

# BAYLOR®

Acrobatics & Tumbling | Ferrell Center | Waco, Texas | @BaylorAcroTumb | BaylorBears.com  
**9-STRAIGHT NCATA CHAMPIONSHIPS: 2015, 2016, 2017, 2018, 2019, 2021, 2022, 2023, 2024**

## BAYLOR HIGH SCORES IN 2025

COMPULSORY - Total:	38.95
Heat 1 (Acro):	9.75
Heat 2 (Pyramid):	9.90
Heat 3 (Toss):	9.95
Heat 4 (Tumbling):	9.30
ACRO - Total:	29.55
Heat 1 (5 Element):	10.00
Heat 2 (6 Element):	9.75
Heat 3 (7 Element):	9.90
PYRAMID - Total:	29.80
Heat 1 (Inversion):	9.95
Heat 2 (Synchronized):	9.90
Heat 3 (Open):	9.95
TOSS - Total:	29.25
Heat 1 (450 Salto):	9.80
Heat 2 (Synchronized):	9.75
Heat 3 (Open):	9.80
TUMBLING - Total:	57.65
Heat 1 (Duo):	9.50
Heat 2 (Triple):	9.15
Heat 3 (Quad):	9.70
Heat 4 (Aerial):	9.85
Heat 5 (6 Element):	9.925
Heat 6 (Open):	10.00
TEAM -	100.13
MEET TOTAL:	283.630

## Meet #8 – Saint Leo Lions

**#1 Baylor (7-0) vs. #10 Saint Leo (4-1)**

March 29th, 2025 | 5 p.m. CT

Ferrell Center | Waco, Texas

Series History: Third Meeting, BU 2-0

Neutral: 1-0 | Home: 0-0 | Away: 1-0

Last Meeting: 3/8/22 W 285.240 - 261.890

Television/Live Stream: ESPN+ (Kurtis Quillin, Ashley Echelberger)

Live Updates on Twitter: @BaylorAcroTumb

<https://baylorbea.rs/AcroTumbScoring>



## STORYLINES

- The Bears are on a three-meet homestand which will conclude the regular season. For the second meet, BU welcomes No. 10 Saint Leo to Waco for the first time in program history on Alumni Day. A post-meet autograph session will take place with the team.
- BU will debuted new uniforms against Iona – anthracite with gold. They are the only team outside of football to don this color combo.
- Felecia Mulkey earned her 100th Baylor win on 3/8 at Missouri State. She remains the longest-tenured Baylor A&T coach and the winningest to boot.
- Baylor is on a 45-meet winning streak, starting on 3/27/21.
- BU had season-high scores against Iona in Toss H1, Trio and Quad Tumbling, and tied the season-high in Comp Toss and Open Pyramid.
- The Bears have earned at least an Honorable Mention honor in every week this season. Full weekly awards for this season can be found on page 3!
- BU has earned two perfect 10s so far this season, one in Acro H1 5-Element and one with Payton Washington in the Open Tumbling Pass (H6).

## 2025 SCHEDULE & RESULTS

7-0 | HOME 3-0 | AWAY 4-0 | NEUTRAL 0-0

DATE	OPPONENT	LOCATION	RESULT/TIME (CT)	
Feb. 8	at #5 UMHB	Belton, Texas	W 276.240 - 255.335	W by 20.905
Feb. 15	#14 LIU	WACO, TEXAS	W 278.540 - 236.660	W by 41.88
Feb. 22	at #4 Oregon	Eugene, Ore.	W 283.630 - 272.780	W by 10.85
Mar. 1	AZUSA PACIFIC	WACO, TEXAS	W 276.630 - 241.865	W by 34.765
Mar. 8	at Missouri State	Springfield, Mo.	W 278.580 - 205.055	W by 73.525
Mar. 11	at #15 Duquesne	Pittsburgh, Pa.	W 275.030 - 256.210	W by 18.82
Mar. 22	#8 IONA	WACO, TEXAS	W 281.800 - 262.065	W by 19.735
Mar. 29	SAINT LEO	WACO, TEXAS	5 p.m.	Alumni Day
Apr. 5	OREGON	WACO, TEXAS	5 p.m.	Senior Day



## NOTABLES

### SWEEEEEP

– The Bears swept the NCATA weekly awards for the fifth time in program history on February 26th and then AGAIN on March 5th with Payton Washington (Athlete), Jordan Gruendler (Specialist) and Leavy McDonald (Freshman) earning the accolades. (see page 3 of notes / page 56 of almanac)

### (MORE) NEW TRICKS

The Bears will continue to roll out new elements this season just as they did in the last, taking inspiration from acrobatic gymnastics. Jordan Gruendler (top) is largely involved the elements, but more have been learning. In 2022, they debuted two new hand-to-hand elements in acro – split one-handed handstand and a one-handed handstand (“pencil”). In 2023, they debuted the “ring” for acro and the “flag”. In 2024, it was the “boomerang” in seven-element acro, as well as the “arch” (reverse planche). This season, Gruendler and McDonald debuted the reverse planche to straight slide to split in 7 Element Acro (H3) against UMHB - the first time this was ever performed in the NCATA (2/8). Addie Vezzosi introduced the “yogi” position in that meet as well, in heat 2. Then the Gruendler/McDonald duo debuted the stacked-hands handstand pop-over to two hands against Azusa Pacific in heat three (3/1). At Missouri State, they debuted the stacked-hands one-handed handstand and then the straight slide to split with the “ring” (3/8). The ‘pencil’ returned in H3 before they perform the straight handstand while slide to split against Duquesne (3/11).

### WELCOME

- BU is hosting three teams for the first time in 2025: LIU, Iona & Saint Leo.
- They will travel to two programs in their first seasons: Missouri State and Duquesne.

### SEASON

- This is the second season in program history where the Bears will host five home meets; the last time was 2023.
- Baylor has nine regular-season meets on the docket in 2025, a program record when not counting seasons with tri-meets.

### NUMERO UNO

- The Bears were named preseason favorite for the tenth year in a row on January 31st in the NCATA Preseason Poll.
- BU earned its 14th-straight No. 1 placing on 3/26 in the NCATA rankings, not including Championship seeds.

### COACHING TREE OF FEE

- The Bears will face four teams this season that are not coached by a former student-athlete of Mulkey’s, as opposed to only one last season.
  - There are currently nine programs that have a former student-athlete or staffer of Mulkey’s at the helm of the program, six of those being the inaugural head coach at that institution. Each of them were either SAs during her four years at Oregon, or over her time in Waco. Coach Fee also has five former pupils serving in assistant coach roles across the country.
- Augustana • Baylor • Barton College • Buffalo State • Gannon • Iona • LIU • Montevallo • UMHB • Texas Lutheran •

### HOME SWEET (PERMANENT) HOME

The Bears moved into the Ferrell Center in the summer of 2024 as their permanent home, leaving behind the Rena Marrs McLean Gymnasium that housed the team since its inception. The move allowed the team its own practice gym and expanded locker room space, also allowing for more equipment to help train.

### STRONG

Freshman Baylee Garnto, just before coming to campus, placed 16th amongst teens worldwide in the 2024 Teen Crossfit Games Championship.

### JUST WIN

Baylor head coach Felecia Mulkey has won all 13 NCATA National Championships since the sport’s first postseason championship in the 2011 season. Mulkey won four titles while coaching at Oregon from 2009-2014 and has won the last nine as head coach of the Bears from 2015-2024, all in a row.

## QUICK FACTS

### UNIVERSITY

Location:	Waco, Texas
Chartered:	1845, by Republic of Texas
Enrollment:	20,824
President:	Dr. Linda A. Livingstone
Faculty Representative:	Dr. Carson Mencken
Director of Athletics:	Mack Rhoades IV
Sport Administrator:	Mabrie Hermann
SWA:	Felecia Mulkey
Conference:	Big 12
Nickname:	Bears
Mascot:	Judges Indy & Belle (live Black Bears)
Colors:	Green (PMS 560) & Gold (PMS 1235)
Facility:	Ferrell Center (7,500)

### ACROBATICS & TUMBLING INFORMATION

2024 Overall Record:	11-0
Final Ranking:	No. 1
Letterwinners Returning:	28
Newcomers:	15

### COACHING STAFF

Head Coach:	Felecia Mulkey
Alma Mater, Year:	Kennesaw State, 1997
Career NCATA Record (years):	135-4 (15)
Record at Baylor (years):	102-2 (11)
Assistant Coach:	Kelsey Rowell
Alma Mater (Year):	Oregon, 2012
Assistant Coach:	Courtney Oates
Alma Mater (Year):	Baylor, 2016
Assistant Coach:	Shayla Hutchins
Alma Mater (Year):	Baylor, 2018
Assistant Coach:	Cassandra Rowell
Alma Mater (Year):	Oregon State, 2010
Director of Operations:	Treasure Fields
Alma Mater (Year):	Concordia (Wisc.), 2016

### ATHLETIC COMMUNICATIONS

Associate AD, Communications:	Brent Ingram
Associate Director/A&T Contact:	Madelon Allen
Cell Phone:	254-252-7168
E-mail:	Madelon_Allen@Baylor.edu
Office Mailing Address:	1500 S. University Parks Dr. Waco, TX 76706
Official Athletics Website:	www.BaylorBears.com
Official Athletics Twitter Feed:	@BaylorAthletics
Official A&T X, Insta, TikTok:	@BaylorAcroTumb

### PROGRAM HISTORY

First Season:	2011
All-Time NCATA Record (thru 2024 season):	104-23
All-Time NCATA Championships Record:	30-4
NCATA Appearances:	12 (2011-19, 21-24)
NCATA Titles:	9 (2015-19, 21-24)
*no Championship held in 2020 due to the COVID-19 pandemic	

## THE EVENTS

**COMPULSORY** – Each team competes identical pre-determined set of skills with a pre-determined starting value of 10.0. There are four heats that include acro, pyramid, toss and tumbling. Each heat can score up to a perfect 10, with the total combined event score of 40 points.

