

# 2022-23 Quinnipiac University Acrobatics & Tumbling Roster



## >> Numerical Roster

No.	Name	Pos.	Ht.	Hometown / High School / Last School
1	Kyra McHenry	Top	5-2	Monroe, New Jersey / New Dorp
2	Tiffany Zieba	Base	5-0	Succasunna, New Jersey / Roxbury
3	Mia Sandillo	Top	5-1	Hamden, Connecticut / Sacred Heart Academy
4	MiaRose King	Top	5-2	New Orleans, Louisiana / Louise S. McGehee School
5	Katherine Carter	Top/Tumbler	5-1	Dover, New Hampshire / Dover High School
6	Lyndsey Rudolph	Top	5-2	Egg Harbor Township New Jersey / Egg Harbor Township
7	Sofia Lucchese	Top	5-1	Glen Cove, New York / Long Island Lutheran
8	Ally Murray	Top	5-4	Riverside, Rhode Island / Providence Country Day School
9	Alyssa Dillon	Top/Base	5-1	Wayne, New Jersey / Wayne Hills
10	Alyssa Boucher	Base	5-4	North Attleboro, Massachusetts / Bishop Feehan
11	Brittany Wilder	Top	5-1	Budd Lake, New Jersey / Mount Olive
12	Caitlin Vozzella	Top/Base	4-11	Trumbull, Connecticut / St. Joseph
14	Claire Lambert	Top	5-4	Austin, Texas / Prestonwood Christian Academy
15	Payton Sack	Top	4-11	Plainview, New York / Plainview Old-Bethpage JFK High School
16	Summer Knoell	Base	5-3	Sea Cliff, New York / North Shore
17	Avery Malek	Top/Tumbler	5-1	Garnet Valley, Pennsylvania / Garnet Valley High School
19	Stephanie Pereira	Top/Tumbler	5-1	Mahopac, New York / Carmel
21	Paige Wilkins	Top	5-1	Norwalk, Connecticut / Norwalk
22	Francine Vaughn	Base	5-4	Kansas City, Missouri / St. Teresa's Academy
23	Bri Marks	Base	5-3	Woodbridge, Virginia / CD Hylton
24	Farrah Chernov	Base/Tumbler	5-4	Manalapan, New Jersey / Marlboro
25	Layla Tracey	Top/Base	5-2	Hamden, Connecticut / Wilbur Cross
27	Raven Hammett	Back Base	5-5	Alpharetta, Georgia / Milton
29	Katherine Drechsler	Base	5-2	Southington, Connecticut / Southington
30	Abby Hamilton	Base	5-8	Danbury, Connecticut / Danbury High School
31	Ashleigh Dugan	Mid/Tumbler	5-3	Oxford, Connecticut / Oxford High School
32	Melanie Reed	Back Base	5-7	Wolcott, Connecticut / Wolcott
33	Julia Rogers	Base	5-4	Manalapan, New Jersey / Freehold Township
35	Nia Akins	Base	5-7	Neptune, New Jersey / Neptune
37	Alexandra Fassett	Back Base	5-5	Oakland, New Jersey / Immaculate Heart Academy
38	Chloe White	Back Base	5-8	Santa Clarita, California / Hart
39	Madison Abel	Top	5-2	Marlboro, New Jersey / Saint John Vianney
40	Madison Aiello	Base	5-3	Bridgewater, Massachusetts / Bridgewater Raynham Regional
41	Hallie Fowler	Base	5-3	Gulf Breeze, Florida / Gulf Breeze
42	Hailee Oswald	Back Base	5-8	Reading, Pennsylvania / Exeter Township Senior High School
44	Kaya Clark	Top	5-3	Duxbury, Massachusetts / Rockville Md. Montgomery
46	Schuyler Tomey	Base	5-6	Shelton, Connecticut / St. Joseph
48	Bella Pierce	Base	5-5	Elgin, Illinois / St. Viator
50	Nicolette Tianga	Base	5-5	Deer Park, New York / Deer Park
52	Gabriella Pierce	Base	5-3	Elgin, Illinois / St. Viator
53	Grace Rogers	Base	5-6	Madison, Connecticut / Daniel Hand

## >> Coaching Staff

**Head Coach:**

Mary Ann Powers (26<sup>th</sup> Season)

**Assistant Coach:**

Camren Diaz (3<sup>rd</sup> Season)

**Assistant Coach:**

Melanie Mancini (2<sup>nd</sup> Season)

# PRONUNCIATION GUIDE

- 2 TIFFANY ZIEBA – “ZEE”-BA
- 7 SOFIA LUCCHESI – “LOU”-KAY-“SEE”
- 10 ALYSSA BOUCHER – “BOO”-SHAY
- 24 FARRAH CHERNOV – CHUR-NOV
- 29 KATHERINE DRECHSLER – “DRESS”-LER
- 40 MADISON AIELLO – “EYE” EL-OH
- 50 NICOLETTE TIANGA – “TEA” ON - GAH

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## NCATA WEEKLY AWARDS

MARCH 22: First-year Hailee Oswald was recognized recently, earning Honorable Mention status as Freshman of the Week for her performance at Presbyterian College on March 18.

