no more than two athletes may crossover together from one heat to another. Timing begins with the first movement. Exceeding the 45 seconds will result in a time deduction. In each heat, teams must attempt all required number of elements in addition to the required skill. The required skill counts as an element.

- Heat 1: Required 360 degree flipping skill, five elements (10 pts)
- Heat 2: Required twisting skill, six elements (10 pts)
- Heat 3: Required release skill, seven elements (10 pts)

EVENT 3: PYRAMID EVENT (30 POSSIBLE POINTS)

Three heats construct the Pyramid Event. Each team sends a maximum of 24 athletes and there is no crossover rule. Timing begins with the first movement. Exceeding 30 seconds will result in a time deduction. In each heat, teams must attempt the required skill while changing the pyramid structure or flyer plane from heat to heat.

- Heat 1: Flipping (10 pts)
 - a. Entry/dismount must contain flip greater than 90 degrees
- Heat 2: Twisting (10 pts)
 - a. Entry/dismount must contain twist skill greater than 90 degrees
- Heat 3: Release (10 pts)
 - a. Entry/dismount must contain a release skill

EVENT 4: TOSS (30 POSSIBLE POINTS)

Three heats construct the Toss Event. Each heat has required elements. A maximum of four athletes may toss a single flyer. Athletes may crossover and compete in two heats, one of which must be the synchronized toss.

- Heat 1: Minimum 450 degree rotation in a single toss (10 pts)
- Heat 2: Two synchronized tosses (10 pts)
- Heat 3: Open-no skill requirements (10 pts)

EVENT 5: TUMBLING EVENT (60 POSSIBLE POINTS)

Six heats construct the Tumbling Event. Athletes may compete in the both the synchronized portion and in one single pass, but tumble a maximum of two times.

- Dou- Two athletes execute synchronized identical tumbling pass (10 pts)
- Trio- Three athletes execute synchronized identical tumbling pass (10 pts)
- Quad- Four athletes execute synchronized identical tumbling pass (10 pts)
- Aerial- single pass; must execute one flip before final flip in pass (10 pts)
- Six Element single pass; six elements including last skill (10 pts)
- Open single pass; no requirements (10 pts)

EVENT 6: TEAM EVENT (110 POSSIBLE POINTS)

One heat constructs the Team Event. Athletes perform synchronized choreographed skills set to music in a maximum of 2 minutes and 30 seconds using a minimum of 18 athletes and a maximum of 24 athletes combining required and optional skills. The required skills include:

- 30 acro elements (20 pts)
- Five tosses (20 pts)
- Four pyramids (2.5 high) (20 pts)
- One Jump/Standing Tumbling Pass per number of athletes on the mat (20 pts)
- One Running Tumbling Pass per number of athletes on the mat (20 pts)
- Additional scored categories:
 - a. Routine construction (5 pts)
 - b. Dance/Composition/Artistry - 50 percent of the team must perform two, eight counts