**ACRO** – In the acro event, teams compete in three different heats of 5, 6, and 7 element acro skills. In the acro event, teams of typically 2-4 athletes will compete acrobatic movements demonstrating great strength, balance, technique and core from both the bases and tops. Each heat may score up to a perfect 10 with a total combined score in this event up to 30 points.

**PYRAMID** – In this event, teams compete in three individual heats of pyramids valued at up to 10 points per heat for a maximum of 30 points for the event. Teams want to use as few athletes as possible to create the most unique and difficult pyramid. Each heat has a different requirement: inverted top, synchronized and open.

**TOSS** – The toss event is a high-flying event with four athletes tossing a fifth athlete (top) high in the air, while completing flipping and/or twisting forward or backward. Two of the three heats are solo tosses while one heat is a synchronized toss. Each of the three toss heats may score up to 10 points each for a total maximum score for the event of up to 30 points.

**TUMBLING** – The tumbling event shows the sheer power of each team. Six heats construct the Tumbling Event with 10 points each for a maximum of 60 points for the event. Athletes may compete in both the synchronized portion and in one solo pass. In this event, tumbling combinations will feature difficulty, multiple flips and twists in various passes with athletes tumbling both forward and backward.

**TEAM** – In this event, athletes perform synchronized choreographed skills in a 2 1/2 minute routine set to music. Each team competes up to 24 athletes. Routines are composed to showcase all skill sets that have been competed in the previous five events. This event has a maximum of 110 points, making it extremely crucial to the outcome of the meet.

## 2025 NCATA WEEKLY AWARD WINNERS

<i>HM Athlete of the Week – Payton Washington</i>	2/12
<i>HM Specialist of the Week – Jordan Gruendler (P)</i>	2/12
<i>HM Freshman of the Week – Leavy McDonald</i>	2/12
<i>HM Athlete of the Week – Jordan Gruendler</i>	2/19
<i>HM Specialist of the Week – Payton Washington</i>	2/19
<i>Freshman of the Week – Leavy McDonald</i>	2/19
<i>Athlete of the Week – Payton Washington</i>	2/26
<i>Specialist of the Week – Jordan Gruendler (P)</i>	2/26
<i>Freshman of the Week – Leavy McDonald</i>	2/26
<i>Athlete of the Week – Payton Washington</i>	3/6
<i>Specialist of the Week – Jordan Gruendler (A)</i>	3/6
<i>Freshman of the Week – Leavy McDonald</i>	3/6
<i>Athlete of the Week – Payton Washington</i>	3/12
<i>Specialist of the Week – Jordan Gruendler (A)</i>	3/12
<i>HM Freshman of the Week – Leavy McDonald</i>	3/12
<i>HM Athlete of the Week – Payton Washington</i>	3/19
<i>HM Specialist of the Week – Jordan Gruendler (A)</i>	3/19
<i>Freshman of the Week – Leavy McDonald</i>	3/19
<i>Athlete of the Week – Payton Washington</i>	3/26
<i>HM Specialist of the Week – Jordan Gruendler (A)</i>	3/26
<i>Freshman of the Week – Leavy McDonald</i>	3/26

## NCATA Weekly Award Sweeps

February 21, 2018

Ceara Gray – Athlete  
Kaylee Adams – Specialist  
Morgan Celum – Freshman

March 6, 2025

Payton Washington – Athlete  
Jordan Gruendler – Specialist (A)  
Leavy McDonald – Freshman

April 8, 2021

Kamryn Kitchens – Athlete  
Emily Tobin – Specialist (A)  
Riley Chimwala – Freshman

A - Acro  
P - Pyramid  
T - Toss

April 16, 2021

Kamryn Kitchens – Athlete  
Emily Tobin – Specialist (A)  
Riley Chimwala – Freshman

February 28, 2024

Riley Chimwala – Athlete  
Jordan Gruendler – Specialist (A)  
Payton Washington – Freshman

February 26, 2025

Payton Washington – Athlete  
Jordan Gruendler – Specialist (P)  
Leavy McDonald – Freshman



## COACHING STAFF

**FELECIA MULKEY****HEAD COACH | ELEVENTH SEASON****KENNESAW STATE, 1997**

A transcendent leader on the forefront of the growing sport of acrobatics and tumbling, Felecia Mulkey has won all 13 of the National Collegiate Acrobatics and Tumbling Association (NCATA) championships offered and boasts a career record of 128-4 over 14 seasons as a head coach of acrobatics and tumbling in the NCATA.

In the 2024 season, she was in her 10th year as the head coach at Baylor and has completely changed the program since arriving in Waco in June of 2014. After winning four-straight NCATA titles at the University of Oregon, she has led the Bears to nine-straight NCATA championships with an 95-2, 10-year record in Waco and compiled a 38-meet win streak (2021-24) as she has tutored 30 NCATA All-Americans in 10 seasons.

Baylor's ninth-straight NCATA Championship title came in the 2024 season, coming full circle for Mulkey as it was won at Fairmont State, where she won her first title with Baylor in 2015. She led four student-athletes to All-American status (Riley Chimwala, Jordan Gruendler, Bayley Humphrey, Payton Washington) as well as the three who swept the DI end-of-season awards (Washington - Freshman, Chimwala - Most Outstanding, Gruendler - Specialist). Another undefeated season under her belt, the Bears used the 11-0 record to keep their 38-meet winning streak. BU was the only team to score a 280 or higher in a meet, and had nine weekly awards earned from the NCATA, one of which was a sweep. The Bears faced three new teams including Augustana, Iona, LIU and Texas Lutheran. Baylor recorded one perfect 10 score on the season, in the Open Pyramid against LIU (3/5). The Bears defeated Fairmont State (host), Oregon and Gannon en route to the title. Baylor earned seven individual event titles, one in each event - Five-Element Acro, Six-Element Acro, Seven-Element Acro, Inversion Pyramid, 450 Salto Toss, Six-Element Tumbling, Open Tumbling.

The Bears won their eighth-straight national championship in the 2023 season under the direction of Mulkey, continuing a 26-meet win streak originating in 2021. BU had another perfect 11-0 season and had a record five home meets in the Ferrell Center. Kamryn Kitchens earned four Athlete of the Week accolades en route to being named Most Outstanding Athlete of the Year, while Baylor captured six Specialist of the Week awards from the NCATA by Riley Chimwala, Jordan Gruendler and Bayley Humphrey; Gruendler being named Specialist of the Year. In addition, Gianna Cameron had one Freshman of the Week award and three honorable mention awards on her way to being named Freshman of the Year. Kitchens was also named to the All-Academic Team while 25 made the NCATA Honor Roll. Chimwala, Humphrey, Kitchens and Emily Tobin were all named NCATA All-America as well. In addition, Tobin and Grayson Moore earned the Big 12 Dr. Gerald Lage Academic Achievement Award. Mulkey's 80th Baylor win came against Oregon on April 1 and the Bears recorded 11 perfect 10.0 scores on the season, the most coming in the Pyramid event. BU won five individual event titles in the Six-Element Acro, Seven-Element Acro, Synchronized Pyramid, 450 Salto Toss and the Open Tumbling Pass with Kitchens.

The 2022 season saw three individual national titles for the Bears and the seventh-straight NCATA National Championship. Mulkey's 11th-straight title in her career. Mulkey saw BU gain two yearly NCATA awards, with Emily Tobin being named Most Outstanding Athlete of the Year and Bayley Humphrey being named Specialist of the Year. The Bears had three named NCATA All-Americans in Tobin, Humphrey and Riley Chimwala. In addition, BU had three individual event national champion titles with the Seven-Element Acro, Inversion Pyramid, and Briana Harris in the Open Tumbling Pass. Baylor got it done on the mats and in the classroom, with Kamryn Kitchens named All-Academic and 26 other student-athletes named to the NCATA Academic Honor Roll. Six newcomers were named to the 2022 Academic All-Big 12 Rookie Team for Baylor, and 27 student-athletes were named to the Academic All-Big 12 At-Large Team.

Mulkey won her 10th-career national championship and sixth-straight while at the helm at Baylor in 2021 as the No. 2 seed in the 2021 NCATA National Championships hosted inside the Ferrell Center. The Bears first defeated No. 3 seed Oregon in the semifinal, before downing No. 1 seed Azusa Pacific in the championship meet. Baylor finished the season with a 6-1 record, while earning a number of individual honors at the end of the season. For the fourth-consecutive time, a Baylor student-athlete was named the NCATA Most Outstanding Athlete as Emily Tobin earned the honor, while Riley Chimwala was named the NCATA Freshman of the Year. Tobin, Chimwala and Kam Kitchens all earned All-America honors, while Maddie McNamee was named the Louise Goodrum Academic Award winner.