MARCH 8: First-year student-athlete Katherine Carter was named NCATA Freshman of the Week, as announced by the league. The Bobcats also garnered one Honorable Mention honor, as Farrah Chernov was recognized in the Specialist of the Week category for her performance this past weekend against Augustana.

FEB 15: QU also earned two Honorable Mention weekly honors on Feb. 15. Junior MiaRose King was selected as an Honorable Mention Specialist of the Week, while first-year athlete Abby Hamilton was selected as an Honorable Mention Freshman of the Week.

## QU DEFEATS PRESBYTERIAN IN SOUTH CAROLINA (3/18)

Quinnipiac acrobatics & tumbling won its third consecutive meet to begin the 2023 season, as the Bobcats defeated Presbyterian College by the final score of 271.410 – 255.730 on Saturday in North Carolina.

The Bobcats outscored Presbyterian in each of the six events.

Quinnipiac recorded a 37.60 in the Compulsory Round, posted a 29.75 in Acro, logged a 29.35 in Pyramid, recorded a 28.70 in the Toss Event, turned in a score of 55.400 in Tumble, and finished with a team score of 91.61.

The Bobcats are now 2-0 all-time vs. Presbyterian. QU took the original meeting between the two programs in 2020, as well.

## BOBCATS IMPROVE TO 2-0 (3/5)

Quinnipiac acrobatics & tumbling won its second straight matchup to begin the 2023 season on Sunday, March 5 in Hamden, as the Bobcats earned a win over Augustana 268.975-251.140.

The Bobcats won five of the six events. Quinnipiac topped Augustana in Compulsory, Pyramid, Toss, Tumble, and the Team Event – while Augustana won the Acro event.

Quinnipiac registered a score of 37.150 in Compulsory, scored 25.100 in Acro, posted a 29.400 in Pyramid, recorded a 27.850 in Toss, posted a score of 57.025 in Tumble, and then recorded a Team Event score of 92.450.

## QU WINS HOME OPENER (2/11)

The Bobcats opened the 2023 season with a win on Saturday in Hamden, defeating Kutztown University 265.390 – 234.330 at M&T Bank Arena in Hamden.

QU won all six events, taking every single heat in the matchup.

Quinnipiac scored 37.350 in the compulsory event, recorded a 27.700 in Acro, tallied a 29.400 in Pyramid, posted a 27.150 in the Toss Event, logged a 54.650 score in Tumble, and finished up with a team score of 89.140.

QU has now won both meetings vs. Kutztown (2022 and 2023).

The Bobcats have now won three straight home openers (2020, 2022, 2023).

## LAST SEASON (2022)

The Bobcats went 6-4 overall last season, advancing to the NCATA National Championships semifinal round vs. Baylor.

The Bobcats earned a victory over Oregon in the quarterfinals on April 28, advancing to the NCATA semifinal round for the eighth time in 11 years.

The group of Tiffany Zieba, Layla Tracey, Lyndsey Rudolph, and Summer Knoell earned an Individual Event Final National Championship by posting an 8.775 in the Quad Pass heat of the Tumbling event at this weekend's NCATA National Championships. The Bobcats defeated Hawaii Pacific in the event to earn the National Title in Saturday's Event Finals that would be the final competition of the 2022 season.

## HEAD COACH MARY ANN POWERS

Mary Ann Powers enters her 26th season as head coach for Quinnipiac Acrobatics & Tumbling in 2022-23. Powers has coached at several levels including Pop-Warner, All-Star level 6 squads and at the university level.

Her greatest career achievement lies in her success with Quinnipiac University, where the team has remained a top-ten nationally ranked team since 2005. Their personal-best finish was fifth place in All-Girl Division I in 2007. In 2009, Powers became one of the founding coaches of the National Collegiate Acrobatics & Tumbling Association (NCATA). In 2020, Powers' hard work along with her fellow co-founders reached new heights as the sport was adopted as an emerging sport for women by the NCAA.

Quinnipiac has been competitive nationally in every season since the NCATA's creation. Over the last six seasons, the Bobcats have been ranked as the No. 3 team in the nation. Powers has led the Bobcats to the NCATA semifinals in eight of the last 11 seasons and has made to NCATA Championship meet appearances, most recently in the 2018 season.

Most recently, in 2022, the group of Tiffany Zieba, Layla Tracey, Lyndsey Rudolph, and Summer Knoell earned an Individual Event Final National Championship by posting an 8.775 in the Quad Pass heat of the Tumbling event at this weekend's NCATA National Championships. The Bobcats defeated Hawaii Pacific in the event to earn the National Title in Saturday's Event Finals that would be the final competition of the 2022 season.

Powers was recognized by the NCATA in 2016 as the Coach of the Year and was named the ECAC Coach of the Year in three straight seasons from 2017-19.

## MEET THE 2023 BOBCATS

Quinnipiac welcomes nine first-year student-athletes to the squad in 2022-23.

The Bobcats have 12 sophomores, 12 juniors, seven seniors and one graduate student.