In 2020, Mulkey's Bears were ranked No. 1 nationally, 6-0 and had won four meets to start the season before it was cancelled due to COVID-19.

In 2019 she guided the Bears to an unprecedented fifth-straight NCATA title, winning a program record 14 meets as the Bears went 14-0 on the year to finish with a 278.400-271.725 victory over Oregon in the NCATA team final in front of the home fans at the Ferrell Center. Ashley Echelberger was

named the NCATA Most Outstanding Athlete, becoming the third-straight Bear to win the title and the fourth such honor under Mulkey's leadership. Top Joie Hensley was named NCATA Specialist of the Year and four Bears (Kaylee Adams, Hope Bravo, Ceara Gray and Echlelberger) were named NCATA All-Americans.

In 2018, the Bears went 11-0, the third undefeated season in four years en route to winning the program's fourth-straight NCATA title. Mulkey was named NCATA Coach of the Year for the second time in her career. The Bears defeated Quinnipiac, 283.360-274.650, while winning all six events. Ceara Gray earned Most Outstanding Player and Kaylee Adams Specialist of the Year. Gray, Adams and Lauren Sturm earned All-America honors.

In 2017, Mulkey's squad went 9-1 and finished the season with eight straight wins to secure the program's third straight NCATA national title. When it was all said and done, the Bears had three NCATA All-Americans (Kiara Nowlin (NCATA Most Outstanding Player), Kaelyn Cowan and Lauren Sturm) for the second consecutive year and third time since 2013, five NCATA individual event titles, 15 Academic All-Big 12 At-Large honorees and a then-program-record four NCATA Player of the Week awards.

During the 2016 season, Mulkey led Baylor to a second straight perfect record (10-0) en route to claiming the 2016 NCATA national championship. Along the way, Kiara Nowlin, Shayla Moore and Kaelyn Cowan earned NCATA All-American honors.

After guiding the Oregon Ducks to four consecutive NCATA national championships in five years, Mulkey, in her first season as Baylor's head coach, guided the Bears to the program's first NCATA national championship, defeating the defending champion Oregon Ducks three times en route to the crown. The Bears posted a program-best 11-0 record. Sophomore Kiara Nowlin, freshman Shayla Moore and senior Keegan Johnson received 2015 NCATA All-America honors and the Bears claimed eight event titles. In addition, Nowlin was named the 2015 NCATA Most Outstanding Player and Moore earned Freshman of the Year recognition.

Mulkey was the head coach at the University of Oregon from 2009 through 2014, first at the helm of the competitive stunts and gymnastics team and that evolved into acrobatics and tumbling and the inaugural season of the NCATA in 2011. At the helm of the Ducks, Mulkey boasted a 43-2 overall record while winning four national championships, 30 event titles, 11 All-America honors, two Athlete of the Year accolades, a Newcomer of the Year honor and a Coach of the Year award.

In her 12 seasons as a head coach of acrobatics and tumbling, Mulkey, a native of Atlanta, Ga., has an overall record of 106-4 while winning 11 national titles, 64 event titles, coached 33 student-athletes to All-America honors with seven earning Athlete of the Year awards.

Off the mat, Mulkey works tirelessly in growing the sport of acrobatics and tumbling. She continues to play a key role in the progression of acrobatics & tumbling's effort to gain NCAA sport status. Prior to the 2010-11 season, Mulkey was a catalyst in developing the scoring format that is currently in practice in acrobatics and tumbling meets. She currently serves as the Director of Expansion for the NCATA (National Collegiate Acrobatics and Tumbling Association), acting as the liaison between the sport and athletic directors looking to add the sport as A&T pushes into becoming an NCAA emerging sport. It currently has been adopted as an emerging sport by Divisions II and III, with Division I expected to follow suit in the coming months.

She has also influenced many of her former student-athletes to give back to the sport that has given them so much, as 10 of them are currently head coaches of collegiate acrobatics & tumbling programs at universities and colleges around the country. With 33 active programs entering the 2021 season, that accounts for almost a third of the head coaches nationally.

Prior to her stint at Oregon, Mulkey built the Kennesaw State competitive cheer program into a national powerhouse. She was also the The Owls finished fourth in the 2008 All-Women's Division I Collegiate Championships after capturing national titles in 2004 and 2005.

Mulkey, a 1998 Kennesaw State health and exercise science graduate, oversaw the development of a program that finished no worse than third nationally from 2001 through 2007. Her success resulted in the program ascending to the Division I level in 2006. Her dedication to her alma mater led her to being inducted into the Kennesaw State Athletics Hall of Fame in the fall of 2019.

Prior to transferring and taking over the head coaching reins at the Kennesaw, Ga., school in May 1997, Mulkey cheered for two years at Southern Union State (Wadley, Ala.), and led the Bison to an eighth-place national finish in 1995.

In addition to directing the Owls' spirit and competitive programs, Mulkey served as the school's sports operations director from 2007-2008 as well as the sports marketing and promotions director from 2000-06.

The Atlanta, Ga., native is married to Jeff Nunes and the couple have three dachshunds.



## COACHING STAFF

**KELSEY ROWELL**

**ASSISTANT COACH | NINTH SEASON  
OREGON, 2012**

Baylor, former Oregon All-American Kelsey Rowell is in her ninth season as an assistant coach of the Baylor acrobatics and tumbling team in 2024-25.

In her eight seasons as an assistant coach, Rowell has helped the program win its ninth-straight NCATA title (seven under her tenure) in 2024.

Baylor's ninth-straight NCATA Championship title came in the 2024 season. Rowell and company led four student-athletes to All-American status (Riley Chimwala, Jordan Gruendler, Bayley Humphrey, Payton Washington) as well as the three who swept the DI end-of-season awards (Washington - Freshman, Chimwala - Most Outstanding, Gruendler - Specialist). Another undefeated season under her belt, the Bears used the 11-0 record to keep their 38-meet winning streak. BU was the only team to score a 280 or higher in a meet, and had nine weekly awards earned from the NCATA, one of which was a sweep. The Bears faced three new teams including Augustana, Iona, LIU and Texas Lutheran. Baylor recorded one perfect 10 score on the season, in the Open Pyramid against LIU (3/5). The Bears defeated Fairmont State (host), Oregon and Gannon en route to the title. Baylor earned seven individual event titles, one in each event - Five-Element Acro, Six-Element Acro, Seven-Element Acro, Inversion Pyramid, 450 Salto Toss, Six-Element Tumbling, Open Tumbling.

BU had another perfect 11-0 season in 2023, winning the championship and had a record five home meets in the Ferrell Center. Kamryn Kitchens earned four Athlete of the Week accolades en route to being named Most Outstanding Athlete of the Year, while Baylor captured six Specialist of the Week awards from the NCATA by Riley Chimwala, Jordan Gruendler and Bayley Humphrey; Gruendler being named Specialist of the Year. In addition, Gianna Cameron had one Freshman of the Week award and three honorable mention awards on her way to being named Freshman of the Year. Kitchens was also named to the All-Academic Team while 25 made the NCATA Honor Roll. Chimwala, Humphrey, Kitchens and Emily Tobin were all named NCATA All-America as well. In addition, Tobin and Grayson Moore earned the Big 12 Dr. Gerald Lage Academic Achievement Award. Mulkey's 80th Baylor win came against Oregon on April 1 and the Bears recorded 11 perfect 10.0 scores on the season, the most coming in the Pyramid event. BU won five individual event titles in the Six-Element Acro, Seven-Element Acro, Synchronized Pyramid, 450 Salto Toss and the Open Tumbling Pass with Kitchens.

The 2022 season saw three individual national titles for the Bears and the seventh-straight NCATA National Championship. Rowell also saw BU gain two yearly NCATA awards, with Emily Tobin being named Most Outstanding Athlete of the Year and Bayley Humphrey being named Specialist of the Year. The Bears had three named NCATA All-Americans in Tobin, Humphrey and Riley Chimwala. Baylor got it done on the mats and in the classroom, with Kamryn Kitchens named All-Academic and 26 other student-athletes named to the NCATA Academic Honor Roll. Six newcomers were named to the 2022 Academic All-Big 12 Rookie Team for Baylor, and 27 student-athletes were named to the Academic All-Big 12 At-Large Team.

For the fourth-consecutive time, a Baylor student-athlete was named the NCATA Most Outstanding Athlete in 2021 as Emily Tobin earned the honor, while Riley Chimwala was named the NCATA Freshman of the Year. Tobin, Chimwala and Kam Kitchens all earned All-America honors, while Maddie McNamee was named the Louise Goodrum Academic Award winner.

Baylor won another nine individual event titles in 2019, as she has coached three NCATA All-Americans, including the NCATA Most Outstanding Athlete, Ashley Echelberger and the Specialist of the Year Joie Hensley.

The Bears won six NCATA individual event titles in 2018 and she coached three NCATA All-Americans, including the Most Outstanding Athlete (Ceara Gray) and Specialist of the Year Kaylee Adams.

In her first season as assistant coach, Rowell played a large role in guiding Baylor to its third straight NCATA national title and five NCATA individual event titles. She also helped coach three NCATA All-Americans.

Rowell, in her role as a volunteer assistant with the Bears, helped lead Baylor to the 2016 NCATA national championship, the program's second straight crown.

Rowell, a member of the Oregon acrobatics and tumbling team from 2009-2012 while coach Mulkey was the Ducks' coach, helped lead Oregon to the 2011 and 2012 NCATA National Championships. She earned several individual tumbling event national titles and was honored as an NCATA All-American as a senior.

Rowell (rhymes with towel), an Oregon native, has 12 years of all-around experience in gymnastics, competing nationally in Oregon, California and Texas before joining the Oregon squad 2009. Prior to competing collegiately, she was a 2001 Level IX Western National Qualifier and a Level 10 National Qualifier in 2002 and 2003. She garnered regional championship titles on floor, beam and vault.

After graduating from Oregon in 2012 with a degree in sociology and prior to entering the coaching ranks, Rowell worked at Vircon Inc., in Portland, Ore., as a consultant relations manager in the human resources department.

**COURTNEY OATES**

**ASSISTANT COACH | THIRD SEASON  
BAYLOR, 2017**

Courtney Oates joined her alma mater as an Assistant Coach for the Baylor Acrobatics & Tumbling program in July of 2022.

Baylor's ninth-straight NCATA Championship title came in the 2024 season, the second championship for Oates. She and the staff led four student-athletes to All-American status (Riley Chimwala, Jordan Gruendler, Bayley Humphrey, Payton Washington) as well as the three who swept the DI end-of-season awards (Washington - Freshman, Chimwala - Most Outstanding, Gruendler - Specialist). Another undefeated season under her belt, the Bears used the 11-0 record to keep their 38-meet winning streak. BU was the only team to score a 280 or higher in a meet, and had nine weekly awards earned from the NCATA, one of which was a sweep. The Bears faced three new teams including Augustana, Iona, LIU and Texas Lutheran. Baylor recorded one perfect 10 score on the season, in the Open Pyramid against LIU (3/5). The Bears defeated Fairmont State (host), Oregon and Gannon en route to the title. Baylor earned seven individual event titles, one in each event - Five-Element Acro, Six-Element Acro, Seven-Element Acro, Inversion Pyramid, 450 Salto Toss, Six-Element Tumbling, Open Tumbling.

In her first season on staff in 2023, BU had a perfect 11-0 season, winning the championship and had a record five home meets in the Ferrell Center. Kamryn Kitchens earned four Athlete of the Week accolades en route to being named Most Outstanding Athlete of the Year, while Baylor captured six Specialist of the Week awards from the NCATA by Riley Chimwala, Jordan Gruendler and Bayley Humphrey; Gruendler being named Specialist of the Year. In addition, Gianna Cameron had one Freshman of the Week award and three honorable mention awards on her way to being named Freshman of the Year. Kitchens was also named to the All-Academic Team while 25 made the NCATA Honor Roll. Chimwala, Humphrey, Kitchens and Emily Tobin were all named NCATA All-America as well. In addition, Tobin and Grayson Moore earned the Big 12 Dr. Gerald Lage Academic Achievement Award. Mulkey's 80th Baylor win came against Oregon on April 1 and the Bears recorded 11 perfect 10.0 scores on the season, the most coming in the Pyramid event. BU won five individual event titles in the Six-Element Acro, Seven-Element Acro, Synchronized Pyramid, 450 Salto Toss and the Open Tumbling Pass with Kitchens.

Oates comes to Baylor after spending three seasons in her hometown of Belton, serving as the head coach of the A&T program at UMHB.

"The sport of acrobatics & tumbling continues to impact my life in such large ways," said Oates. "I'm incredibly grateful for the path it's led me on. Baylor University has forever held a special place in my heart. I'm beyond honored to have the privilege to work with such a profound program of athletes and staff while being back on Baylor ground."

Oates was hired by the University of Mary Hardin-Baylor in February of 2019 to start and build the UMHB Acrobatics and Tumbling program. The Cru Acrobatics & Tumbling program began competition in the spring of 2020. UMHB hosted four-time defending National Champion Baylor University in its inaugural meet, and the Cru earned the program's first victory in its next meet at East Texas Baptist.

UMHB finished with a 1-1 record after that inaugural season was cut short and cancelled in March. Oates went on to guide the Cru to 3-3 records each of the last two seasons. They swept the NCATA's Division III awards in 2022 and placed 23 student-athletes on the NCATA academic honor roll.

She has twice had the opportunity to start an Acrobatics and Tumbling program in her young coaching career. Before joining UMHB, she spent two years at West Virginia Wesleyan College as that school's inaugural coach. Oates was hired in January of 2017 and spent a year recruiting to the program before guiding the Bobcats to a 4-4 record in their first season of competition in the spring of 2018. Oates also spent one semester as a volunteer assistant coach at Baylor University. She is a Belton native, and her father, Jerry Pate, served as an athletic trainer for UMHB and Baylor.

Oates is a 2016 graduate of Baylor University with a degree in studio art with a concentration in photography. She was a four-year letter winner for the Baylor Athletics and Tumbling program and won two Team National Championships with the Bears (2015, 2016). Oates also won three individual National Championships during her time at Baylor.

She was a three-time Academic All-Big 12 selection and was also named to the Academic All-Big 12 Rookie Team as a freshman. Oates was an eight-time Big 12 Commissioners Honor Roll and Dean's List selection during her collegiate career. She is also a graduate of Belton High School, where she was a four-time All-American cheerleader and a Regional Qualifier as a pole vaulter.

Courtney (néé Pate) and her husband, Gabe, were married in December of 2020. She is the daughter of Jerry and Vicki Pate. Her brother, Tyler, is a UMHB graduate and played soccer for the Cru. Her younger sister, Cassidy, is a graduate of Baylor.



## SHAYLA HUTCHINS

ASSISTANT COACH | SECOND SEASON  
BAYLOR, 2018

Shayla Hutchins serves Baylor Athletics as an Assistant Coach of the national champion Acrobatics & Tumbling program.

Baylor's ninth-straight NCATA Championship title came in the 2024 season, the first championship for Hutchins as a member of the staff. She and the Bears led four student-athletes to All-American status (Riley Chimwala, Jordan Gruendler, Bayley Humphrey, Payton Washington) as well as the three who swept the DI end-of-season awards (Washington - Freshman, Chimwala - Most Outstanding, Gruendler - Specialist). An undefeated season under her belt, the Bears used the 11-0 record to keep their 38-meet winning streak. BU was the only team to score a 280 or higher in a meet, and had nine weekly awards earned from the NCATA, one of which was a sweep. The Bears faced three new teams including Augustana, Iona, LIU and Texas Lutheran. Baylor recorded one perfect 10 score on the season, in the Open Pyramid against LIU (3/5). BU defeated Fairmont State (host), Oregon and Gannon en route to the title. Baylor earned seven individual event titles, one in each event - Five-Element Acro, Six-Element Acro, Seven-Element Acro, Inversion Pyramid, 450 Salto Toss, Six-Element Tumbling, Open Tumbling.

Hutchins, née Moore, returned to her alma mater as an assistant coach in the 2023-24 season after serving as the head A&T coach at Emmanuel College, an NCAA Division II institution in Franklin Springs, Ga. She was the Lions' inaugural head coach and concurrently the first A&T coach in the state of Georgia.

"I'm thrilled to get Shayla back to Waco," said Mulkey in July of 2023. "She is a talented, knowledgeable coach and is a bundle of energy. She will be a huge asset to our staff. I can't wait for her to get on campus and meet the team."

The Atlanta, Ga., native was named head coach of the EC program in March of 2020 after the school announced the addition of A&T as a varsity sport in February of the same year. Hutchins coached the Lions to a 2-6 record in its inaugural season in 2022, defeating Mars Hill and Chowan University on their home mats to mark the first program wins. EC went 2-7 in the 2023 season, gathering wins over Chowan and Presbyterian College.

As a Baylor student-athlete, Hutchins was a four-time NCATA Champion and two-time NCATA All-American. She was the NCATA Freshman of the Year in 2015, helping the Bears to their first NCATA Championship title. A phenomenal tumbler, Hutchins earned multiple Event Finals Champion titles for BU in the duo, trio and quad tumbling passes. A tumbling specialist, she was additionally well-versed as a top, mid-level and main base positions. Hutchins earned event titles in the five-element and six-element acro events with the Bears.

Hutchins graduated from Baylor in 2018 with her bachelor's degree in Sociology and a minor in Forensic Science. Prior to BU, she had competed at the highest level of competition cheerleading for 15 years, including a World Champion team in 2010. Hutchins had a well-rounded background in cheerleading, gymnastics, trampoline and tumbling.

In addition to her coaching of A&T, Hutchins is a champion with Team USA Weightlifting. At the 2022 Pan American Championships in the 55kg competition, she earned gold in the Clean & Jerk with 110kg, fourth in the snatch at 83kg and gold in the total with 193kg. She was part of the 2022 IWF World Championships in Bogotá, Columbia, earning fifth in the total with 194kg with a sixth-place finish in the Snatch at 86kg and fourth in the Clean & Jerk with 108kg. She earned a spot on Team USA for the 2024 IWF World Cup after winning the Texas State Championships in 2024 and won nationals in 2023 in the snatch, clean & jerk and total. At the IWF World Cup, she went 5-for-6 at 59kg, lifting 88/115/203 in just her third international meet. Shayla Moore was married to Coby Hutchins in May of 2021.

Cassandra Rowell serves the Baylor Acrobatics and Tumbling team as an assistant coach, joining the program in the Fall of 2023.

She joined the program in the fall of 2023 as a part-time assistant coach, but was elevated in August of 2024.



## CASSANDRA ROWELL

ASSISTANT COACH | SECOND SEASON  
OREGON STATE, 2010

Baylor's ninth-straight NCATA Championship title came in the 2024 season, the first for "Coach Cass." Rowell and company led four student-athletes to All-American status (Riley Chimwala, Jordan Gruendler, Bayley Humphrey, Payton Washington) as well as the three who swept the DI end-of-season awards (Washington - Freshman, Chimwala - Most Outstanding, Gruendler - Specialist). Another undefeated season under her belt, the Bears used the 11-0 record to keep their 38-meet winning streak. BU was the only team to score a 280 or higher in a meet, and had nine weekly awards earned from the NCATA, one of which was a sweep. The Bears faced three new teams including Augustana, Iona, LIU and Texas Lutheran. Baylor recorded one perfect 10 score on the season, in the Open Pyramid against LIU (3/5). The Bears defeated Fairmont State (host), Oregon and Gannon en route to the title. Baylor earned seven individual event titles, one in each event - Five-Element Acro, Six-Element Acro, Seven-Element Acro, Inversion Pyramid, 450 Salto Toss, Six-Element Tumbling, Open Tumbling.

Rowell has spent the last 12 years as a gymnastics coach at The Gym-Nest in Hillsboro, Oregon. There, she helped develop the program and build competitive teams, recreational programs and other programming for the Gym. She spent the majority of her time there as the head competitive gymnastics coach. She spent her last three years as the owner operator while also coaching. She helped build the Gym-Nest into an all-inclusive, affordable program for all children aged 1-18 years old, working directly with the parents and children of the metropolitan area.

A competitive gymnast herself for 13 years, she competed at level nine in the Western National Championships for two years. She then competed at level 10 National Gymnastics Championships for five years in a row, representing both Region 2 and Region 3. During her gymnastics career, she also qualified and trained for Elite Gymnastics.

Rowell received a full athletics scholarship for gymnastics at Oregon State University, where she competed until she had to retire due to injury. She spent her remaining collegiate years as a manager for the program, assisting with various tasks assigned by the coaching staff. She graduated from OSU in 2010 with her bachelor's degree in human development of family science with a focus in early childhood education and human services.

Rowell is the sister to current Baylor assistant coach Kelsey Rowell.

## STAFF



### TREASURE FIELDS

DIRECTOR OF OPERATIONS | FIFTH SEASON

CONCORDIA UNIVERSITY WISCONSIN, 2016

Entering the 2024 campaign, Treasure Fields is in her fifth season as the Director of Operations for the program.

Fields was previously named West Liberty's first Acrobatics and Tumbling coach in December 2016 and quickly hit the recruiting trail in preparation for the Hilltoppers' varsity debut in March 2018. The hard work and attention to detail paid off in 2018 as WLU posted the first tri-meet sweep in school history and produced the program's first MEC Athlete of the Week along with four All-MEC selections.

In 2019, Fields coached the Hilltoppers to victories over Concordia and Davis & Elkins College, while coaching four student-athletes to All-Mountain East Conference honors. Fields' programs didn't just succeed in the gym but also in the classroom, with nine Hilltoppers being named to the NCATA Academic Honor Roll.

A native of Richmond, Va. who was an Acrobatics & Tumbling standout at Concordia (Wis.), Fields had been serving as a graduate assistant coach at Concordia before coming to the hilltop. The Hilltopper coach was a Dean's List student at Concordia and graduated with a degree in Justice and Public Policy.

A key member of the Concordia team, Fields competed in every meet as a base during her two seasons with the Falcons. Fields earned national recognition as a senior when she was named to the National Collegiate Acrobatics and Tumbling Association (NCATA) Honor Roll for the week of Feb. 19.

She spent the first two years of her collegiate journey at Old Dominion University, which does not have an Acrobatics and Tumbling program, before transferring to the Wisconsin school to pursue her passion with the Falcons' fledgling A&T program.

Fields developed her skills through a lifetime of dedication and hard work fueled by more than 15 years of competitive cheerleading experience while growing up in Richmond. The highlight of Fields' competitive cheerleading career came during her high school years when she competed as a member of the prestigious Fame All-Stars Super Seniors team in Midlothian, Va.

Fields honed her leadership skills by helping lead the Virginia squad to three consecutive Top 10 finishes in the United States All Star Federation (USASF) World Championships in Orlando, Fla.



## 2025 ROSTER

NO.	NAME	POSITION	CLASS	HOMETOWN/PREVIOUS SCHOOL
1	Sarah Kerr	Top/Tumbler/Base	FR	Scottsdale, Ariz./Desert Mountain HS
2	Charlyze Hemby	Top/Tumbler	JR	San Antonio, Texas/San Antonio Christian Schools
3	Gabby Kaminski	Top	SO	Concord, N.C./Cox Mill HS
4	Lexi Lannon	Top/Tumbler	FR	Phoenix, Ariz./Desert Vista HS
5	Gigi Rendino	Base/Tumbler	SO	Brookefield, Conn./Brookfield HS
6	Ashlyn Tannehill	Tumbler	FR	Leander, Texas/Cedar Park HS
7	Emily Bott	Top/Tumbler	SO	East Islip, N.Y./East Islip HS
8	Camryn Milliken	Tumbler	FR	Mechanicsburg, Pa./Cumberland Valley HS
9	Payton Washington	Top/Tumbler	SO	Round Rock, Texas/Stony Point HS
10	Becca Moore	Base/Tumbler	SO	Holbrook, Mass./South Shore Christian Academy
11	Hannah Davis	Top	FR	San Antonio, Texas/Texas Connections Academy
12	Ava Troy	Top	SO	Toms River, N.J./Toms River HS East
13	Madden Werner	Tumbler	FR	Trophy Club, Texas/Byron Nelson HS
14	Adelaide Vezzosi	Top	SR	Briok, N.J./Donovan Catholic HS
15	Amya Powell	Base	JR	Fort Worth, Texas/Haltom City HS/Tyler JC
16	Maddy Jenson	Top	SO	San Antonio, Texas/Reagan HS
17	Alyssa Brown	Base/Tumbler	FR	Houston, Texas/Klein Oak HS
18	Baylee Garnto	Base	FR	Folsom, Calif./Visions HS
19	Talia De La Cruz	Tumbler	SR	Clermont, Fla./Lake Minneola HS
20	Alyiah Thomas	Top/Tumbler	JR	Moosic, Pa./Riverside JR/SR HS
21	Cassie Karnbach	Base	JR	Arnold, Md./Broadneck HS
22	Leah Fredericks	Base	SO	Carmel, Ind./Carmel HS
23	Vanelda Modé	Tumbler	JR	Coppell, Texas/Coppell HS
24	Mariah Polk	Base/Tumbler	SR	Dallas, Ga./Harrison HS
25	Ava Floro	Base	FR	Niceville, Fla./Niceville HS
26	Kailey Yantis-Blank	Top/Tumbler	FR	Porter Ranch, Calif./Oak Park HS
27	Gianna Cameron	Base/Tumbler	JR	South Charleston, Ohio/Wayne HS
28	Carleigh Bruno	Base	JR	Harrison City, Penn./Penn-Trafford HS
29	Dailyn Hopkins	Top/Tumbler	SO	Pittsburgh, Penn./Montour HS
30	Sienna Jibben	Base/Tumbler	FR	Holly Springs, N.C./Holly Springs HS
31	Savanna Cecil	Top/Tumbler	JR	Crossville, Tenn./Christian Academy of the Cumberland
32	Makayla Vasquez	Top	FR	Boerne, Texas/Boerne HS
33	Addi Grandy	Base	SR	Niceville, Fla./Niceville HS
34	Olivia Pesqueira	Tumbler	SO	Phoenix, Ariz./Desert Vista HS
35	Sophia Neylon	Top/Tumbler	JR	Houston, Texas/Episcopal HS
36	Nova Schmit	Base/Tumbler	JR	Lincoln, Neb./Lincoln HS
37	Tennyson Leiby	Base/Tumbler	FR	Gresham, Ore./Metro East Web Academy
38	Jordan Gruendler	Top	SR	San Antonio, Texas/Pearson Online Academy
39	Kaitlyn Burns	Base	JR	Coral Springs, Fla./Marjory Stoneman Douglas
40	Leavy McDonald	Base	RS-FR	San Antonio, Texas/Antonian HS
41	Josie Sutter	Base	SO	Asheville, N.C./K12 Private Online
42	Sofia Criado	Tumbler	SO	San Antonio, Texas/Antonian HS
43	Layla Alexander	Tumbler/Base	SR	Waco, Texas/Homeschool
44	Dannan Roy	Top/Tumbler	FR	Issaquah, Wash./Eastside Catholic HS
46	Morgan Brown	Base	SR	Charlotte, N.C./Charlotte Christian
47	Ellie LaNeve	Base	JR	Allen, Texas/Lovejoy HS
48	D'ahni Branch	Base	SO	Carmel, Ind./Carmel HS
49	Meredith Wells	Base/Tumbler	JR	Highland Village, Texas/Founders Classical Academy
50	Kensey Schilhab	Base	JR	Pearland, Texas/Pearland HS
51	Rakel Jeffries	Tumbler/Top	SR	Canton, Ohio/Perry HS
52	Emi Nelson	Base/Tumbler	SR	Pittsburgh, Pa./Norwin HS
53	Bailey Baughn	Base	SR	Austin, Texas/Lake Travis HS
54	Aliyah Kaloostian	Tumbler	SR	Phoenix, Ariz./Pinnacle HS

**Head Coach:** Felecia Mulkey (Kennesaw State, 1997), 11th season

**Assistant Coach:** Kelsey Rowell (Oregon, 2012), 9th season

**Assistant Coach:** Shayla Hutchins (Baylor, 2018), 2nd season

**Director of Operations:** Treasure Fields (Concordia [Wisconsin], 2016), 6th season

**PRONUNCIATIONS**

D'AHNI Branch ..... dee-AH-knee  
 Sofia CRIADO ..... cree-AH-doh  
 Jordan GRUENDLER ..... Grend-ler  
 CHARLYZE Hemby ..... SHAR-lease  
 ALIYAH KALOOSTIAN ..... Uh-lee-uh Cuh-loo-stee-an

Ellie LaNEVE ..... Luh-NEEVE  
 Olivia PESQUIERA ..... Peh-SKAY-duh  
 Kensey SCHILHAB ..... Shill-ub  
 ALYIAH Thomas ..... Uh-LEE-uh  
 Adelaide VEZZOSI ..... Veh-zoh-zee  
*Listen on the online roster at [BaylorBears.com/acro/](https://baylorbears.com/acro/)*

**Assistant Coach:** Courtney Oates (Baylor, 2016), 3rd season

**Assistant Coach:** Cassandra Rowell (Oregon State, 2010), 2nd season





## THE LAST TIME BAYLOR...

Won at Home	3/22/25 vs. Iona (281.800 - 262.065)
Lost at Home	4/12/14 vs. Azusa Pacific (280.880 - 277.960)
Won Away	3/11/25 at Duquesne (275.030 - 256.210)
Lost Away	3/6/21 at Oregon (281.635 - 280.660)
Won Neutral Meet	4/27/24 vs. Gannon (272.220 - 269.315)
Lost Neutral Meet	4/26/14 vs. Oregon (286.600 - 280.295)
Won by Less Than 1 Point	3/18/14 at Azusa Pacific (281.370 - 281.100)
Won by 1-2 Points	(1.845) 3/31/16 at Oregon (282.025 - 280.180)
Won by 2-5 Points	(2.905) 4/27/24 vs. Gannon (272.220 - 269.315)
Won by 5-10 Points	(8.32) 4/5/24 at Oregon (274.915 - 266.595)
Won by 10 or More Points	(19.735) 3/22/25 vs. Iona (281.800 - 262.065)
Won by 20 or More Points	(20.905) 2/8/25 at UMHB (276.240 - 255.335)
Won by 30 or More Points	(34.765) 3/1/25 vs. Azusa Pacific (276.630 - 241.865)
Won by 40 or More Points	(73.525) 3/8/25 at Missouri State (278.580 - 205.055)
Lost by Less Than 1 Point	3/6/21 at Oregon (281.635 - 280.660)
Lost by 1-2 Points	N/A
Lost by 2-5 Points	(2.92) 4/12/14 vs. Azusa Pacific (280.880 - 277.960)
Lost by 5-10 Points	(7.125) 2/25/17 at Oregon (285.025 - 277.900)
Lost by 10 or More Points	(19.895) 3/4/12 at Oregon (287.115 - 267.220)
Largest Margin of Victory	124.190, 3/9/20 vs. St. Leo^ (275.940 - 151.750)
Largest Margin of Loss	19.895, 3/4/12 at Oregon (287.115 - 267.220)
Most Recent Win Streak	43 in a row (3/27/21 to 3/8/25)
Most 10pt Scores in a Meet	4 at Oregon (3/12/15) / 4 vs. Azusa Pacific* (4/25/15)

^ Tri Meet \* NCATA Championship Meet

## 2025 Rankings - 3/26

1. Baylor University
2. University of Oregon
3. Quinnipiac University
4. Augustana University
5. Fairmont State University
6. Iona University
7. University of Mary Hardin-Baylor
8. Limestone University
9. Azusa Pacific University
10. Saint Leo University
11. Gannon University
12. Duquesne University
13. Glenville State University
14. Coker University
15. Lander University

## PERFECT 10's IN 2025

## Compulsory:

Acro: Heat 1 (Azusa Pacific)

## Pyramid:

Tumbling: Heat 6 (at Missouri State)

## ALL-TIME PERFECT 10s^

## COMPULSORY (18)

Acro –  
Pyramid – 6  
Toss – 12  
Tumbling –

## PYRAMID (26)

Heat 1 – 8  
Heat 2 – 9  
Heat 3 – 10

## TOSS (1)

Heat 1 –  
Heat 2 –  
Heat 3 – 1

## TUMBLING (18)

Duo –  
Trio –  
Quad –  
Aerial – 7  
6 Element – 8  
Open – 3

TOTAL: 75

full history in almanac

^ since 2014



## 2025 SEASON SCORES

DATE	BU RANK	RESULT	OPPONENT	SCORE (BU - OPP)	ATT.	W/L BY #POINTS
2/8/25	#1	W	at #5 Mary Hardin-Baylor	276.240 - 255.335	800	20.905
2/15/25	#1	W	#14 LONG ISLAND	278.540 - 236.660	1104	41.88
2/22/25	#1	W	at #4 Oregon	283.630 - 272.780	814	10.85
3/1/25	#1	W	#7 AZUSA PACIFIC	276.630 - 241.865	1189	34.765
3/8/25	#1	W	at Missouri State	278.580 - 205.055		73.525
3/11/25	#1	W	at #15 Duquesne	275.030 - 256.210	638	18.82
3/22/25	#1	W	IONA	281.800 - 262.065	848	19.735
3/29/25			SAINT LEO			
4/5/25			OREGON			
4/24/25 @			NCATA 1			
4/25/25 @			NCATA 2			
4/26/25 @			NCATA 3			

## SEASON AVERAGES AND HIGH SCORES

EVENT	AVERAGE	SEASON HIGH
COMPULSORIES	37.69	38.90
ACRO	28.85	29.55
PYRAMID	29.56	29.80
TOSS	28.49	28.60
TUMBLING	56.283	57.45
TEAM EVENT	97.233	100.13
FINAL SCORE	278.108	283.630

TOTAL SCORES OPPONENT	COMPULSORIES SCORE/SV	ACRO SCORE/SV	PYRAMID SCORE/SV	TOSS SCORE/SV	TUMBLING SCORE/SV	TEAM EVENT SCORE/SV	TOTAL/SV
Mary Hardin-Baylor (2/8)	37.55/40	27.8/30	29.35/30	28.5/29.80	55.15/59.75	97.89/109.24	276.24/298.79
LONG ISLAND (2/15)	37.10/40	28.15/30	29.70/30	28.20/29.80	57.45/59.75	97.94/108.94	278.54/298.49
Oregon (2/22)	38.90/40	29.55/30	29.55/30	28.60/29.80	56.90/59.75	100.13/109.18	283.63/298.73
AZUSA PACIFIC (3/1)	37.40/40	29.25/30	29.65/30	28.30/29.80	56.10/59.75	95.93/109.18	276.630/298.73
Missouri State (3/8)	37.35/40	29.25/30	29.80/30	28.10/29.80	55.25/60.0	98.83/109.18	278.580/298.98
Duquesne (3/11)	37.85/40	29.10/30	29.30/30	29.25/29.80	56.85/60.0	92.68/109.18	275.030/298.98
IONA (3/22)	38.10/40	29.20/30	29.55/30	29.0/29.80	57.65/60.0	98.30/109.40	281.80/299.20
SAINT LEO (3/29)							
OREGON (4/5)							
NCATA 1 (4/24)							
NCATA 2 (4/25)							
NCATA 3 (4/26)							

COMPULSORIES OPPONENT	ACRO SCORE/SV	PYRAMID SCORE/SV	TOSS SCORE/SV	TUMBLING SCORE/SV	TOTAL/SV
Mary Hardin-Baylor (2/8)	9.35/10	9.70/10	9.85/10	8.65/10	37.55/40
LONG ISLAND (2/15)	8.85/10	9.90/10	9.65/10	8.70/10	37.10/40
Oregon (2/22)	9.75/10	9.90/10	9.95/10	9.30/10	38.90/40
AZUSA PACIFIC (3/1)	9.35/10	9.85/10	9.90/10	8.30/10	37.40/40
Missouri State (3/8)	9.40/10	9.60/10	9.80/10	8.55/10	37.35/40
Duquesne (3/11)	9.30/10	9.65/10	9.95/10	8.95/10	37.85/40
IONA (3/22)	9.65/10	9.85/10	9.95/10	8.65/10	38.10/40
SAINT LEO (3/29)					
OREGON (4/5)					
NCATA 1 (4/24)					
NCATA 2 (4/25)					
NCATA 3 (4/26)					

ACRO OPPONENT	HEAT 1 SCORE/SV	HEAT 2 SCORE/SV	HEAT 3 SCORE/SV	TOTAL/SV
Mary Hardin-Baylor (2/8)	8.55/10	9.35/10	9.90/10	27.8/30
LONG ISLAND (2/15)	9.90/10	8.35/10	9.90/10	29.70/30
Oregon (2/22)	9.90/10	9.75/10	9.90/10	29.55/30
AZUSA PACIFIC (3/1)	10.00/10	9.40/10	9.85/10	29.25/30
Missouri State (3/8)	9.90/10	9.60/10	9.75/10	29.25/30
Duquesne (3/11)	9.75/10	9.45/10	9.90/10	29.10/30
IONA (3/22)	9.85/10	9.55/10	9.80/10	29.55/30
SAINT LEO (3/29)				
OREGON (4/5)				
NCATA 1 (4/24)				
NCATA 2 (4/25)				
NCATA 3 (4/26)				



<b>PYRAMID OPPONENT</b>	<b>HEAT 1 SCORE</b>	<b>HEAT 2 SCORE</b>	<b>HEAT 3 SCORE</b>	<b>TOTAL/SV</b>
Mary Hardin-Baylor (2/8)	9.80/10	9.60/10	9.95/10	29.35/30
LONG ISLAND (2/15)	9.95/10	9.80/10	9.95/10	29.70/30
Oregon (2/22)	9.90/10	9.70/10	9.95/10	29.55/30
AZUSA PACIFIC (3/1)	9.95/10	9.85/10	9.85/10	29.65/30
Missouri State (3/8)	9.95/10	9.90/10	9.95/10	29.80/30
Duquesne (3/11)	9.70/10	9.90/10	9.70/10	29.30/30
IONA (3/22)	9.80/10	9.80/10	9.95/10	29.55/30
SAINT LEO (3/29)				
OREGON (4/5)				
NCATA 1 (4/24)				
NCATA 2 (4/25)				
NCATA 3 (4/26)				

<b>TOSS OPPONENT</b>	<b>HEAT 1 SCORE/SV</b>	<b>HEAT 2 SCORE/SV</b>	<b>HEAT 3 SCORE/SV</b>	<b>TOTAL/SV</b>
Mary Hardin-Baylor (2/8)	9.50/9.90	9.40/9.90	9.60/10	28.50/29.80
LONG ISLAND (2/15)	9.50/9.90	9.35/9.90	9.35/10	28.20/29.80
Oregon (2/22)	9.75/9.90	9.40/9.90	9.45/10	28.60/29.80
AZUSA PACIFIC (3/1)	9.65/9.90	9.35/9.90	9.30/10	28.30/29.80
Missouri State (3/8)	9.50/10.00	9.45/9.90	9.15/9.90	28.10/29.80
Duquesne (3/11)	9.70/10.00	9.75/9.90	9.80/9.90	29.25/29.80
IONA (3/22)	9.80/10	9.55/9.90	9.65/9.90	29.00/29.80
SAINT LEO (3/29)				
OREGON (4/5)				
NCATA 1 (4/24)				
NCATA 2 (4/25)				
NCATA 3 (4/26)				

<b>TUMBLING OPPONENT</b>	<b>DUO SCORE/SV</b>	<b>TRIO SCORE/SV</b>	<b>QUAD SCORE/SV</b>	<b>AERIAL SCORE/SV</b>	<b>SIX ELEMENT SCORE/SV</b>	<b>OPEN SCORE/SV</b>	<b>TOTAL/SV</b>
Mary Hardin-Baylor (2/8)	9.35/10	9.10/9.75	7.25/10	9.70/10	9.925/10	9.825/10	55.15/59.75
LONG ISLAND (2/15)	9.35/10	9.05/9.75	9.40/10	9.875/10	9.95/10	9.825/10	57.45/59.75
Oregon (2/22)	9.45/10	9.00/9.75	9.30/10	9.775/10	9.75/10	9.625/10	56.90/59.75
AZUSA PACIFIC (3/1)	8.90/10	8.75/9.75	9.05/10	9.60/10	9.85/10	9.95/10	56.10/59.75
Missouri State (3/8)	9.25/10	6.95/10	9.50/10	9.80/10	9.75/10	10/10	55.25/60.00
Duquesne (3/11)	9.50/10	8.30/10	9.55/10	9.85/10	9.675/10	9.975/10	56.85/60.00
IONA (3/22)	9.45/10	9.15/10	9.70/10	9.70/10	9.775/10	9.875/10	57.65/60
SAINT LEO (3/29)							
OREGON (4/5)							
NCATA 1 (4/24)							
NCATA 2 (4/25)							
NCATA 3 (4/26)							

<b>TEAM EVENT OPPONENT</b>	<b>SCORE/SV</b>
Mary Hardin-Baylor (2/8)	97.89/109.24
LONG ISLAND (2/15)	97.94/108.94
Oregon (2/22)	100.13/109.18
AZUSA PACIFIC (3/1)	95.93/109.18
Missouri State (3/8)	98.83/109.18
Duquesne (3/11)	92.68/109.18
IONA (3/22)	98.30/109.40
SAINT LEO (3/29)	
OREGON (4/5)	
NCATA 1 (4/24)	
NCATA 2 (4/25)	
NCATA 3 (4/26)	

\* - INDICATES EVENT/HEAT WIN

\*\* - INDICATES EVENT/HEAT TIE

@ - NCATA NATIONAL CHAMPIONSHIPS, SIOUX FALLS, S.D. (AUGUSTANA)



## PROGRAM RECORDS

## Total Score

Score	Opponent	Date
1. 290.650	Gannon	3/3/20
2. 289.745	Oregon	4/2/17
3. 288.310	at Arizona Christian/Hawaii Pacific (Tri Meet)	3/30/19
4. 287.915	Azusa Pacific (NCATA Championships)	4/25/15
5. 287.825	Gannon	3/26/17

## Halftime Score

Score	Opponent	Date
1. 98.85	Oregon	2/24/18
2. 98.75	Oregon	4/10/21
3. 98.55	Gannon	3/26/17
98.55	at Trine	2/11/23
5. 98.45	Oregon	4/10/22
6. 98.40	Gannon	3/3/20

## Compulsory Score

Score	Opponent	Date
1. 39.44	at Maryland	12/5/10
2. 39.25	Gannon	3/26/17
3. 39.15	Oregon	4/10/21
4. 39.12	Maryland/Azusa Pacific	2/24/11
5. 39.10	Gannon	3/3/20
39.10	Oregon	4/10/22

## Acro Score

Score	Opponent	Date
1. 29.90	Concordia/Quinnipiac	2/7/15
2. 29.85	Oregon	4/10/21
3. 29.80	Oregon	2/27/22
4. 29.75	Azusa Pacific (NCATA Championships)	4/23/21
29.75	at Trine	2/11/23
29.75	Oregon	4/1/23
7. 29.70	Azusa Pacific	4/25/15
29.70	Gannon	3/3/20
29.70	at East Texas Baptist	4/1/21
29.70	at UMHB	3/25/22

## Pyramid Score

Score	Opponent	Date
1. 30.00	at Oregon	3/12/15
2. 29.95	Oregon (NCATA Championships)	4/26/14
3. 29.90	at East Texas Baptist	2/16/22
4. 29.85	at Fairmont State/vs. Alderson Broadus	3/28/15
29.85	Converse	3/26/19
29.85	Oregon	4/10/22
29.85	Frostburg State	3/22/23
7. 29.80	Azusa Pacific	3/28/15
29.80	Hawaii Pacific (NCATA Championships)	4/18/16
29.80	Oregon (NCATA Championships)	4/19/16
29.80	at Presbyterian/Saint Leo (Tri Meet)	3/9/20
29.80	Hawaii Pacific	4/2/22
29.80	at Trine	2/11/23
29.80	at Oregon	3/8/23
29.80	Quinnipiac	3/25/23
29.80	Oregon	4/1/23
29.80	at Hawaii Pacific	4/9/23
29.80	at Missouri State	3/8/25

## Toss Score

Score	Opponent	Date
1. 29.95	at Azusa Pacific/vs. Hawaii Pacific	3/18/14
2. 29.70	at Arizona Christian/Hawaii Pacific (Tri Meet)	3/30/19
3. 29.60	at Oregon	3/8/23
4. 29.50	at Hawaii Pacific	3/12/19
29.50	Converse	3/26/19
6. 29.45	Oregon (NCATA Championships)	4/19/16

## Tumbling Score

Score	Opponent	Date
1. 58.900	Gannon	3/3/20
2. 58.875	Converse	3/26/19
58.675	Azusa Pacific (NCATA Championships)	4/25/15
4. 58.65	at Fairmont State	3/8/17
58.65	at Azusa Pacific	4/11/17

## Home Attendance

Attendance	Opponent	Date
1. 2,346	Oregon	2/25/18
2. 2,163	Oregon (NCATA Championships)	4/19/16
3. 1,946	Oregon	2/23/20
4. 1,825	Oregon	2/27/22
5. 1,617	Gannon	3/16/24

## Margin of Victory

MOV	Opponent	Date
1. 124.190	vs. Saint Leo	3/9/20
2. 120.23	at East Texas Baptist	2/9/19
3. 110.035	at Texas Lutheran	2/3/24
4. 73.525	at Missouri State	3/8/25
5. 72.835	Adrian College	3/14/16





## NCATA MEET FORMAT

### MEET STRUCTURE AND TEAM PARTICIPATION

Two to four teams compete at a meet. The typical duration is roughly two hours. A meet is made up of six events: Compulsory, Acro, Pyramid, Toss, Tumbling and Team Event. A halftime intermission will take place between Pyramid and Toss.

All event competition is in team rotation throughout each event. The rotation order is predetermined by the Head Official prior to the beginning of the meet, but the home team always performs last.

### SCORING

Scoring is based upon pre-determined difficulty start values. Each skill performed is valued by the Officials of the NCATA prior to the meet. Teams submit their skill sequences 24 hours prior to the meet. Officials perform two primary functions at the meet:

1. Monitor the skills being performed to ensure that each element is correctly performed to equate to the posted start difficulty value.
2. Evaluate the execution and technique of the skills performed. Scores are posted immediately following the conclusion of the event and overall standings are displayed throughout the meet. The highest combined score after all events wins the meet. The maximum score in each meet is 300 points.

### EVENT 1: COMPULSORY (40 POSSIBLE POINTS)

Four heats construct the Compulsory Event: acro, pyramid, toss, and tumbling. During each heat the teams perform the exact same skills, allowing the officials to compare the technique and execution of each team. No athlete crossover rules apply from the Compulsory to other events.

#### Acro Heat (10 possible points)

One preset sequence performed by two synchronized groups from each team. There must be a total of four athletes per acro group, eight for synchronized.

- Toss reverse hands from toe-pitch
  - Back salto 360°
  - Straight up to straddle hold
  - 180° pop over to inverted non-handstand; top in straight body position
  - 2nd inverted non-handstand position
  - 180° pop-release dismount to ground
  - Switch-up liberty
  - Left leg extends downward to right foot as arms lower to side of body
  - Extended left leg lifts backward, parallel to ground (at least 90°); Arms lift to T position.
- Chest position between 10:00 & 12:00
- 360° dismount with quarter turn to front

#### Pyramid Heat (10 possible points)

Two preset pyramids performed by two groups from each team. There must be a total of six athletes per pyramid group, 12 total athletes for synchronized.

- 2-1-1. One thigh stand group; mid-base standing on thighs arms extended overhead
  - Once thigh stand is set, the mid-base must use the top to mount onto the primary bases
  - Secondary catching base must be set to the right of the primary base
- Tossers: 1. Tossing base stands with both feet to the left of structure and in front of the primary bases back leg of the pyramid structure. Tossing base should be angled at a 45° or 90° angle of the structure.
  - Tossing base must be left of the structure
  - Tossing base must grab the right foot of the top
- Two catchers

#### Toss Heat (10 Points)

One preset basket toss performed by two synchronized groups from each team.

- Two synchronized back tuck tosses
- Four bases tossing, one top, two groups

#### Tumbling Heat (10 Points)

Four preset skills performed by eight athletes from each team.

- No changing athletes between compulsory skills
- Athletes must be positioned in windows
- Skills must be performed in the following order:
  - a. Standing tuck (to front);
  - b. Toe-touch tuck (to front);
  - c. Handspring tuck (to front);
  - d. Round-off handspring layout from left to right in two lines.

### EVENT 2: ACRO EVENT (30 POSSIBLE POINTS)

Three heats construct the Acro Event where each team sends a maximum of four athletes to compete an acro sequence to counts in a maximum of 45 seconds. Athletes may compete in two heats, however no more than two athletes may crossover together from one heat to another. Timing begins with the first movement. Exceeding the 45 seconds will result in a time deduction. In each heat, teams must attempt all required number of elements in addition to the required skill. The required skill counts as an element.

- Heat 1: Sequence must contain five elements with a minimum of one inverted, one vertical and two elements C or above (10 pts)
- Heat 2: Two groups synchronized executing a sequence of six elements, with a minimum of one inverted, one vertical and three elements C or above (10 pts)
- Heat 3: Sequence must contain seven elements with a minimum of one inverted, one vertical, four elements C (or above) and one element D (or above) (10 pts)

### EVENT 3: PYRAMID EVENT (30 POSSIBLE POINTS)

Three heats construct the Pyramid Event. Each team sends a maximum of 24 athletes and there is no crossover rule. Timing begins with the first movement. Exceeding 45 seconds will result in a time deduction. In each heat, teams must attempt the required skill while changing the pyramid structure or top plane from heat to heat.

- Heat 1: Inverted (10 pts)
  - a. Entry/dismount must contain a minimum of 180° twist
- Heat 2: Synchronized (10 pts)
- Heat 3: Open (10 pts)

### EVENT 4: TOSS EVENT (30 POSSIBLE POINTS)

Three heats construct the Toss Event. Each heat has required elements. A maximum of four athletes may toss a single top. Athletes may crossover and compete in two heats, one of which must be the synchronized toss.

- Heat 1: Minimum 450 degree rotation in a single toss (10 pts)
- Heat 2: Two synchronized tosses (10 pts)
- Heat 3: Open-no skill requirements (10 pts)

### EVENT 5: TUMBLING EVENT (60 POSSIBLE POINTS)

Six heats construct the Tumbling Event. Athletes may compete in the both the synchronized portion and in one single pass, but tumble a maximum of two times.

- Duo- Two athletes execute synchronized identical tumbling pass (10 pts)
- Trio- Three athletes execute synchronized identical tumbling pass (10 pts)
- Quad- Four athletes execute synchronized identical tumbling pass (10 pts)
- Aerial- single pass; must execute one flip before final flip in pass (10 pts)
- Six Element single pass; six elements including last skill (10 pts)
- Open single pass; no requirements (10 pts)

### EVENT 6: TEAM EVENT (110 POSSIBLE POINTS)

One heat constructs the Team Event. Athletes perform synchronized choreographed skills set to music in a maximum of 2 minutes and 45 seconds using a minimum of 18 athletes and a maximum of 24 athletes combining required and optional skills. The required skills include:

- 30 acro elements (20 pts)
- Five tosses (20 pts)
- Four pyramids (2.5 high) (20 pts)
- 12 synchronized / 21 standing tumbling passes total (20 pts)
- 12 synchronized / 21 running tumbling passes total (20 pts)
- Additional scored categories:
  - a. Routine construction (5 pts)
  - b. Dance/Composition/Artistry - 50 percent of the team must perform two, eight counts

### EXPANSION INFORMATION - THE ROAD TO NCAA CHAMP STATUS

- 40+ teams competing in a regular season should trigger next steps in NCAA Championship status.
- 900+ student-athletes are set to compete on an acrobatics & tumbling team this season, with 50 member institutions set to compete or engage in a recruiting year during the 2023 season
- 38 schools will be competing in the 2023 season, including four who will compete for the first time.
- 14 institutions are recruiting for the 2023 or 2024 season.
- The sport began in 2009 with only six teams.



Sarah Kerr

Charlyze Hemby

Gabby Kaminski

Lexi Lannon

Gigi Rendino

Ashlyn Tannehill

Emily Bott



Camryn Milliken

Payton Washington

Becca Moore

Hannah Davis

Ava Troy

Madden Werner

Adelaide Vezzosi



Amya Powell

Maddy Jenson

Alyssa Brown

Baylee Garnto

Talia De La Cruz

Alyiah Thomas

Cassie Karnbach



Leah Fredericks

Vanelda Modé

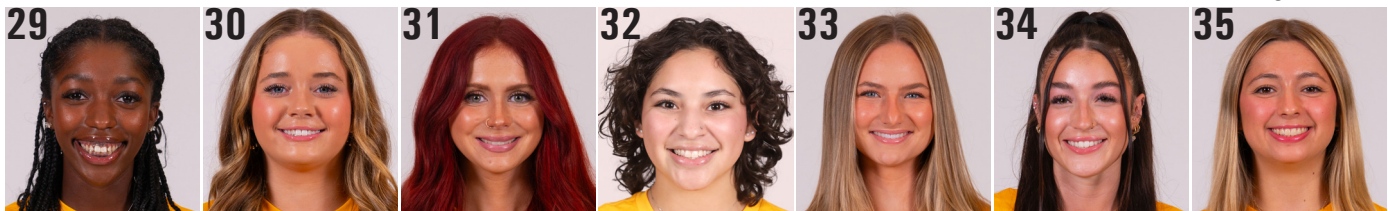
Mariah Polk

Ava Floro

Kailey Yantis-Blank

Gianna Cameron

Carleigh Bruno



Dailyn Hopkins

Sienna Jibben

Savanna Cecil

Makayla Vasquez

Addi Grandy

Olivia Pesquiera

Sophia Neylon



Nova Schmit

Tennyson Leiby

Jordan Gruendler

Kaitlyn Burns

Leavy McDonald

Josie Sutter

Sofia Criado



Layla Alexander

Dannan Roy

Morgan Brown

Ellie LaNeve

D'ahni Branch

Meredith Wells

Kensey Schilhab



Rakel Jeffries

Emi Nelson

Bailey Baughn

Aliyah Kaloostian